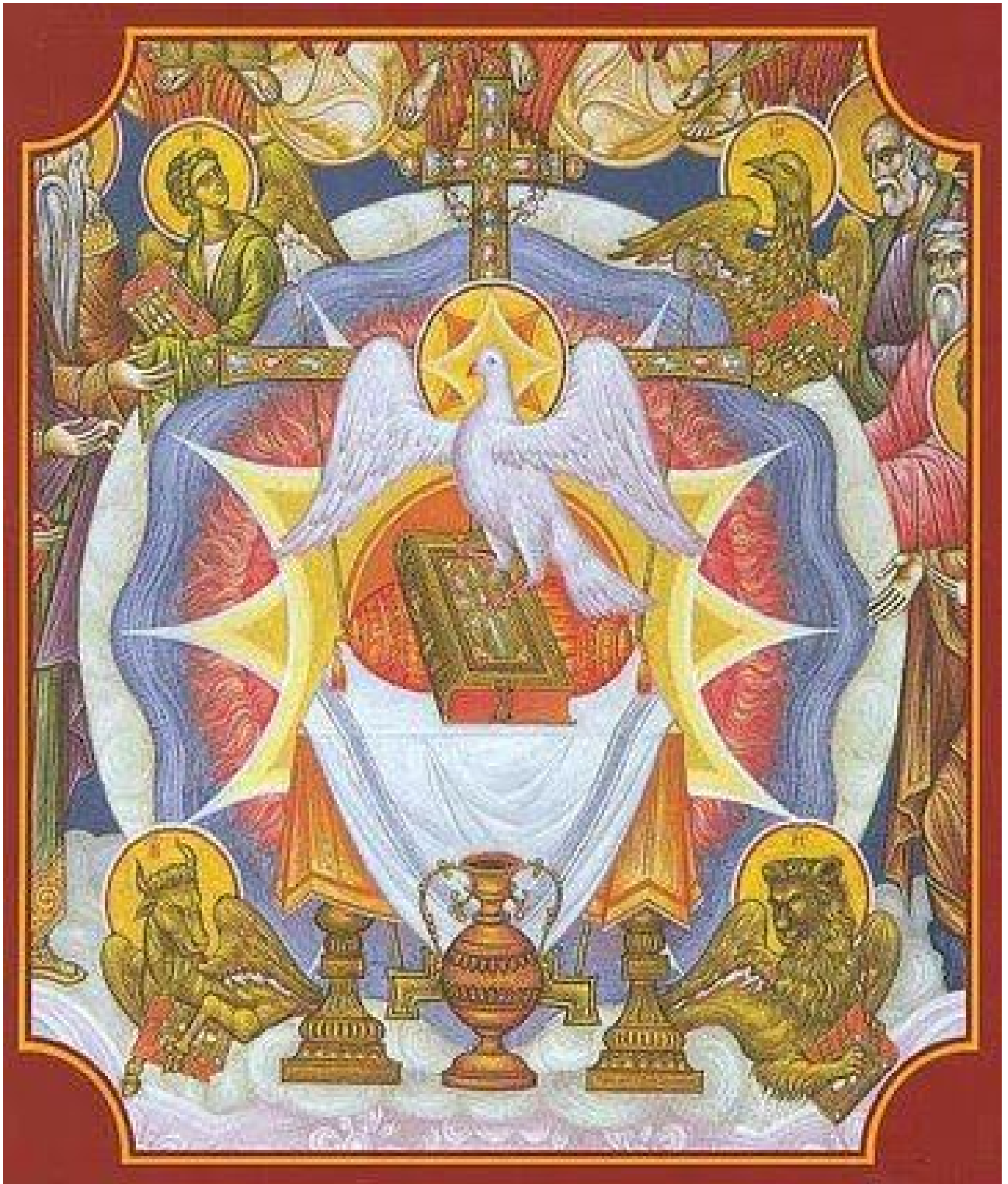


JUNE 2019



Greek Orthodox
Metropolis of
New Jersey

Saint Andrew Family News

A MONTHLY PUBLICATION OF SAINT ANDREW GREEK ORTHODOX COMMUNITY OF MORRIS COUNTY

"ICON" HOLY SPIRIT – JUNE 17

BIG GREEK FESTIVAL – JUNE 7, 8, 9

BMW CAR RAFFLE DRAWING – JUNE 30

Saint Andrew Family News

A MONTHLY PUBLICATION OF SAINT ANDREW GREEK ORTHODOX COMMUNITY OF MORRIS COUNTY

On Sundays we celebrate

Orthros @ 8:45 AM & Divine Liturgy @ 10:00 AM

For other services please check our website or call the office

OFFICE HOURS

Mon – Fri 10am-4pm

☎: 973-584-0388

Fax: 973-584-3573

E-mail info@standrewgonj.org Web site <http://www.standrewgonj.org>

NJ Metropolis Web: www.njgoarch.org G.O. Archdioceses Web: www.goarch.org

Father John Theodosion, *Editor in Chief*

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The Saint Andrew Family News is published monthly except in July and August and is distributed free of charge to all members. Submissions for the magazine are accepted **only as electronic files, (via e-mail attachment)**. Pending availability of space and permission from Editor-in-chief, your submission will be in the next month's issue.

Please submit your articles and information on time to

Vasiliki (Bessie) Petrakos info@standrewgonj.org

*Deadline for the **SEPTEMBER 2019 ISSUE** is August 12th*

DIVINE SERVICES

JUNE

Sunday	2	SUNDAY OF THE BLIND MAN
Thursday	6	HOLY ASCENSION
Sunday	9	FATHERS OF THE 1ST COUNCIL
Saturday	15	SATURDAY OF SOULS / <i>Fr. John visits the LOCUST HILL CEMETERY to pray for our +Loved ones after service</i>
Sunday	16	HOLY PENTECOST FATHER'S DAY
Monday	17	MONDAY OF THE HOLY SPIRIT
Sunday	23	SUNDAY OF ALL SAINTS
Monday	24	THE NATIVITY OF ST. JOHN THE BAPTIST <i>FAST OF THE HOLY APOSTLES + BEGINS ON 6/24 ENDS 6/28</i>
Saturday	29	STS. PETER AND PAUL
Sunday	30	SYNAXIS OF THE TWELVE APOSTLES

JULY

Weekday Services	TBA	<i>Please consult Weekly Bulletin</i> COSMAS & DAMIAN THE HOLY UNMERCENARIES 1 ST + St Euphemia 11 th
Sunday	7	3RD SUNDAY OF MATTHEW
Sunday	14	SUNDAY OF THE HOLY FATHERS
Wednesday	17	THE HOLY GREAT MARTYR MARINA (MARGARET)
Saturday	20	THE GLORIOUS PROPHET ELIAS (ELIJAH)
Sunday	21	5TH SUNDAY OF MATTHEW
Monday	22	ST. MARY MAGDALENE *RELICS
Friday	26	PARASKEVE THE RIGHTEOUS MARTYR OF ROME *RELICS
Saturday	27	PANTELEIMON THE GREAT MARTYR & HEALER *RELICS
Sunday	28	6TH SUNDAY OF MATTHEW

AUGUST

Thurs. – Fri	1-2	PARAKLESIS SERVICE @6:30PM
Sunday	4	7TH SUNDAY OF MATTHEW
Monday	5	VESPERS @ 6:30PM AT ST. ANDREW
Tuesday	6	TRANSFIGURATION OF OUR LORD AND SAVIOR JESUS CHRIST
Wed-Fri	7-9	PARAKLESIS SERVICE @6:30PM
Sunday	11	8TH SUNDAY OF MATTHEW
Mon-Tue	12-13	PARAKLESIS SERVICE @6:30PM
Wednesday	14	GREAT VESPERS @6:30PM <i>LOCATION TO BE ANNOUNCED (TBA)</i>
Thursday	15	THE DORMITION OF OUR MOST HOLY LADY THE THEOTOKOS
Sunday	18	9TH SUNDAY OF MATTHEW
Sunday	25	10TH SUNDAY OF MATTHEW
Thursday	29	BEHEADING ST. JOHN THE BAPTIST (<i>STRICT FAST DAY</i>) <i>LIT TBA IN BULLETIN</i>

Sundays: Orthros begins @ 8:45AM & Divine Liturgy @ 10AM |

Weekdays: Orthros begins @ 8AM & Divine Liturgy @ 9:00AM
(*We have this saint's Relics at our Saint Andrew Reliquary*)*

ΙΕΡΕΣ ΑΚΟΛΟΥΘΙΕΣ

ΙΟΥΝΙΟΣ

Κυριακή	2	ΚΥΡΙΑΚΗ ΣΤ' ΤΟΥ ΤΥΦΛΟΥ
Πέμπτη	6	ΤΗΣ ΑΝΑΛΗΨΕΩΣ
Κυριακή	9	ΚΥΡΙΑΚΗ Ζ' ΤΩΝ 318 ΑΓΙΩΝ ΠΑΤΕΡΩΝ ΤΗΣ Α' ΟΙΚΟΜ. ΣΥΝΟΔΟΥ
Σαββατο	15	ΨΥΧΟΣΑΒΒΑΤΟ
Κυριακή	16	ΚΥΡΙΑΚΗ Η' ΤΗΣ ΠΕΝΤΗΚΟΣΤΗΣ/ ΕΟΡΤΗ ΤΟΥ ΠΑΤΕΡΑ
Δευτέρα	17	ΤΟΥ ΑΓΙΟΥ ΠΝΕΥΜΑΤΟΣ
Κυριακή	23	Α' ΜΑΤΘΑΙΟΥ ΤΩΝ ΑΓΙΩΝ ΠΑΝΤΩΝ
Δευτέρα	24	ΓΕΝΕΘΛΙΟΝ ΤΟΥ ΙΩΑΝΝΟΥ ΠΡΟΔΡΟΜΟΥ; <i>ΝΗΣΤΕΙΑ ΤΩΝ ΑΠΟΣΤΟΛΩΝ 24/6 -28/6</i>
Σαββάτο	29	ΑΠΟΣΤΟΛΟΙ ΠΕΤΡΟΣ ΚΑΙ ΠΑΥΛΟΣ
Κυριακή	30	ΣΥΝΑΞΙΣ ΤΩΝ ΑΓΙΩΝ ΔΩΔΕΚΑ ΑΠΟΣΤΟΛΩΝ

ΙΟΥΛΙΟΣ

Καθημερινές
Λειτουργίες

Παρακαλώ κοιτάξετε στο Εβδομαδιαίο Bulletin

ΑΝΑΡΓΥΡΟΙ ΚΟΣΜΑΣ ΚΑΙ ΔΑΜΙΑΝΟΣ 1^η | ΕΥΦΗΜΙΑ ΜΕΓΑΛΟΜΑΡΤΥΣ 11^η

Κυριακή	7	Γ' ΜΑΤΘΑΙΟΥ
Κυριακή	14	ΤΩΝ ΑΓΙΩΝ ΠΑΤΕΡΩΝ
Τετάρτη	17	ΜΑΡΙΝΑ ΜΕΓΑΛΟΜΑΡΤΥΣ
Σαββάτο	20	ΠΡΟΦΗΤΗΣ ΗΛΙΑΣ ὁ ΘΕΣΒΙΤΗΣ
Κυριακή	21	Ε' ΜΑΤΘΑΙΟΥ
Δευτέρα	22	+ΜΑΡΙΑΣ ΜΑΓΔΑΛΗΝΗ* <i>ΛΕΙΨΑΝΑ</i>
Παρασκευή	26	ΠΑΡΑΣΚΕΥΗ ὍΣΙΟΜΑΡΤΥΣ * <i>ΛΕΙΨΑΝΑ</i>
Σαββάτο	27	ΜΕΓΑΛΟΜΑΡΤΥΣ ΠΑΝΤΕΛΗΜΩΝ * <i>ΛΕΙΨΑΝΑ</i>
Κυριακή	30	ΣΤ' ΜΑΤΘΑΙΟΥ

ΑΥΓΟΥΣΤΟΣ

Πέμπτη-Παρ	1-2	Ακολουθία Παράκλησις - <u>ώρα</u> 6:30μμ
Κυριακή	4	Ζ' Ματθαίου
Κυριακή	5	Εσπερινός <u>ώρα</u> 6:30μμ
Τρίτη	6	Η ΜΕΤΑΜΟΡΦΩΣΙΣ ΤΟΥ ΚΥΡΙΟΥ ΥΜΩΝ ΙΗΣΟΥ ΧΡΙΣΤΟΥ
Τετάρτη-Παρασκευή	7-9	Ακολουθία Παράκλησις - <u>ώρα</u> 6:30μμ
Κυριακή	11	Η' Ματθαίου
Δευτέρα - Τρίτη	12-13	Ακολουθία Παράκλησις - <u>ώρα</u> 6:30μμ
Τετάρτη	14	Εσπερινός - <u>ώρα</u> 6:30μμ <i>θα ανακοινωθεί στο Εβδομαδιαίο Bulletin</i>
Πέμπτη	15	ΚΟΙΜΗΣΗΣ ΤΗΣ ΥΠΕΡΑΓΙΑΣ ΘΕΟΤΟΚΟΥ
Κυριακή	18	Θ' Ματθαίου
Κυριακή	25	Ι' Ματθαίου
Πέμπτη	29	ΑΠΟΤΟΜΗ ΚΕΦΑΛΗΣ ΠΡΟΔΡΟΜΟΥ ΙΩΑΝΝΟΥ ΒΑΠΤΙΣΤΟΥ (Αυστηρή Νηστεία) / <i>θα ανακοινωθεί</i>

*Την Κυριακή – Ὁρθρος - ώρα 8.45πμ & Θεία Λειτουργία - ώρα 10πμ
Τις καθημερινές – Ὁρθρος - ώρα 8πμ & Θεία Λειτουργία - ώρα 9.00πμ
(Έχουμε τα *Λείψανα* του Αγίου στην Λειψανοθήκη της εκκλησία μας)**

The Power of Pentecost

by Fr. John Theodosion

Christos Anesti! Christ is Risen!

Once there was a man who decided to buy a computer, and money was no object for him. So, he decided to buy the best computer he could find. It had all of the bells and whistles you could imagine. The fastest processor, the biggest hard drive, sound card, screen, etc. This machine was state of the art. And after he got it home, he was very excited. He pulled it out of the box followed the instructions and set everything up, but it didn't work. He kept trying all the buttons and nothing happened. So, he looked in the back of the book under troubleshooting and found the number for tech support. When he called, he explained how he set everything up and they affirmed that the machine was properly set up. But when they reviewed the set up procedures the tech support person asked the most simple question. "Sir is this machine plugged in?" Well in his excitement to get his new computer, the man had forgotten to plug it in. So the machine wouldn't work because it had no power.

Now you might be saying to yourself, why is Father John relating a story about a man who forgot to plug in his computer? And you know what? This is a good question because this story relates to the major holiday known as Pentecost and it is the day we celebrate the birth of the Orthodox Faith and the Orthodox Church in the year 33. As we hear in the epistle reading on the 50th day following the resurrection of Jesus the 12 apostles were



gathered along with about 100 other people including the Virgin Mary. Christ told them that he would be sending his Spirit to descend upon them and fill them with the gifts of the Grace of God. And this is how it happened. As the apostles were assembled in one place, a rush of wind came into the house and the Holy Spirit filled each of them, and tongues of flame rested upon their heads

giving them the power to speak in all languages and to be understood by all people. And there were many there who witnessed what had happened and they became confused because they understood what was being spoken by the apostles. And they understood them even though they did not speak the same language of the Apostles. Now you may be asking yourself, how do we know that this really happened? Well the Bible tells us that this event attracted so much attention that people came from all around, and 3000 thousand people were baptized on that day. This account of what happened at Pentecost can be found in the first two chapters of the book of Acts in the New Testament.

On the day of Pentecost, the Apostles received the power of the Holy Spirit and this is the power of God. It gave them the power to heal, the power to teach, the power to prophesy, and the power to perform all kinds of miracles. But the most important power that the Holy Spirit gave them was the power to love. And I am not talking about the love that we see on

t.v, in the soap operas, and in the movies. That love is self-serving and superficial. The power to love that the Holy Spirit gave the apostles is true love that never expects anything in return, and it lasts forever. It is the same love that Christ showed us when he died on the cross and Resurrected so that we would have everlasting life with him. This love never grows old, fades away, or dies, but it lasts forever. This everlasting love is the true power of Christianity which was given to the apostles on the day of Pentecost.

Now you might be asking yourselves “how can I get this power?” Well, believe it or not you already have it. Yes, we already have the Gifts of the Grace of the Holy Spirit. On the day we were christened we received 3 of the 7 sacraments of the Church. First, we received the sacrament of Baptism, second, we received the sacrament of Chrismation, and third we received the sacrament of Holy Communion. And it was when we were chrismated that we received the gifts of the Holy Spirit and the power to love as God intended it to be.

The problem is that we run the risk of becoming like the man with the computer. The power is sitting there for us to use but we cannot access it. We cannot access it because we are not plugged into the power of prayer. It is our prayer life which gives us the access to the gifts of the Holy Spirit, which are already in us and were given to us when we were chrismated.

We should not be like the man who could not access the power of his computer because it was not plugged in, rather we should plug into the power of prayer. If we take a few opportunities throughout each day, in the morning in the afternoon, dinner time, and in the evening, to be quiet and to pray to God, we will experience the power of the Holy Spirit and the power of his love. Even these short connections with God will connect us with His power, and once you have experienced His power and His love then it will be radiated through you and others will experience God’s love as he designed it to be experienced through you.

CAMP SAINT ANDREW! A Greek Orthodox Summer Camp

June 24th-28th

(Monday-Friday)

9:00AM-12:00PM

Ages 4-12

What to expect?

Learning about our faith, music, games, crafts, sports, friends, and fun!



REGISTRATION

FORMS outside of church office or on website's Weekly Bulletin

(All registration forms and \$25.00 fee due to the church office by June 21st)

GREAT AND HOLY PASCHA 2019

My Beloved in the Lord,
Χριστός Ανέστη! Christ is risen!

Today we have been rescued from the ancient curse of death and new life has been granted to all of humanity. For our Lord, God, and Savior Jesus Christ has risen from the dead, destroyed the gates of Hades, and has freed us from corruption, thus confirming that He is the Life and the Light of the world. Hades was mortified when it saw Christ, the King of all, and he shuddered in His very presence.

Whereas before *“all of creation trembled when it saw you hanging on the tree”*, now all creation rejoices as it witnesses you breaking the gates of hell.

To those who have been captives in Hades, they have been freed by Him who liberates all humanity. To those who are dead, they have been raised by Him who is the Source of Life. To those who are in darkness, they have been illumined with Christ’s divine Light. To those who are in anguish, they have been comforted with His sublime presence. To those who are sinful, they have been redeemed by Him who suffered for our sake. All humanity that has gone before us has received a taste of His everlasting Kingdom through His resurrection.

The resurrection of Christ not only affects those who have died, but also has significance for those of us who still live. His resurrection is a confirmation that we too will rise at the end of times and will have the opportunity to live with Him in Paradise. We are offered this magnificent gift from Christ through His Cross, but it necessitates that we too carry our cross for our Lord tells us, *“If anyone wishes to come after me, let him deny himself, take up his cross, and follow me”* (Matthew 16:24). Let us, therefore, run towards Him in our daily lives and *“...set aside all the cares of life”* so that, when God calls us to Him, we may partake in the Christ’s resurrection; for as St. Paul says, *“For if we have been united with Him in a death like His, we shall surely be united with Him in a resurrection like His”* (Romans 6:5).

It is with these thoughts in mind, my dearly beloved in the Lord, that I implore you, as you celebrate Christ’s resurrection, the feast of feasts, to also remember all the gifts our Lord has given to us and to continue sharing these gifts with others. The resurrection of Christ is by no means the end of our prayer life or of our charity, rather it is the beginning of a New Day and a New Life. In this new beginning, we have been given spiritual strength in Christ’s resurrection. In this new beginning we have been imbued with the Light of Christ so that we too may share it with our friends, our neighbors, and the world. In this new beginning we have been given additional gifts to share our faith and to thereby bring people closer to Christ by living our faith. Let us never cease to do the work our Lord has commanded us so that, when we are called forth to judgement at the Common Resurrection, we may experience the inimitable joy of the Kingdom of God.

It is my sincerest hope and prayer that as we celebrate the resurrection of our Lord, God, and Savior, Jesus Christ that we spread the good news of His dominion over death to the world. May our Risen Lord bless each and every one of you and your families with an abundance of renewed faith and health so that we may exclaim with the utmost joy, *“Christ is risen from the dead, by death trampling down upon death and to those in the tombs he has granted life.”*

With Paternal Love and Blessings in the Risen Christ,

† E V A N G E L O S

Metropolitan of New Jersey

Saint Andrew Family News June 2019



«Εἰ δέ Χριστός οὐκ ἐγήγερται, ματαία ἡ πίστις ὑμῶν»
(Α΄ Κορ. 15, 17)

Ἀγαπητοί ἐν Χριστῷ ἀδελφοί,

Χριστός Ἀνέστη!

Σύμπασα ἡ κτίση, «Οὐρανός τε καί γῆ καί τά καταχθόνια», ἐορτάζει, πανηγυρίζει καί εὐφραίνεται μέ τό συγκλονιστικό, ἐλπιδοφόρο καί σωτήριο μήνυμα πού ἀνέτειλε ἀπό τό κενό μνημεῖο τοῦ Ἀναστάσιος Χριστοῦ. Ὁ «δι' ἡμᾶς τοὺς ἀνθρώπους καί διὰ τήν ἡμετέραν σωτηρίαν» ἐνανθρωπίσας Ἰησοῦς, πού θανατώθηκε ἐπάνω στόν σταυρό, διαπέρασε τή φθορά τοῦ θανάτου, νίκησε τή θνητότητα καί κατήγησε τή δύναμη τοῦ διαβόλου πού ταλαιπωροῦσε γιά αἰῶνες τό ἀνθρώπινο γένος. Ἡ θυσία Του, πού προσφέρθηκε ὡς «λύτρον ἀντί πολλῶν», ἐξασφάλισε στήν ἀμαυρωθεῖσα ἀνθρώπινη φύση τή σωτηρία της.

Ὁ «Μονογενής Υἱός καί Λόγος τοῦ Θεοῦ» σαρκώθηκε γιά νά πεθάνει, τονίζει μέ ἔμφαση ὁ ἅγιος Ἀθανάσιος, καθώς μόνον μέ τόν θάνατο Του ἦταν δυνατή ἡ Ἀνάσταση. Χωρίς τήν Ἀνάσταση, ἡ χριστιανική πίστη θά ἦταν μάταιη καί ἀνωφελής, χωρίς κανένα οὐσιαστικό περιεχόμενο, ὅπως ὑπογραμμίζει ὁ Ἀπόστολος τῶν ἐθνῶν Παῦλος, γράφοντας «**Εἰ δέ Χριστός οὐκ ἐγήγερται, ματαία ἡ πίστις ὑμῶν**». Καί ὁ ἱερός Αὐγουστίνος ἐπεξηγεῖ: «Δέν εἶναι καθόλου γιά μας μεγάλο, ἂν πιστεύουμε ὅτι ὁ Χριστός πέθανε. Αὐτό τό πιστεύουν καί οἱ εἰδωλολάτρες. Καί οἱ Ἰουδαῖοι. Καί ὅλοι οἱ ἁμαρτωλοί. Ὅλοι τό πιστεύουν, ὅτι πέθανε. Ἡ πίστη τῶν χριστιανῶν εἶναι ἡ Ἀνάσταση τοῦ Χριστοῦ. Αὐτό εἶναι γιά μᾶς τό μεγάλο. Πιστεύουμε ὅτι ὁ Χριστός ἀναστήθηκε».

Ἡ Ἀνάσταση τοῦ Κυρίου ἀποτελεῖ τόν ἀκρογωνιαῖο λίθο πάνω στόν ὁποῖο οἰκοδομεῖται ἐδῶ καί δύο χιλιάδες χρόνια ἡ χριστιανική πίστη. Μέ αὐτήν ἀναζωογονήθηκε ἡ πεπτωκυῖα ἀνθρώπινη φύση καί ἀπέκτησε τή δυνατότητα τῆς ἀνάστασης καί τῆς συμμετοχῆς της στήν ἐπουράνια Βασιλεία. Ὁ Χριστός ὄχι μόνο ἀναστήθηκε ὁ ἴδιος, ἀλλά «*συνεγείρας τόν Προπάτορα ἡμῶν*», ἀνέστησε ὅλο τό ἀνθρώπινο γένος καί ἀπεδείχθη «*ἀρχηγός τῆς ζωῆς*», τέλειος Θεός, ἀπεσταλμένος ἐκ τοῦ Πατρός γιά τή σωτηρία τοῦ ἀνθρώπινου γένους. Τό μήνυμα τῆς Ἀναστάσεως τοῦ Χριστοῦ εἶναι τό πλέον αἰσιόδοξο καί χαρμόσυνο γιά ὅλη τήν ἀνθρωπότητα, πού προσπαθεῖ νά ἰσορροπήσει ἀνάμεσα στό θαῦμα τῆς ζωῆς καί στό μυστήριο τοῦ θανάτου. Εἶναι τό κατ' ἐξοχήν μήνυμα τῆς ἀγάπης τοῦ Θεοῦ στόν ἄνθρωπο. Ὁ Χριστιανός πλέον γνωρίζει ὅτι, μέ τή δύναμη τοῦ Ἀναστάσιος, θά ἀναστηθεῖ μία ἡμέρα καί αὐτός καί θά λάβει νέο σῶμα ἄφθαρτο, ἔνδοξο καί ἀθάνατο, πεποίθηση πού ἀποτυπώνεται καί στό Σύμβολο τῆς Πίστεώς μας μέ τό «*προσδοκῶ ἀνάστασιν νεκρῶν καί ζωὴν τοῦ μέλλοντος αἰῶνος*».

Ἀγαπητοί μου ἀδελφοί,

Ὡς Ἐπίσκοπος καί πνευματικός σας πατέρας, εὐχομαι ὀλόψυχα σέ ὅλους καί στόν καθένα ξεχωριστά, ἡ πίστη στήν Ἀνάσταση τοῦ Κυρίου μας νά γίνει ἡ γέφυρα διὰ τῆς ὁποίας θά μετέλθουμε ἀπό τά πρόσκαιρα στά αἰώνια, ἀπό τά φθαρτά στά ἄφθαρτα, ἀπό τά γήινα στά ἐπουράνια. Τό ἀνέσπερο φῶς τῆς Ἀναστάσεως ἄς καταυγάζει τή σκέψη μας, ἄς φωτίζει τόν νοῦ μας καί ἄς στηρίζει τήν ὑπαρξή μας. Ἄς προσέλθουμε «*λαμπαδηφόροι*» στό Κοινό Ποτήριο τῆς ἀναστάσιμης θείας Εὐχαριστίας, γιά νά προγευθοῦμε τή σωτηρία καί τήν κατά χάριν θέωσή μας. Ἄς καινουργήσουμε τίς σκέψεις, τά ὄνειρα καί τίς ἐπιθυμίες μας μέσα στό φῶς τῆς Ἀνάστασης καί τῆς ἀληθινῆς καί ἀναφαίρετης χαρᾶς πού προσφέρει ὁ νικητής καί θριαμβευτής τοῦ θανάτου, ὁ Ἀναστάς Ἰησοῦς.

Μέ Ἀναστάσιμες πατρικές εὐχές!

Ο ΜΗΤΡΟΠΟΛΙΤΗΣ

† Ὁ Νέας Ἱερσέης ΕΥΑΓΓΕΛΟΣ

Saint Andrew Family News June 2019

St. Andrew Greek Orthodox Church 1447 Sussex Turnpike Randolph NJ



The ALL-NEW 2019 330i xDrive M Sport



The Ultimate Driving Machine

\$25 RAFFLE

MSRP **\$52,435**



2.0-liter BMW TwinPower Turbo 4-cylinder, 16-valve 255-HP, 295 Torque Engine

* * * * MSRP **\$52,435!** * * * * @ St. Andrew 1:00pm

TICKETS *only* \$25 each! **DRAWING: JUNE 30**

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- ❖ Portimao Blue Metallic
- ❖ M Sport Design
- ❖ 19" Bi-Color Wheels
- ❖ Remote Engine Start
- ❖ Parking Assistance Plus
- ❖ Active Blind Spot Detection
- ❖ Apple CarPlay w. 1 Year Trial
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St. Andrew Greek Orthodox Church Randolph NJ (973) 584-0388

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HIS EMINENCE METROPOLITAN ELPIDOPHOROS

Metropolitan Elpidophoros of Bursa Elected Unanimously Archbishop of America

Stavros Papagermanos, Press Office -
pressoffice@goarch.org

May 11, 2019

NEW YORK – The Greek Orthodox Archdiocese of America announces to the faithful the election of His Eminence Metropolitan Elpidophoros of Bursa as the new Archbishop of America. The official announcement of the Ecumenical Patriarchate in translation follows below:

ECUMENICAL PATRIARCHATE

Announcement of May 11, 2019

Today, Saturday May 11 2019, the Holy and Sacred Synod, continuing its work, proceeded to fill the vacated seat of the Archdiocese of America following the voluntary resignation of its shepherd, His Eminence Archbishop Demetrios Geron of America.

Therefore, following the suggestion, permission and exhortation of His-All Holiness, the holy synodical members upon invocation of the Holy Spirit, duly casted their votes and unanimously elected as **Archbishop of America His Eminence Metropolitan Elpidophoros of Bursa**, Abbot of the Holy Monastery of the Holy Trinity in Halki and Professor of the Theological School of the Aristoteleian University of Thessaloniki.

From the Secretariat of the Holy and Sacred Synod

Ο Σεβασμιώτατος Μητροπολίτης Προύσης Ελπιδοφόρος εξελέγη παμψηφεί Αρχιεπίσκοπος Αμερικής

Stavros Papagermanos, Press Office -
pressoffice@goarch.org

11 Μαΐου 2019

ΝΕΑ ΥΟΡΚΗ – Ανακοινώνεται προς το πλήρωμα της Ιεράς Αρχιεπισκοπής Αμερικής ότι ο Σεβασμιώτατος Μητροπολίτης Προύσης κ. Ελπιδοφόρος εξελέγει σήμερα παμψηφεί ως νέος Αρχιεπίσκοπος Αμερικής. Ακολουθεί το επίσημο ανακοινωθέν του

ΟΙΚΟΥΜΕΝΙΚΟΥ ΠΑΤΡΙΑΡΧΕΙΟΥ:

Ανακοινωθέν 11ης Μαΐου 2019

Σήμερα, Σάββατον, 11ην Μαΐου 2019, ἡ Ἁγία καί Ἱερά Σύνοδος, συνεχίζουσα τὰς ἐργασίας αὐτῆς, προέβη εἰς πλήρωσιν τῆς Ἱερᾶς Ἀρχιεπισκοπῆς Ἀμερικῆς, χηρευσάσης μετὰ τὴν οἰκειοθελῆ παραίτησιν τοῦ μέχρι τοῦδε ποιμενάρχου αὐτῆς Σεβ. Ἀρχιεπισκόπου Γέροντος Ἀμερικῆς κ. Δημητρίου.

Οὕτω, εἰσηγήσει, ἀδεία καί προτροπῆ τῆς Α. Θ. Παναγιότητος, οἱ ἅγιοι συνοδικοὶ πάρεδροι κατελθόντες εἰς τὸν Πάνσεπτον Πατριαρχικὸν Ναόν, μετὰ τὴν ἐπίκλησιν τοῦ Ἁγίου Πνεύματος, ψήφους κανονικὰς προβαλόμενοι ἐξελέξαντο παμψηφεί **Ἀρχιεπίσκοπον Ἀμερικῆς τὸν Σεβ. Μητροπολίτην Προύσης κ. Ἐλπιδοφόρον**, Ἡγούμενον τῆς Ἱερᾶς Μονῆς Ἁγίας Τριάδος Χάλκης καί Καθηγητὴν τῆς Θεολογικῆς Σχολῆς τοῦ Ἀριστοτελείου Πανεπιστημίου Θεσσαλονίκης.

Ἐκ τῆς Ἀρχιγραμματείας τῆς Ἁγίας καί Ἱερᾶς Συνόδου



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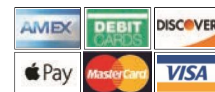
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Saint Andrew Family News June 2019

In the May, 2019 issue of the Saint Andrew Family News the article

“EACH DAY IS THE MORNING OF PASCHA”

was offered in English. We are happy to be able to include the same article for our Greek readers

ΚΑΘΕ ΗΜΕΡΑ ΕΙΝΑΙ ΤΟ ΠΡΩΙΝΟ ΤΟΥ ΠΑΣΧΑ

Από τον Πατέρα Ιωάννη Θεοδοσίου

Χριστός Ανέστη! Όταν σκεπτόμαστε την Ανάσταση του Χριστού, σκεπτόμαστε τον Κύριό μας σε όλη Του τη δόξα να ανασταίνεται από τον τάφο μία Κυριακή πρωί. Σκεπτόμαστε την ισχύ Του που είναι πάνω από τον θάνατο. Επίσης σκεπτόμαστε που είπε, «Εγώ ειμί η οδός και η αλήθεια και η ζωή.» Ο Κύριός μας είναι τόσο θαυμαστός σε όλα τα έργα Του που εν σοφία εποίησεν. Αυτός δημιούργησε τα πάντα. Όταν σκέπτομαι την ωραιότητα και τα θαυμάσια του Κυρίου μας θυμάμαι όλα τα θαύματά Του και τις ιάσεις, και τις διδασκαλίες Του που άλλαξαν τη ζωή μας.

Ένα τέτοιο θαύμα είναι η ανάσταση της κόρης του Ιάειρου. Μία πολυάσχολη ημέρα, ανάμεσα στα πλήθη ανθρώπων, ένας άνδρας ονομαζόμενος Ιάειρος, ο οποίος ήταν άρχων της συναγωγής, έπεσε στα πόδια του Ιησού και Τον ικέτευε να έλθει στο σπίτι του, όπου βρισκόταν η δωδεκάχρονη μοναχοκόρη του που πέθαινε. Πριν προλάβει να αποκριθεί στον Ιάειρο ο Ιησούς, περιστοιχισμένος από ανθρώπους που σπρώχνονταν, μία γυναίκα που έπασχε από αιμορραγίες πολλά χρόνια, άπλωσε το χέρι της και άγγιξε το στρίφωμα του ενδύματός Του. Η δύναμη του Κυρίου θεράπευσε τη γυναίκα. Ο Ιησούς ήθελε να μάθει για αυτήν που Τον άγγιξε. Όταν η γυναίκα κατάλαβε ότι γνώριζε για την ίασή της, έπεσε στα πόδια Του και αποκάλυψε σε όλους ότι αυτή είναι που γιατρεύτηκε από τον Ιησού. Και τότε είπε προς αυτήν, «Κόρη, να χαίρεσαι· η πίστη σου σε έκανε καλά. Πήγαινε τώρα εν ειρήνη.» Εκείνη τη στιγμή, ένας υπηρέτης από το σπίτι του Ιάειρου, του είπε «η κόρη σου είναι νεκρή, μην

απασχολείς τον Κύριο πια.» Αλλά όταν τον άκουσε ο Ιησούς, του απήντησε, «Μη φοβάσαι· μόνο πίστευε, και θα γίνει καλά.» Όταν ο Ιησούς έφτασε στο σπίτι, πήρε τον Πέτρο, τον Ιάκωβο και τον Ιωάννη και τους γονείς του κοριτσιού μέσα στο δωμάτιο που ήταν ξαπλωμένο το κορίτσι, της έπιασε το χέρι και είπε, «Μικρό κορίτσι, σήκω!» Και τότε το πνεύμα της επέστρεψε και αναστήθηκε!

Ο κόσμος που πριν κορόιδευε τον Ιησού, που έλεγε ότι το κορίτσι θα γινόταν καλά, πρέπει να θαύμασαν και να δόξασαν τον Θεό. Η πίστη τους ήταν σε κώμα, (ένας βαθύς ύπνος που μοιάζει με θάνατο), αλλά ήταν σαν να μίλησε σε όλους όταν μίλησε στο κοριτσάκι διατάζοντάς τη να σηκωθεί. Είναι σαν να διέταξε την πίστη τους να εγερθεί και να γίνει μία ζωντανή και ακμαία πίστη. Η αλήθεια είναι ότι πράγματι μιλά σε όλους μας όταν διατάζει μία αδρανή και ασθενή πίστη μέσα στον καθένα μας, να αναστηθεί.

Η πίστη μας πρέπει να αναστηθεί μέσα στον καθένα μας όπως και στις μυροφόρες, που σηκώθηκαν νωρίς την Κυριακή το πρωί, την Τρίτη μέρα μετά την σταύρωση του Κυρίου τους. Σηκώθηκαν και πήγαν στον τάφο για να αλείψουν με μύρο το σώμα του Κυρίου τους, όπως άρμοζε, και προς έκπληξή τους βρήκαν ότι ο βράχος είχε κυλήσει και ο τάφος ήταν κενός. Άρχισαν να ψάχνουν και να κλαίνε, και αναρωτιόνταν τί συνέβη στον Κύριο. Τότε η Μαρία η Μαγδαληνή μίλησε σε κάποιον που νόμιζε ότι ήταν κηπουρός. Και μόνο όταν ο Χριστός την αποκάλυψε με το όνομά της γύρισε το κεφάλι και Τον αναγνώρισε. Τότε φώναξε

«Αγαπημένε μου Δάσκαλε». Όλα πλέον έβγαζαν νόημα και αυτή όπως και οι άλλες μυροφόρες κατανόησαν και πίστεψαν στην Ανάσταση του Χριστού.

Κάθε Κυριακή είναι η γιορτή της Ανάστασης του Χριστού στην Ορθόδοξη Εκκλησία, αλλά πρέπει να ζούμε την κάθε ημέρα σαν μια ευκαιρία να θυμόμαστε και να εορτάζουμε την Ανάσταση του Κυρίου. Ένας συγγραφέας έγραψε κάποτε για την Ανάσταση, **«Και εσύ επίσης, Και εσύ αναστήθηκες. Αφησες τον ύπνο του θανάτου. Κι εσύ αναστήθηκες, όλο ζωή και δόξα. Και αυτή η δόξα της ανάστασης ύπταται πάνω από όλα τα πρωινά μας... Κύριε, μην αφήσεις καμμιά καινούργια ημέρα να έλθει να φωτίσει τη ζωή μου χωρίς να πάει η σκέψη μου στην Ανάστασή Σου, και χωρίς να αναχωρήσω, με την σκέψη μου, με τα αρώματά μου τα φτωχά, για τον κενό τάφο στον Κήπο.**

Αφού είναι ο Χριστός που αναστήθηκε που έρχεται σε μένα κάθε μέρα την αυγή. Ό,τι δυσκολίες μπορεί να υπάρξουν, όποιοι κίνδυνοι, η κάθε μία από τις ημέρες μου θα αρχίζουν εκθαμβωτικά εάν θυμάμαι – με όλη μου την ψυχή και όλη μου την σκέψη – ότι ο Σωτήρας μου νίκησε τις δυνάμεις του κακού και του θανάτου. Η πρώτη μου πράξη πίστεως, κάθε πρωί, θα είναι μία πράξη πίστης στον

τελικό Σου θρίαμβο.» (Μέσα στην Παρουσία Σου, από τον Πατέρα Lev. Gillet, σελίδα 141, 1977, SVS Press). Κάθε ημέρα πρέπει να είναι για εμάς άλλος ένας θρίαμβος της πίστης που προστίθεται στις πολλές νίκες που κερδήθηκαν όσο ζούσε ο Χριστός πάνω στη γη· σαν την ανάσταση της κόρης του Ιάειρου.

Η πίστη μας πρέπει να ξαναζυπνήσει όπως σηκώθηκαν νωρίς το πρωί οι μυροφόρες γυναίκες και όπως το κοριτσάκι του Ιάειρου επέστρεψε στη ζωή. Ο Χριστός αναστήθηκε νωρίς το πρωί το Πάσχα για να αναστηθούμε και εμείς μία ημέρα.

Φίλοι μου εν Χριστώ, προσεύχομαι η εμπειρία της Ανάστασης του Κυρίου μας να είναι για όλους μας ένα γεγονός που θα αλλάξει την ζωή μας, που θα μεταμορφώσει την κάθε ημέρα της ζωής μας σε μία γιορτή του αναστηθέντα Κυρίου μας και μία καθημερινή αναγέννηση της πίστης μας στον Θεό. Ω Κύριε, προσευχόμαστε να αναστήσεις την πίστη μας όπως ανέστησες την κορούλα του Ιάειρου και να μας βοηθήσεις να αλλάξουμε την ζωή μας και να ζήσουμε όπως βοήθησες την Μαρία Μαγδαληνή. Αμήν

Adaptation by Maria Kiritsis, HAS Teacher

NEW FAMILY & STUDENT INFORMATION FORMS 2019-2020

SAME FORM will be shared with Authorized Persons in charge of:

SUNDAY SCHOOL | GREEK SCHOOL | JR GREEK DANCE | SR GREEK DANCE | GOYA GREEK DANCE | JOY | HOPE | LAP | SCOUTS

HELLENIC AFTERNOON SCHOOL (HAS) ΕΛΛΗΝΙΚΟ ΣΧΟΛΕΙΟ

Greek Language classes will begin on Thursday, Sept.12

Early Registration July 31st | additional FORM required for HAS students

RELIGIOUS EDUCATION (SUNDAY SCHOOL)

Classes will begin on Sunday, Sept.8

GREEK DANCE (JR, SR & GOYA)

Will start on Thursday, Sept.20 (PTA Form Required)

Pick up FORM from outside office, print from e bulletin, contact office and they will email Form

Saint Andrew Family News June 2019

CLERGY LAITY HONOREES AT THE GRAND BANQUET



On Monday, May 13th Saint Andrew Greek Orthodox church honored only a few of the many hard working and dedicated parishioners of our community. This year the following people were chosen to be honored by our church and received an award at the Grand Banquet held at the Venetian in Garfield, NJ by His Eminence Metropolitan Evangelos.: St. Andrew Community Honoree Evangelia Papastavrou, Parish Council Honoree Nicholas Pappas, Philoptochos Honoree Mary Demos, Parent Teachers Organization Honoree Konstantia (Dina) Aspromatis, GOYA Honoree Constantine Sedereas, Oldest Person in the Parish of St. Andrew Honoree Vivian Geaneas, and Long Serving Choir Member Reta Matthews. As well on Sunday June 2nd after the service we will re-present the plaques to the honorees in front of our community. We would like to thank them all for their services and contributions to the success of our ministries.

COMMUNITY HONOREE **EVANGELIA PAPASTAVROU**

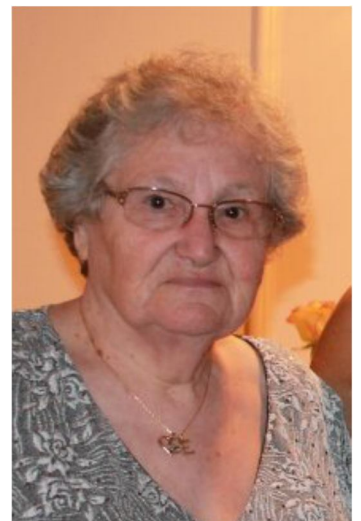
Evangelia was born January 2, 1930 in Argos Orestikon, Kastoria. She along with her husband Naoum, daughter Stavroula (age 10) and son Stavros (age 1) emigrated to the US in 1967.

Evangelia has always been a devout Christian. She was active in several local Greek Orthodox parishes—Ss. Constantine & Helen, Orange, 1967-1972; St. George, Clifton, 1972-1980 and in St. Andrew since the early 1980s.

Devoted to her family, Evangelia resides with her daughter and son-in-law since the death of her own husband, Naoum in 2001.

She makes friends very easily and is always interested in helping others in any way she can – she suggested the knitting group to several women over 14 years ago – at one point there were over 20 women involved. Over the course of the years more than a few women joined just to learn how to knit and have gotten enjoyment from it for many years.

The main object of the group (besides weekly gossip ☺) is to provide the result of the knitting (mostly blankets – although hats/mittens/sweaters have also been produced) to local hospitals, assisted living facilities with blankets which are always received with much gratitude and awe of the expertise these women have under their wings.



The group meets every Wednesday at St. Andrews with much anticipation for most of the current members who are present 7 women – new members are welcome and encouraged to join at any time.

PARISH COUNCIL HONOREE **NICHOLAS PAPPAS**

Since 1996, the Pappas family has called St. Andrew home and Nick has served on the St. Andrew Parish Council since 2005.

Nick founded several businesses including locally, World Internet Marketing Inc., featuring complete marketing services for businesses of all sizes. Also initiated by Nick, innovative flagship service EWORLDWIRE is one of only a handful of news wire services in the U.S., disseminating press releases.

Nick has also solely founded an offshore technology company in Chennai, India. In 2010, Nick was one of only 10 business leaders in the U.S. selected for a Chinese government-sponsored trade mission which involved meeting governors and mayors to discuss international trade. Nick was the small business and technology representative. Nick is known as a technology innovator and visionary and speaks fluent “Geek” (not a typo.) Nick also is an advisor and consultant to several non-profit organizations and for-profit businesses.



Nick has held the position of adjunct professor for both credit and non-credit courses at Morris County College. He holds an Associate's degree in Business Management from Orange County Community College, and a Bachelor's degree in Business Administration, with a concentration in Economics, from Ramapo College of New Jersey.

Born in New York City, Nick was baptized in the Cathedral of the Holy Trinity in New York and lived in the city with his family until moving to Vernon, N.J., at age 13.

With his wife, Melanie, Nick has three children, Domonique (Nicki), Callidora (Calli) and Carissa, who share love of the community of St. Andrew and commitment to service and can be found offering their talents to support events and initiatives at our church and in the surrounding community.

PHILOTOCHOS HONOREE **MARY DEMOS**

Mary has been a member of Saint Andrew community for 45 years. Born in Greece she spent her early years in the mountain village of Richia. Along with her mother Catherine, she ventured to America in 1947, joining her step-father George in Lambertville where they operated a popular restaurant, The Open Kitchen. In 1963 she married her husband Costa and moved to Rockaway New Jersey where they started “The Bonfire”, a charbroil restaurant that became a staple in their new town. Soon after she had two sons Nicholas and George. It was around this time that she found Saint Andrew Church in the neighboring town of Dover. Life was changing, her boys were growing up, so she kept the church close to her heart. She would help where she could, and the boys would attend Sunday school. Mary was making new friends at St. Andrew. As the years moved forward, Mary served as a GOYA advisor, where she spent many of her weekends influencing her sons and other GOYA youth, leading by example. Kids would pile into her station wagon to go off to many events like Sights and Sounds, Basketball/Volleyball tournaments and the Junior Olympics, and all for the pleasure of spending time with the youth. Using her talent and love of cooking, Mary was involved in bake sales and fundraisers, and along with her husband, served a few years as festival chairperson. And when she was not running things, she worked hard, doing whatever job needed to be done, often harrying the men behind the



grills to ensure the souvlaki was cooked perfectly for the customers. She continues as a member of Philoptochos, Daughters of Penelope, and as a faithful member of the church.

PARENT TEACHERS ORGANIZATION HONOREE KONSTANTIA (DINA) ASPROMATIS,

Konstantia AKA Dina Aspromatis was born and raised in Dover, NJ. She is married to Hariloas Aspromatis. They are blessed with two beautiful children, Yanni who is seven years old and Eleftheria who is five years old. Dina is currently working Full time at B & G Foods in the Finance department as an Account Reconciliation analyst for almost three years. When not working she enjoys spending time with her family. Dina has attended Saint Andrew church since a very young age. She feels very fortunate and proud to continue being part of the Saint Andrew family, where she is now on the PTO board and teach Sunday School. Dina is very happy to have her children be part of this amazing community where they attend Sunday school, Greek school and Dance, where they too can make beautiful long lasting memories and friendships along the way as she has. We at Saint Andrew are the beneficiaries of this dynamic and hardworking young mother.



GOYA HONOREE CONSTANTINE SEDEREAS



Constantine Sedereas is a fourth-generation member of St. Andrew Greek Orthodox Church! From an early age, Constantine's family instilled in him the values and importance of the Greek Orthodox Faith and he has tried to live his life in this manner.

At St. Andrew he has been a very active member, attending Sunday School, graduating from St. Andrew Hellenic Afternoon School and is an Acolyte, assisting Father John during Divine Liturgy, knowing that thru active participation in Church services will bring him spiritually closer to God.

Currently he serves as GOYA President, and takes his leadership role very seriously. His goal coming into this GOYA year has been to boost membership at all GOYA functions that Randolph attends and bring his peers closer together.

As GOYA President he has led such endeavors as the Faith Soup Kitchen, Bridges and other ministry-based events. Constantine was the starting Point Guard on the 2016 GOYA Championship Basketball team, the goalie on this year's 3rd place Soccer team and won the Marathon at the GOYA Olympics, in 2016, and at this year's Sights and Sounds, he was a member of the Religious Singing Group. Constantine was also 3rd Runner-Up at the Mr./Miss GOYA Pageant in 2017, his Junior year.

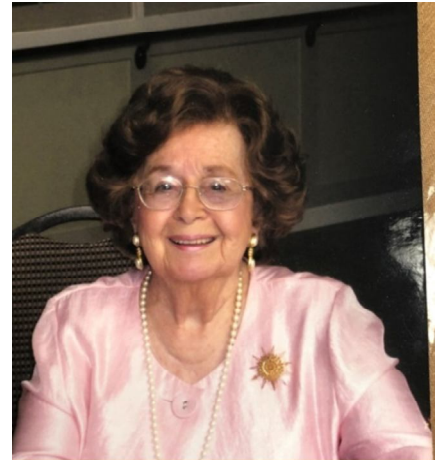
Scholastically, he will be Graduating from Jefferson High School this June, where he has been inducted into the National Honor Society, as well as the National English, Spanish and History Societies. He also is a member of Student Council and Drama Club. As a senior he was named Captain of the Cross Country, Indoor and Spring Track Teams, and has been honored on the All-Sectional, All County and All Conference Track Teams, while also being named team MVP.

Constantine's family; Peter, Diana, Venia and Demi are tremendously proud of his accomplishments and wish him nothing but continued success as he continues his education at Rutgers this fall.

OLDEST PERSON IN THE PARISH HONOREE **VIVIAN GEANEAS**

Vivian was born on July 23, 1926 in New York City. Her parents were Paul and Anna Morfogen. They were immigrants from Sparta, Greece. She had two brothers, George and Zackary. Her father had restaurants in Manhattan and we lived in the City. In 1940, her parents bought a country house in Boonton Township, NJ and lived there until she was married.

Vivian attended the Barnard School for Girls in New York, Barnard College and the Julliard Schools of Music where she studied voice and piano. In April, 1947 she married Zachary Paul Geaneas from Brooklyn also of Greek heritage. After the Army, he continued his law studies and received his Master Degree from NYU.



In 1954 he joined the State Department as a Foreign Service Officer—Diplomatic Corps. We spent 25 years in the Service traveling all over the world with our two children, Paul and Fay Lynne. It was a wonderful, exciting and adventurous life. Their first assignment was in Athens, Greece, much to their delight. It was so special to be in the land of their heritage. After three years in Greece, they went to Pakistan; had two tours at the U.S. Mission to the U.N. in New York; on to Tunis, Tunisia and Addin Abaha, Ethiopia; back to Greece again for five years and a tour in Washington, D.C.

In September, 1979 her husband retired and we bought a home in Boonton, NJ. They became members of Saint Andrew Greek Orthodox Church. They attended faithfully and her husband was very close with Fr. Tsigas who married their children and baptized their grandchildren.

Her husband was always very involved with the church. In Ethiopia he received an award from the Bishop there for his liaison work between the Ethiopian Church and the Greek Orthodox Church.

When they lived in New York he was on the church Board of the Holy Trinity Cathedral. He worked very closely with Archbishop Iakovos especially in international affairs. Vivian was also on the Philoptochos Board at the Cathedral. Zachary passed away very unexpectedly on March 26, 1987 at the age of 67. His funeral was held at the Cathedral in New York where he was posthumously awarded the Order of the Archons by Archbishop Iakovos and Bishop Silas. It was a great honor because this had never been done before. Paul, her son passed away in 2013—a great loss to all. However, she is blessed with six grandchildren and nine great-grandchildren that she adores and cherishes.

Vivian said: I have lived at the Oaks in Denville for the past 15 years and am very happy here. I am so grateful to Fr. John for visiting me and giving me Holy Communion. It means so much to me! I am so sorry that I cannot attend the Clergy Laity Banquet and thank you for the Honor. With Great Faith and love, Vivian Geaneas.

LONG SERVING CHOIR MEMBER **RETA MATTHEWS**

Reta Matthews was baptized by the Reverend Fr. Elias Velonis at the Greek Orthodox Cathedral of the Annunciation in Baltimore, Maryland at the same time as her three children. The Fr instructed her to receive Holy Communion on the following three consecutive Sundays. Following her baptism into the faith Reta did some research and found Saint Andrew Greek Orthodox Church in Randolph, NJ.

She came to church and the first question she asked Fr. Konstantine Tsigas who was the priest at that time was if there was a choir at St. Andrew. He said “NO” but would



call her as soon as a choir was formed. Not long after that Fr Tsigas called Reta and invited her to come to a choir practice. The choir director at that time taught her how to sing in Greek. Over the years her time was spent in college getting her degree in nursing, raising her children and working.

Reta came back to St Andrew in 2012 because she found a beautiful baby blanket in a closet at the hospital one evening while working. It had a label on it "Saint Andrew Philoptochos, Randolph NJ" She remembered her roots and where she raised her children in the faith and wanted to renew her membership in the church. She quickly became involved in volunteer work at the Saint Andrew: annual collection of baby clothes for newborns, visiting the shut-ins, knitting blankets, helping the baking group, collecting food for the pantry, assisting in the furniture resale ministry, selling raffle ticket at the curb side and always with her radiant smile.

Reta says: *It has been an honor to be a part of the Saint Andrew Family and a privilege and a pleasure to be a member of the choir. I want to thank everyone for making me feel welcomed and at home.*

PHILOPTOCHOS 2019 MOTHER OF THE YEAR



Our Mother of the Year emigrated from Greece with her mother and brother when she was four years old in order to re-unite with her father, who had left for America almost four years earlier to ensure that a better education would be made possible for his children. She was born in Loutraki, a seaside resort on the Gulf of Corinth. When her father, who hailed from Tritea, a small mountain village near the town of Itea, re-united with her mother, they decided to settle in Morristown, New Jersey. She graduated from Morristown High School, and then Rutgers University and Rutgers Law School.

She has been a long time member of Philoptochos and has learned through the organization's philanthropic efforts that the greatest joy comes from giving. She serves on the St. Andrew Scholarship Committee and every years comments that she is so impressed with St. Andrew GOYANS' dedication and accomplishments in the areas of academics, as well as high school and community activities. She also finds great joy and satisfaction with her religious education students during Sunday morning classes, which she has been teaching for 20 years.

She is a very successful home baker, and is always wowing her family and friends with pastries, cakes, and tarts. Every year, she can be found working the dessert area at the St. Andrew Festival and has been known to state firmly that the desserts at the St. Andrew Festival are the best festival desserts in the state of New Jersey.

With her husband of 37 years, whom she met at Rutgers University 43 years ago, she lives in Randolph, New Jersey. She is the mother of two grown children, Christopher and Dina, both of whom she is very proud, and a third, Johnnie, who passed away into God's loving embrace as an infant. She has been an incredible role model for her children and always stressing the importance of thinking of others; serving the Lord; following the Commandments; finding ways to better



themselves; and to always be polite, honorable, magnanimous, and self-effacing. Her mantra to her children in their early school years was “ask a question – answer a question” in class, “read a book everyday”, “say your prayers”, and “look to help someone who needs assistance.”

These motherly qualities were extended by her to her mother, who after 45 years of living in America and 18 years after her husband’s passing, decided to return to Loutraki. She honored her mother’s decision to return to the home that her grandfather had built for them in Loutraki and for her mother to be near her three sisters and brother. As difficult as her mother’s decision was for her, and knowing of her mother’s wishes not to be a burden to anyone, she succeeded in making the transition for her mother as comfortable and easy as possible. When her mother eventually developed Alzheimer’s, she set up a wonderful and loving live-in aide for her mother so that she could live out the rest of her life with dignity and self-respect. She and her brother would visit their mother twice a year in Loutraki, to ensure that her mother knew how important she was to them, and how much they loved her and appreciated her for all that she had done for them and for the sacrifices that she had made for them. Our Mother of the Year is Maria Daniskas.

SAINT ANDREW PHILOPTOCHOS JUNE 2019

Christ Is Risen! Χριστός Ανέστη

Another fundraiser, our annual Tricky Tray, was successfully completed. The net proceeds from this event are solely dedicated to the needs of families in our parish and the neighboring communities. A heartfelt THANK YOU to those parishioners who donated items for our baskets, supported us by placing ads in our journal, made monetary contributions and dedicated many hours preparing the beautiful prizes and worked at the various stations on the day of the event. Our guests had a great time, enjoyed delicious Greek food and left carrying small and large packages.

We will soon be having our end of the year dinner on June 18 at Forte’s Restaurant in Randolph. For information and reservations please contact Mary Hadjiyerou at mth7883@yahoo.com or Eleni Constantinides at eleni.constantinides@gmail.com.

And soon after, on Saturday June 22nd, and because we all need time to rest and have some fun, the ladies of Philoptochos have organized a trip to Longwood Gardens in Kennett Square, PA. The organizer of this trip is our dear and never tiring, Betty Kelly. The trip is open to all our parishioners and their family and friends. Please join us. Call Betty as soon as possible so we can finalize our plans for transportation and entrance to the Gardens. Details and more information will be posted in Sunday’s bulletins shortly.

The Philoptochos members met on May 28, 2019, and selected our new board who will assume their responsibilities soon after our chapter is ratified and they take the Oath of Office.

We honor the memory of our dear sister in Christ Petra Knox who did an amazing job as our chapter president, and we will give the reigns to a new group of dynamic and energetic women who will lead us and inspire us to live a Christ like life and be true to our Mission.

If you have any questions, comments or concerns, please feel free to contact me, or anyone other lady on the Board. We are always available and approachable.

Eleni Constantinides, *Saint Andrew Philoptochos Acting President*



The GOYA season is officially coming to an end. Saint Andrew GOYA spent the year working hard to stay in touch with their faith, while also having fun doing so. As this year's president, I was honored to be able to lead the GOYA throughout each event. My fellow GOYANs would also agree that this year was special and our bonds strengthened with everything we did. Throughout the past few months we helped our Saint Andrew community by participating in various events. We made



palms on the Saturday of Lazarus in preparation for Palm Sunday. We helped to decorate the Epitaphio and put together the candles for the Holy Friday and Holy Saturday services.

In May of our GOYANs assisted the Philoptochos with their annual Tricky Tray. Over Memorial Day weekend we will have attended the Olympics at Monmouth University. *(Pictures and details will appear in the September issue of the magazine).*

On June 13th we will have elections and our SENIOR SEND OFF. The seniors will be celebrated as they begin their journey past High School and GOYA. This will be the last event for us.

Finally, I would like to congratulate my fellow graduating seniors on a great six years, wishing them the best of luck in college. Thank you to our advisors, Peter Sedereas, Yiota Louca, Marina Venizelos, and Polymnia Crysler for your patience, dedication and support throughout the year. A special thank you to Mrs. Louca as this was her last year. She was an amazing advisor for six years and will be missed. I look forward to opening a new chapter in my life and watching our GOYA continue to grow. On behalf of Saint Andrew Randolph GOYA, I encourage all members of our Church, grades 7th -12th to register for the 2019-2020 GOYA year. We make memories that we truly cherish and will remember for the rest of our lives!







The Holy Spirit Is God

Greek Orthodox Metropolis of Toronto (Canada)

Our Church believes that the Holy Spirit is God. He is the third Person of the Holy Trinity. He is equal to the other two Persons of the Holy Trinity, the Father and the Son. This belief of our Church is based on both the Holy Scriptures and on Holy Tradition.

In the Old Testament it is mentioned that the Prophet Isaiah talked with the Holy Spirit (Isaiah, 6:1-10). This is confirmed when St. Paul says, “Well spoke the Holy Spirit by Isaiah the Prophet to our Fathers” (Acts, 28:25). A similar passage is found in the Prophet Jeremiah. And again we have the witness of St. Paul, who confirms that “the Holy Spirit” speaks (Hebrews, 10:15-17). There are many more similar passages in the Old Testament that bear witness that the Holy Spirit is God.

In the New Testament many passages bear witness.

When Christ was resurrected, He said to His Disciples, “Go you and teach all nations, baptizing them in the Name of the Father, and the Son, and the Holy Spirit” (Mark, 16:15). Here the Holy Spirit is equal to the Father and to the Son. There is no doubt that He is God. Saint Peter categorically calls the Holy Spirit, “God” (Acts, 5:4). And St. Paul characteristically says, “Now the Lord is that Spirit” (II Corinthians, 3:17). In very many other places in the New Testament the Divinity of the Holy Spirit is revealed. It is not necessary, however, to mention them all here.

In opposing the heresy of Macedonios against the Holy Spirit, the Second Ecumenical Council, which took place at Constantinople in the year 381 A.D., produced the eighth article of the Creed, which states, “. . . and [I believe] in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father, and is worshipped and glorified together with the Father

and the Son, Who spoke through the Prophets.” This is a teaching that is absolutely based on the Holy Scriptures and Holy Tradition. Pay attention to these words: “worshipped and glorified together with the Father and the Son.” Who is worshipped and glorified? God. God alone. And so, since the Holy Spirit is worshipped and glorified together with the Father and the Son, He is also True God.

Many opposed this Orthodox belief. In the Fourth Century, it was Macedonios and his followers. They said that the Holy Spirit is not uncreated God, as is the Father and the Son. They said that He is a creation, and therefore no different from all other created beings; no created being is God, and so the Holy Spirit cannot be God. This arbitrary opinion cannot be supported by Holy Scripture or Holy Tradition.

In our times there are others who are worse than the followers of Macedonios. The Jehovah’s Witnesses deny the existence of the Holy Spirit. The worst is that they call themselves students of the Holy Scriptures. Even a brief glimpse at the Holy Scriptures would show them not only the existence of the Holy Spirit but also His Divinity.

With the use of the word spirit, The Holy Scriptures frequently refer to the other two Persons of the Holy Trinity, the Father and the Son. Why? As Theodoritos the Compiler says, “To show us that the divine nature of the Three Persons is one and the same, spiritual and immaterial, unembodied and indescribable.” And he adds, “Nevertheless, the Spirit is Holy, and only the Third Person is called the Holy Spirit.”

There is much to be said in interpreting the many passages of the Holy Scriptures that refer to the Holy Spirit. However, it is not our intention to interpret all of these passages here. But we do find it necessary to look at a particular passage that is often misunderstood. St. Mark writes, “All sins shall be forgiven unto the sons of men, and blasphemies wherewithsoever they shall blaspheme. But he that shall blaspheme against the Holy Spirit has never forgiveness but is in danger of eternal damnation” (Mark, 3:28-29). Blasphemy against the Holy Spirit is an unforgivable sin. The problem is that this passage seems to forgive blasphemy against the Son but not against the Holy Spirit. The passage can be very easily misunderstood to mean that the Holy Spirit is superior to the Son. The correct interpretation, as it is given to us by the Church Fathers, is this: blasphemy against the Holy Spirit is the denial by man out of

hatred of God’s power to save him. Even more simply, the man who does not believe that the grace of God—the Father, the Son, and the Holy Spirit—can save him, closes his heart to the actions of the Holy Spirit; he does not accept Grace. He does not proceed to repentance. He fights against the sanctifying and saving act of God. He creates within himself a sorrowful and incurable condition.

“Heavenly King and Comforter, the Spirit of Truth, Who are everywhere and fill all things, come and abide in us and cleanse us from every stain and save, O Good One, our souls.” Relieve every man of sorrowful incurable non-repentance and the denial of Your sanctifying and saving action. Make us aware of our shortcomings and sins. Grant us faith in the Trinitarian God, sincere repentance, a returning to You. Grant us the salvation of our Souls and that of all the world.

Περί του Αγίου Πνεύματος

Χριστιανική Φοιτητική Δράση

Άρθρο 8^ο. «Καὶ εἰς τὸ Πνεῦμα τὸ Ἅγιον, τὸ κύριον, τὸ ζωοποιόν, τὸ ἐκ τοῦ Πατρὸς ἐκπορευόμενον, τὸ σὺν Πατρὶ καὶ Υἱῷ συμπροσκυνούμενον καὶ συνδοξαζόμενον, τὸ λαλῆσαν διὰ τῶν προφητῶν».

Το ὄγδοο ἄρθρο του Συμβόλου της αγίας μας Πίστης αναφέρεται στο τρίτο πρόσωπο της Θεότητας, για να συμπληρωθεί η αλήθεια γύρω από την Αγία Τριάδα. Το τρίτο, λοιπόν, πρόσωπο της Θεότητας είναι το Πνεύμα το Άγιο.

Από τα χαρακτηριστικά «Άγιον, Κύριον, Ζωοποιόν», με τα οποία μας παρουσιάζει το Πνεύμα το Σύμβολο, φαίνεται καθαρά πως η πίστη μας στο Άγιο Πνεύμα είναι πίστη σε Θεό. Όπως δηλαδή πιστεύουμε, ότι ο Πατήρ είναι Θεός, όπως πιστεύουμε, ότι ο Υιός είναι Θεός, ομοίως πιστεύουμε και ομολογούμε, ότι και το Πνεύμα είναι Θεός. Άγιο λέμε τον Πατέρα, Άγιο και τον Υιό, Άγιο και το Πνεύμα. Κύριο αναγνωρίζουμε τον Πατέρα, Κύριο και τον Υιό, Κύριο και το Πνεύμα. Πηγή ζωής δεχόμαστε τον Πατέρα, Ζωοδότη τον Υιό, Ζωοποιό και το Άγιο Πνεύμα. Επομένως, όπως είναι Θεός ο Πατήρ, Θεός και ο Υιός, έτσι Θεός είναι και το Άγιο Πνεύμα. Λέμε και στην Εκκλησία μας· «Άγιος ο Θεός, ο άναρχος, Άγιος Ισχυρός ο Υιός ο συνάναρχος, Άγιος Αθάνατος το Πνεύμα το Άγιον». Την ίδια επομένως θέση έχει το Πνεύμα με τον Πατέρα και τον Υιό, την

ίδια ουσία, την ίδια εξουσία, την ίδια δόξα. Και εκ μέρους μας την ίδια προσκύνηση και λατρεία. Και το διακηρύττουμε κατά τη θεία Λειτουργία: «Προσκυνούμεν Πατέρα, Υιόν και Άγιον Πνεύμα· Τριάδα ομοούσιον και αχώριστον». Την τρίτη θέση στη Θεότητα κατέχει το Πνεύμα το Άγιο, αλλά στην ίδια γραμμή με τα άλλα θεία πρόσωπα. Πρώτος ο Πατήρ ως αρχή της θεότητας και αρχή πάντων των δημιουργημάτων. Δεύτερος ο Υιός, διότι εκείνος είναι «η δημιουργική και συνεκτική των απάντων Θεού σοφία και δύναμις». Τρίτο το Άγιο Πνεύμα, το οποίο τελειοί, δηλαδή τελειοποιεί και αγιάζει τα πάντα. Και όπως το λέει ο μεγάλος Πατέρας της Εκκλησίας, ο άγιος Βασίλειος· «Αρχή γαρ των όντων μία, δι’ Υιού δημιουργούσα και τελειούσα εν Πνεύματι».

Ρητώς και σαφώς ονομάζεται Θεός το Πνεύμα το Άγιο στην Αγία Γραφή μία φορά, στην περίπτωση που ψεύσθηκε στον Πέτρο ο Ανανίας ως προς την τιμή στην οποία πούλησε με τη σύζυγό του το κτήμα τους. Τότε ελέγχοντας το εκούσιο αμάρτημα του Ανανία ο Απόστολος του είπε· «Ανανία, διατί επλήρωσεν ο σατανάς την καρδίαν σου, ψεύσασθαί σε το Πνεύμα το Άγιον... ουκ εψεύσω ανθρώποις, αλλά τω Θεώ» (Πραξ. ε’ 3,4). Αλλά και από όσα λέγονται ως προς τις ιδιότητες και ενέργειες του Αγίου Πνεύματος, σαφώς διαφαίνεται ότι η θεία Γραφή διδάσκει, ότι το Πνεύμα

είναι Θεός. Στην Παλαιά Διαθήκη αναφέρεται, ότι κατά τη δημιουργία και πριν αρχίσει η διαμόρφωση του κόσμου «Πνεύμα Θεού επεφέρετο επάνω του ύδατος», για να μορφοποιήσει και τελειοποιήσει την δημιουργία. Δηλαδή αποδίδει θεία ιδιότητα και εξουσία στο Πνεύμα. Στην Καινή Διαθήκη ο απόστολος Παύλος λέει, ότι «το Πνεύμα πάντα ερευνά και τα βάθη του Θεού». Άρα Θεός πρέπει να είναι για να ερευνά τα βάθη του Θεού, τα οποία κανένα κτίσμα, καμία ύπαρξη εκτός της Θεότητας, ούτε Άγγελος ούτε άνθρωπος μπορεί να ερευνησει. Για να λέει ότι «ερευνά τα βάθη του Θεού», υπονοεί ότι αυτό, το Πνεύμα δηλαδή, είναι «ομοούσιον και ίσον τω Θεώ και Πατρί και ακριβώς οίδε (γνωρίζει) τα τε άλλα πάντα και αυτά τα κρύφια του Θεού», όπως λένε οι θεοφόροι Πατέρες. Διότι «μόνοι (ο Πατήρ, ο Υιός και το Άγιο Πνεύμα) των πάντων ίσων έχουν την περί αλλήλων γνώσιν» και επομένως «ίσοι εισίν». Ίσος ο Υιός προς τον Πατέρα. Ίσο και το Άγιο Πνεύμα προς τον Υιό και τον Πατέρα. Έπειτα ο ίδιος Απόστολος ονομάζει Κύριο το Πνεύμα: «ο δε Κύριος το Πνεύμα εστιν· ού δε το Πνεύμα Κυρίου, εκεί ελευθερία» (Β' Κορινθ. γ' 17). Το Πνεύμα ονομάζεται «Πνεύμα Σοφίας», «Πνεύμα συνέσεως», «Πνεύμα αγιασμού», Πνεύμα που έχει «χαρίσματα» και τα διανέμει κατά βούληση. Πνεύμα που λαλεί διά των προφητών, «το λαλήσαν διά των προφητών», όπως λέμε στο Σύμβολο και όπως και ο απόστολος Πέτρος λέει, ότι «υπό Πνεύματος Αγίου φερόμενοι ελάλησαν άγιοι Θεού άνθρωποι». Και για να μη μακρύνουμε, αναφέρουμε τελευταία την ευλογία που δίνει ο θείος Παύλος στους Κορινθίους και θέτει το Πνεύμα στην ίδια σειρά με τον Πατέρα και τον Υιό ως πρόσωπο της Θεότητας. «Η χάρις του Κυρίου Ιησού Χριστού, λέει, και η αγάπη του Θεού και η κοινωνία του Αγίου Πνεύματος μετά πάντων υμών» (Β' Κορινθ. ιγ' 13).

Το Πνεύμα είναι ο Παράκλητος, τον οποίο υποσχέθηκε ο Κύριος να αποστείλει στους Μαθητές του μετά την ανάληψή του, για να μη αφήσει αυτούς ορφανούς: «εγώ ερωτήσω τον Πατέρα και άλλον Παράκλητον δώσει υμίν, ίνα μένη μεθ' υμών εις τον αιώνα, το Πνεύμα της αληθείας» (Ιωάν. ιδ' 16). Και πάλι· «όταν έλθη ο παράκλητος όν εγώ πέμψω υμίν παρά του

Πατρός, το Πνεύμα της αληθείας... οδηγήσει υμάς εις πάσαν την αλήθειαν» (Ιωάν. ιε' 26, ιστ' 13). Και τους οδήγησε σε όλη την αλήθεια, όταν την ημέρα της Πεντηκοστής κατήλθε στους αγίους μαθητές και αποστόλους του Κυρίου με μορφή πύρινων γλωσσών και τους ανέδειξε πάνσοφους διδασκάλους της οικουμένης. Αυτό το Πνεύμα οδηγεί και εμάς στην αλήθεια, μας παρηγορεί, μας ειρηνεύει, μας οδηγεί στην προσευχή· «το γαρ τι προσευξόμεθα καθό δει ουκ οίδαμεν, αλλ' αυτό το Πνεύμα υπερεντυγχάνει υπέρ ημών στεναγμούς αλαλήτοις», και «αυτό το Πνεύμα συμμαρτυρεί τω πνεύματι ημών ότι εσμέν τέκνα Θεού» (Ρωμ. η' 16, 26).

Το Πνεύμα το Άγιο συγκρότησε την Εκκλησία του Χριστού. Διότι ναι μεν την Εκκλησία την ίδρυσε ο Κύριος, όταν εξέλεξε του ς δώδεκα πρώτους μαθητές του. Αλλ' αυτό ήταν ο πυρήνας της Εκκλησίας. Η Εκκλησία ως θείο καθίδρυμα σωτηρίας συνεστήθη υπό του Αγίου Πνεύματος κατά την ημέρα της Πεντηκοστής, διότι «πάντα συνεργεί το Πνεύμα το Άγιον, βρούει προφητείας, ιερέας τελειοί, αγραμμάτους σοφίαν edίδαξεν, αλιείς θεολόγους ανέδειξεν, όλον συγκροτεί τον θεσμόν της Εκκλησίας». Και μένει στην Εκκλησία και την καθοδηγεί σε όλη την αλήθεια, τελεσιουργεί και αγιάζει τα θεία μυστήρια και μέσω αυτών αγιάζει τους πιστούς, καθοδηγεί στην ορθή πίστη για των αγίων Οικουμενικών Συνόδων, κατευθύνει τον κάθε ένα από εμάς στην οδό της σωτηρίας.

Το Πνεύμα το Άγιο δεν γεννάται από τον Πατέρα, όπως ο Υιός, αλλ' εκπορεύεται από τον Πατέρα και πέμπεται διά του Υιού. Ο ίδιος ο Κύριος το είπε· «Όταν έλθη ο Παράκλητος όν εγώ πέμψω υμίν παρά του Πατρός το Πνεύμα της αληθείας ό παρά του Πατρός εκπορεύεται» (Ιωάν. ιε' 26). Παρά του Πατρός, λοιπόν, εκπορεύεται το Πνεύμα και όχι «και εκ του Υιού», όπως αιρετικά και πλανημένα δογματίσαν οι κακόδοξοι Παπικοί και νόθευσαν και την ορθή διδασκαλία της αγίας Εκκλησίας περί Αγίου Πνεύματος (1). Μη θεωρούμε μικρή και ασήμαντη την αίρεση αυτή των Παπικών. Είναι μεγάλη και φοβερή, αφού αντίκειται σαφώς προς αυτόν το λόγο του Κυρίου.

<https://xfd.gr/keimena/ekklhsia/dogmatiki/peritou-agiou-pneumatou/>





PTA FUNDRAISER | May 7th 2019 | ZINBURGERS, FRIES, FUN!!

It's not uncommon to find the Divine Liturgy under attack these days. Some complain that it ought to be shorter while others argue over the preferred language. Many young women question a perceived exclusivism and wonder why they can't be in the Alter. Is the Divine Liturgy stuck in a past so that many of our needs today seem neglected? What these complaints suggest is a loss of meaning to the Divine Liturgy. Do we understand what the Divine Liturgy is? Has it become a "service"? Perhaps we ought to revisit the Divine Liturgy and see what we've been missing.

Let's face it - most of us "go to Church". We "attend" the Divine Liturgy. Worse, we "go to" Communion. What's wrong with these actions? You will notice that the Divine Liturgy occurs as an event, with or without your presence. If you choose to be present, it occurs while you "attend". Think of a concert or a sporting event. Other people are doing various things for you and that you would like to enjoy. But sometimes, these events let you down. The show wasn't really worth the effort and the home team really played poorly. You leave with a sense of loss, both in terms of money paid for the event and time wasted watching something un-stimulating. But maybe the next game, the next concert, will get it just where you need it to be. And so you return, hoping for more.

If that's your approach to the Divine Liturgy, then you have to know why you are even "going". You have to have a sense of this "something more" that you come for. Otherwise, what is it about the Divine Liturgy that made you make the effort "to go"? Maybe what's wrong with the Divine Liturgy is really about what's wrong with you! Why do you "go"? Unless this is understood, it really won't



matter to you if it's in a Martian language! So, let's look more closely at this amazing Divine Liturgy and what it really is. One thing it is not is a "service".

Derived from the Greek word "leitourgia" it means "work of the people" and is often translated as "public service" from which it has been shortened to a "religious service". It wasn't long before the public did less

and less work and started "attending" rather than participating. The early Church never had seats because everything always occurred within the whole gathering, the public, the people. We have a Little Entrance and a Great Entrance that are the bringing into the public the Words of Christ and the wine and bread that become His Body and Blood. Why is that? Because we have been called into His coming when the Divine Liturgy begins. Many people seem to have lost this sense of location. While we are in a Church, we are far from being a building in Randolph. We have been invited into Christ's world. Unfortunately many think of themselves as dinner guests. Hopefully there'll be good coffee!

The Divine Liturgy may be presented in any number of languages, but that does not locate any Divine Liturgy into any nationalism. Sadly, when the history of a nation is intimately bound with their religion it often provides a platform that prioritizes cultural identity over the health of one's soul. The Greek word, Xenia, which has always been a concept of hospitality, generosity, and courtesy shown to the "stranger", is now used in judgement.

Each person who enters the Kingdom, the Church, is invited to participate. Every pew has a copy of the Divine Liturgy written in both Greek and English. When you begin to participate, you will

notice that the people are asked for their response, that the people are reading and chanting the Liturgy. There are prayers that the priest says which you are invited to quietly say by reading. When you read the words, you hear the words percolate slowly into your heart. What is this or that prayer for? What is the moment of kneeling about and why isn't it done for 40 days after Pascha? Do you know who the Holy Spirit is and what the role is of the Holy Spirit within the Divine Liturgy? We are Trinitarian, but exactly what does that mean to you? Am I actually "worshipping" or just repeating things without being mindful of content? Do I even know what "worship" really is? You can't worship someone that you don't know. Is God just "up there"? How do you know God anyway? Is God just some form of our sense of perfection?

Many people attend the service and quietly endure its length. Why are you there? If the Divine Liturgy is always a call into Christ's presence to which each of us is called for the healing our suffering souls, why then do so many not "receive" this gift of the Eucharistic purpose of all Liturgies? The answer is always "I'm not prepared". If you aren't "prepared", then why did you attend the Divine Liturgy that is far too long and filled with too much Greek? And this is really the crisis that exists within the Church. You aren't prepared because you fail to recognize how ill your soul has become. Sin is not all the little bad things we do. Sin is never an ethical issue where you have to apologize for breaking a rule or two. This sort of legalism operates in many religions today. That is not what Orthodoxy teaches. Sin is about who we are, and our sins arise from how we act out of who we are. If we are ill by Sin, we will manifest those signs of our illness that call us to attend them. Failure to do so may bring on a far worsening condition. Sin's ultimate end is always death of the soul. This is not some quiet finality; rather, souls apart from God suffer the loss of God and this is the dreaded eternal death of Hell! Unless we take seriously our soul's condition, then the Divine Liturgy will fail in

it's purpose. What is that purpose? To be transformed from the human image into the likeness of Christ. Here is life, eternal life! The Divine Liturgy is the "work" that we do in order to undergo a transformation into life not by "imitating" Christ, but by being transformed into Christ. A soul that comes to the Divine Liturgy and does not receive the Eucharist because it is "unprepared" will never have the opportunity for recovery from Sin. It is absolutely imperative that you do come prepared to "receive", not "take", the Eucharistic gift for your renewal. If a doctor insisted you take a medicine at a particular time in order to get better, would you ignore it?

"Eastern Christians witness the exaltation and sanctification of creation, the majestic appearance of God who enters them, sanctifies them, divinizes them through the transfiguring light of God's heavenly grace. It is not only a matter of "receiving the sacraments," but of living habitually within a liturgical ambience that encompasses one in body and soul, transfiguring one's faith into a concrete vision of spiritual beauty and joy." (Beyond East and West, Robert F. Taft, 1997, p156-157)

What is the Divine Liturgy? It is our, the people's, common prayer that brings each of us into the mystery of Christ and "JOY"! Here "mystery" is not something you don't know - it is that kind of knowledge that enters each of us wordlessly and reveals to us what we can never imagine for ourselves. And if the Divine Liturgy is a prayer that you, like incense, offer up to God, then it will never happen if you remain a spectator attending the event of the Divine Liturgy without an attitude of genuine prayer. That "something more" demands your presence as a participant. God is relational and is worshipped in the relationship of love.

If you find yourself filled with questions about the Liturgy, speak with Fr. John. Your priest is there for you. But before you decide to seek changing the Divine Liturgy to accommodate the world, first explore the Divine Liturgy and discover how it accommodates you to Heaven, to Christ's eternal

Kingdom and make the Divine Liturgy your personal work of prayer. This means coming “prepared” to receive the gifts and this means the Body and Blood of Christ so essential for your renewal. Coming, attending, and enduring the Divine Liturgy is a waste of time! You might as well never take the prescription the doctor has prescribed for your wellness. It may be harsh, even

bold, but if you “attend” the Divine Liturgy without participating in it and receiving the divine gifts, then you really have never been in the Divine Liturgy. Give yourself over to it and work along with it, always remaining in prayer, ready to come before Christ, who is present at every Liturgy! And discover the Joy for which you came in the first place!

ESTATE PLANNING FOR YOU AND YOUR FAMILY.

An estate plan is not just for high-net-worth individuals, it’s for everyone who is single, has a spouse, has a partner, has dependents, owns a business, has investments, has retirement funds, owns property, or has material possessions of value such as a car. An estate plan may reduce estate taxes and shield your beneficiaries from having to go through probate. It means your last wishes will be heard. You can name a guardian for any young children and can even direct how you wish a beloved pet to be cared for after you are gone. Having an estate plan can also prevent a mess by bringing clarity to your beneficiaries, and it can protect assets from unforeseen creditors.¹

The estate plan² may contain a will or living trust, the names of your beneficiaries, the appointment of an executor, a letter of intent that tells a beneficiary or executor what you wish to be done with specific assets, funeral details, and special requests. It should contain a healthcare directive with a power of attorney appointing a trusted person to make medical decisions for you when you can no longer voice your opinion, and a durable power of attorney appointing a trusted friend or relative to make

financial and legal decisions for you, if you become incapacitated. It may also contain a trust or trusts for passing on assets to your beneficiaries. Life insurance can be an important component in the overall estate plan.

You should update your estate plan whenever a major change occurs in your life, such as purchasing a home, moving in with a significant other, getting married, having or adopting a baby, selling your business, getting a divorce, retiring, or having a beneficiary die before you do. Review your plan when federal and state laws on estate taxes change.

If you should die without a will (which is called “intestate”),³ the state and federal governments will have standard procedures for distributing your assets, and they may not be in line with your wishes. Your beneficiaries may have to pay more in estate taxes, and probate may take considerably longer than it would if you had a will in place.

Consult a professional financial advisor on tax and estate planning. Trusts can be complicated to set up, so consult a professional trusts and estates attorney or certified public account before you begin



This educational, third-party article is provided as a courtesy by Catherine Rabidis, Agent, New York Life Insurance Company. To learn more about the information or topics discussed, please contact Catherine Rabidis at (862) 254-0878 or crabidis@ft.newyorklife.com.

¹ Julie Garber, “Top 5 Reasons Why You Need an Estate Plan,” The Balance.com, June 18, 2018. <https://www.thebalance.com/top-reasons-why-you-need-an-estate-plan-3505444>

² Glenn Curtis, “6 Estate Planning Must-Haves,” Investopedia.com, April 18, 2018. https://www.investopedia.com/articles/pf/07/estate_plan_checklist.asp

³ Áine Cain, “What Happens If You Die Without a Will,” Business Insider.com, August 21, 2018. <https://www.businessinsider.com/what-happens-if-you-die-without-a-will-2018-8>





Jesus taught **Matters of Principle** – Universal Patterns – the UP factor: behind spring force. He was the Master of Masters with Word Art/the Way: versed in Figures of Speech – in’n as “manors/ the mansions” for addressing waves of wisdom: to **Personalize** – flat out - a way to weight variables as posse-abilities.

His dimension of thought in particular requires time (lots of thy me) before understanding kicks in – toward as real connection. Language utilizes Keys of Sound



stemming from the Songs – otherwise communicating is a bug borne boar – because of the way it stays in the gutteral realm where everything is: sewer “sure”. Namely, I’ll go along with that: Eye squalor follow.

What no one knows, except as a scent, is that AT is part of our seed and until we learn how to replace a line (or two or three), we’re at it’s mercy completely – unlesson of course, we follow The Guide: yes, very weary vary closely, more suitable than suet.

Some of us require much more time (by way of experience) than others before seeing the light of likeness – much less the lightness of joy in wonder as how exactly it *two arks – from mere to hear to therein a flash – of lyte/Light* for Life to succeed.

While on earth as a man, Jesus had a sense of touch that triggered divine intervention – even to woo way back then when the prevailing spirit was one of paralyzing helplessness far from the Star Of David – far from the wonder of poetic verse, and even farther from Hope that hopped to sublime intervention well within the flash of a moment.

I remember reading about Him after fasting in the wilderness (Luke 4) like we do during Lent - when the devil took a turn at bending His mind while most vulnerable. The lesson: **Just because I can, doesn’t mean I should: don’t tempt the Father - even if He’s Me.** He addressed humility at its highest power!

Then, in need, I got a taste of Her beauty: that of His truly pure all real immaculate Mother, and of

Her humility: to be willing to nurse and somehow nurture the likes of me - even for a moment.

This time She came along, it was with a springy spirit. I had been dead – asleep/ exhausted. Instead of fountains of endless tears in mourning, She was nursing a beautiful garden: with the help of Her daughters Joy, Patience, Love, Hope and Grace (a handful) – far from the maddening one where graduate students had gotten messed up as eating the indigestible (as ordered not to do – especially not yet until they’d understood the base of soil beneath their feet from which the tree had grown), tragically wasting their potential - on a whim or two: a very long sentence to serve.

I had become one of her daughters, barely beginning to grow – in the nursery still! She said to me in a loving way: *you are a really good sport.*

I had no idea what She meant, but it sounded like a compliment I really and truly didn’t deserve – by way of emphasis at least. I didn’t know what a sport was, except to play the game - and try to score more points than the other, whomever that may be.

And so She filled me in, eventually fulfilling. Sport is a mold related to yeast. All of them stand for Nothing. But there’s just thing about a sport that makes it stand out as - different. It has a little of this and a little of that: a plus and also a minus: an

X and also a Y. And therefore it suits a different mold known as the Pattern for Patterns (POP's – poppies of hope the dope), also known as Fatherland where everything has license to grow – even if out of slightest thin air (known as the NO of light heartedness, having finally made a decision), but especially well in virgin soil where nothing's been before – like in the reno of hope for the better, taking a chance on – anything better than this.

This puts a certain price on it's head: the Sport. Sports are priceless property because they cost so much. Everybody wants it – just one - but nobody gets it. Either you have it, or you don't: they last to grow - just One way - or Another. But they have The Mold: the mold for repetitions. Without a prayer, regular bloaks have no way whatsoever (in the work of the world, let's say at least) to succeed - but follow a mold and copy dope or hope along the yellow brick road – of faker's gold: a flake: real but barely there (if at all) where a pattern can connect when noticed as related to a sport – even distantly “died out/ dried” for many generations.

So now that you know, we can go searching enjoyment from mere. Enjoy all the beautiful gardens that stand for a lesson untold: that carry - a pattern - of - universal renown - that sticks - into - a virgin field – locked deep inside - your head and won't – quit – poking around. Until – NO, never – laughing gas takes hold, replacing the CO stinking darkness - with Lightness and glory forever. Just don't split up in tears or break back down to clefts in a rock that just keep going down - all around the fringes. OK? OK. You may go to the pot of remembrance – slowly - but not to the fake divide - where only chaos and fire keep embroiling the sports in molds, still searching for the perfect pattern for what/want: for the moment, sparks but cannot connect for want of a place – to GO.

One thing to learn and remember (It's all about Sports) – the way that they find the spark (in the I/ of the aye/ in the eye of their potential –

publicized: in a pit where memory's stored - deep in a wall in their heart.

There is only one way out: conduit. “I can do it if I try!” Heart carries on from there – with a waltz emanating - from scripts - by the Songs of Love. Their family name is “permanent-ized” to maintain a message that gets - into your blood and on the ends of your *personal* “earth” - your kingdom in disguise: a prototype of everything from the farthest out present to here in the present NOW.

Thank you for this space where I've had room to grow like ivy or a grapevine (same pattern) and God bless you – each and every One – a winner: all of you good sports. How do I know? Because each of you love Jesus – and each of you relate to Thee One special Mother: Her delicate feel for everyone She touches, even as having a ball. Never be afraid to shed a tear; it helps to answer the need of a sport that's just beginning to grow in Her garden – in the garden of Joy and Patience and Love and Hope and Grace and Effie the effort and Betty and Peppy and Jewelry Angel and Leeky and Lily and Dahlia and Tulip and-----Flow to follow as offering more that simply cannot end. Contribute – every One!

All of you, my brothers - of the souper spot: seek the high of sister team and keep the high, Esteem. Above all, don't be afraid to sweat it: works the same; cell same pattern/ other side.

Last meeting of the season is

Tuesday, June 18 - 11:30am – Red Hut

Maryann Brinkley (973-442-3011) and Betty Kelly (973-703-0377)

We have much to celebrate: we're Here - to watch the Works: core keepers, so to speak! To root' m ON – to Surmising More – perhaps. No fear of shadows; they're paired as carbon copies. Now we have NO – so light.

June – 2019 – Summer & Childhood Obesity – Have you noticed changes in your children?

Wow! June is here, schools will be out, and our children hopefully will be out more exercising, but also eating more as well. I've had a good year, with some medical issues, but overcame them and still trying to work on maintaining a healthy lifestyle throughout the summer. In my current part-time work, I have also been working with a child who is obese and has developed medical issues because of her obesity. A recall a recent article I wrote with relevant information from the **American Heart Association** and decided to update it and post it for our parishioners as awareness for this summer.

Now there is a subject we need to think about as we prepare our children for the summer break! With the summer upon us, soccer, track, bicycling, camp, etc., we ought to think about preventing our children from becoming overweight or obese by involving them in the many outdoor activities available, but also encourage healthy eating habits. All that delicious Greek food is great and tasty, certainly better than fast food, but are we encouraging our children to overeat?

We think about our children not getting involved with drugs and alcohol, but did we ever stop and think that their weight is also something we should consider? We need to help our children identify healthier food choices which will help them make healthier decisions for long term health. Our Greek culture with our many healthy ethnic dishes (mmm—that Cretan Olive Oil) has an impact on choosing good preferences. It is not always easy for our children to resist snacks and sodas and fast food as it is all around them.

Here are some facts from experts at the **American Heart Association**:

“Childhood Obesity – A Serious Problem

Today about 25 million kids (ages 2-19) in the United States are overweight or at risk of becoming overweight. That's nearly one of every three kids. Overweight kids are more likely to become overweight adults.

Some experts believe that if obesity among kids continues to increase at this rate, our current generation could become the FIRST in American history to live shorter lives than their parents.



Reasons for the Crisis

At many schools kids can have soda, candy and fast food for lunch. They also have fewer opportunities to exercise and play. At home, kids are spending more inactive time in front of a TV, play station or computer. When kids eat out they are surrounded by foods and drink that taste good, but are often unhealthy. Portion sizes are also continuing to increase. Fast food is no longer a treat but a regular meal for many kids. The result is an increase in serious health problems earlier in life. High cholesterol, high blood pressure, stroke, type 2 diabetes and depression are now a part of more and more kids' lives.”

Making Better Choices at Fast Food Restaurants

There are times when most of us are going to eat fast food because it's quick and easy, (especially when the kids are home from school in the summer!) That's why, when you do eat fast food, it's so important to make the best choices you can. Here are some tips you can use when your kids order. These small changes will help cut down on calories, fat, salt and sugar:

- **Go light on the sauce:** There are lots of hidden calories in mayo, sour cream, salad dressing and other sauces. Go easy or nix them all together.
- **Choose the chicken:** When in doubt, order a grilled, baked or broiled chicken—not fried or breaded.
- **Veg out on the sandwich:** Ask for tomato, lettuce, onion, or other veggies on your sandwich.
- **Swap out the fries and onion rings:** Order a side salad or baked potato. Large fries can be at least 500 calories a serving!
- **Pass on the soda:** Opt for water, juice, or fat-free and low-fat milk instead of high-fat shakes and sugary soda.
- **Opt for regular sizes:** It may seem like a good “value” but there are lots of extra calories and fats in those extra-large. Go for the regular size.
- **Go for whole-wheat:** Whole-wheat buns should have more fiber than regular white bread. Some restaurants offer wheat buns as an alternative—all you have to do is ask.
- **Thin crust it:** Go for a thin-crust pizza with veggies instead of a thick-crust with meats and extra cheese.
- **Treat yourself:** Go for low fat frozen yogurt, (the Greek yogurt is delicious) fruit popsicles, sorbets, and sherbets rather than ice cream or cookies. Sprinkles are also better than caramel or chocolate sauces.

• **Skip the sides:** *Eating a burger or sandwich by itself is often filling enough. If you do want a side, consider ordering a fruit cup or side salad. Most fast food restaurants now offer them.*

• **Avoid double meat and bacon:** *A serving size of meat is 2-3 ounces — about the size of a deck of cards. You're probably getting well over that with a single meat patty. Bacon is also high in calories and fat."*

What to do at home with those picky eaters? They love junk food!

It is really common for kids to be picky about what they eat and to turn their nose up at healthy foods. I chose these top 10 tips would help even the pickiest eater enjoy healthy mealtimes.

1. **Get them excited about healthy food:** Let them smell, touch, taste, ask questions and try fruits, veggies, yogurts and other healthy foods in the kitchen. Ask them what they think of the foods and let them know their opinions count.

2. **Get them involved in the kitchen:** Let them help you with small, kid-safe jobs in the kitchen such as mixing ingredients. Be sure to thank them for their help.

3. **Give them a say in what they eat:** Help your kids make the right food and drink choices from an early age. If they have a say in decisions they will be more excited about what they eat. It's a great way to get them to take charge of their health.

4. **Take them grocery shopping with you:** Get your kids involved in shopping decisions. It may take a little more time in the supermarket but it is likely to lead to fewer tantrums at meals.

5. **Keep the junk food out of the house;** your kids can't eat unhealthy snacks if you don't buy them. Kids will moan at first but soon they will get hungry and reach for the apple instead of the chips.

6. **Add healthy food when you can:** Find ways to add healthy foods into foods your child already likes. You can put blueberries in pancakes, chopped fruit on cereal, or small pieces of broccoli in macaroni and cheese.

7. **Help them learn:** Encourage your kids to draw or doodle pictures of healthy foods or write a poem. Post on the fridge and make sure they know you are proud.

8. **Sit together:** Try to set aside your meals as family time. Turn off the TV and enjoy eating together.

9. **Keep healthy snacks on hand:** Bring healthy snacks when you pick them up from camp, GOYA, after sports practice, and at other times when you know their stomachs will be grumbling.

10. **Make healthy food and meals fun:** Try cutting up food into fun shapes or making faces out of fruit and vegetables. Putting healthy snacks such as oatmeal cookies or dried fruit into a fun bag can turn healthy foods into a cool snack for your child."

Make those Greek Koulourakia with Rachel Ray's low fat recipes. Let's eat, of course, but let's make better choices together!

I will be visiting family out of state and then onto Greece this summer so eating out will be something I will be doing a lot and enjoying the Greek sun in Karpathos, Rhodes, and Crete! Whatever I do, I will try to fit in some exercise outdoors with swimming, walking, and less eating!

This month's **Table Prayer Guide** is from **The Church of the Home – "Making God Real in the Orthodox Christian Home"** by Rev. Fr. Anthony M. Coniaris

The most influential school in the world is not Oxford or Harvard or the Sorbonne or Yale or Cambridge. It is the home. The question is not, "Is there a school under your roof?" The real question is, "How good is the school under your roof?" What are you teaching? If the one hour a week spent in Church and Church School is to be effective, it must be supplemented in the greatest of all schools, the home, by dedicated Christian parents who, by family discussions, family prayer, a special family evening, family Bible reading, family devotions at the supper table, will give their children the greatest gift possible: the knowledge of the One, True God Christ Jesus Who will walk with them through life, strengthen them, heal them, guide them, and give meaning to their life, grant the peace of God and lead them ultimately to life eternal."

With my husband Mike and son Nicholas, we wish you all a blessed summer with health, spirituality, and love. Till we meet again in September!

Oh yes, I almost forgot –

HAVE FUN AT OUR BIG GREEK FESTIVAL JUNE 7 – 9!

(Yes, all food is homemade – ha ha ha – splurge only here!)

Feel free to e-mail me with your comments and suggestions for our "Parents' Corner" at: alexandraproto@gmail.com - Have a good month! Alexandra Protopapas Med | Certified Teacher of the Handicapped & Social Sciences | Teacher at Educational Services Commission of Morris County, Parsippany Schools, Morris & Essex County, St. Elizabeth's Academy in Convent Station, & Arrow Academy School in Whippany. | (Information, Teaching, Tutoring, Counseling, Homebound Instruction)

DAUGHTERS OF PENELOPE ALEXANDER #250

Our chapter had a wonderful year in every way possible. We were able to grow our chapter by initiating 5 new members, who in just a short time have become vital members in our Sisterhood. Financially, we had a very successful year through our fundraiser, a raffle for a \$2,000.00 travel voucher which netted our chapter a \$4,000.00 net profit. This allowed us to donate \$500 to Family Reach, our District Project and \$1,500 to our beloved St. Andrew to make some much needed repairs to the church, as well as to meet our National and District obligations with some additional healthy donations.

We organized two AHEPA Family Bowling nights (Oct 12th and March 8th) which were an astounding success, with over 50 attendees in March. We also took a trip to the Four Sisters Winery in Belvidere where we enjoyed a full wine tasting and a Murder Mystery dinner which was another sellout with 45 people in attendance. Just last night, May 4th, we held our first "Chick Flick and Pizza Night" for a fun night out. Our elections for the coming year will be held on May 30th at our dinner meeting at Casa de Pasta.

We continue to serve others via the 3 times a year we host, prepare and serve the under privileged guests at the

Faith Soup Kitchen in Dover, NJ. Additionally, we host and serve our monthly coffee hour at Saint Andrew as well as volunteering at the annual Greek Festival for days. Our chapter, Alexander #250 is in the planning phase of organizing a community wide meal packing event, through "Rise Up Against Hunger" which will enable us to prepare 10,142 meals for those in need.

I cannot begin to express how blessed I feel to be part of this chapter and to continue the good works of our Sisters who came before us. Although I live quite a distance from our home base in Randolph, I have been truly supported by each and every sister who has only added to the success our chapter has achieved and the love we feel for each other. We have truly found a way to serve others and put them first while being mindful to strike and maintain a harmonious balance.

Respectfully Submitted,

Eleni Boyadjis, *Chapter President of Daughters of Penelope Alexander #250*



SACRAMENTS

NICHOLAS ALEXANDER CORONA, son of Oxmani and Katerina (Rotsides) Corona of Dover NJ was baptized on May 4th, 2019 and given the name **NICHOLAS - ΝΙΚΟΛΑΟΣ**. Godfather was Demetrios N. Rotsides.

CHRISTOPHER ANTHONY PAPAMARKOS, son of Paul (Panagiotis) and Anna (Kitsos) Papamarkos was baptized on May 11th, 2019 and given the name **CHRISTOPHER- ΧΡΙΣΤΟΦΟΡΟΣ**. Godparents were Ioannis Godevas and Eleni Kitsos.

DONATIONS IN MEMORY OF

+Sotiria Catacalos

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Zachary & Phyllis Demopoulos

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Thomas & Angela
Papayianis

+Vicki Flaris Rapp

Chris & Joanna Haritos
Thomas & Angela Papayianis

+Margaret Schott

Jeffrey & Maria Yoanides

SAINT ANDREW COMMUNITY PARTNERS “DIAMOND PARTICIPANTS”

Contact the church office if you would like information on becoming a Community Partner.
There are various levels and opportunities that you and your business can participate in



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MEMORIAL GIFT

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Please remember the Late † _____ in the prayers of the Divine Liturgy.
Kindly accept the memorial gift as a token of Love and Respect in his/her memory.

The deceased was the beloved _____ (husband, wife, father, mother, other) of bereaved*
Please ACKNOWLEDGE my/our gift to a member of the family.

NAME & ADDRESS OF BEREAVED* _____

NAME & ADDRESS OF DONOR(S) _____

MEMORIAL GIFTS PAYABLE TO ST. ANDREW ARE TAX DEDUCTIBLE AND WILL BE USED TO SUPPORT THE MINISTRIES OF THE CHURCH

SAINT ANDREW CALENDAR

WEEKLY SCHEDULE

PILLOW MINISTRY TBA weekly Bulletin

KNITTING GROUP Wednesdays @10am -2pm

SUMMER PLAY GROUP Thursdays TBA weekly Bulletin

5/30 HELLENIC AFTERNOON SCHOOL GRADUATION PROGRAM

5/30, 5/31, 6/1: DATES FOR YOUR **FAMILY PICTURE** WITH LIFETOUCH FOR UPCOMING SAINT ANDREW **DIRECTORY**

5/30 @7:30PM STEWARDSHIP MEETING

COFFEE HOUR HOSTS JUNE: 6/2 PTA, 6/9 NO COFFEE HR
6/16 PHILOPTOCHOS, 6/23 DOP, 6/30 BAKALIKO

6/1 *WEDDING GIZAS & LANGONE*

6/2 SUNDAY SCHOOL MOVIE

6/2 RE-PRESENTATION OF AWARDS TO ST. ANDREW HONOREES RECEIVED ON MAY13TH

6/2 @2PM *WEDDING DODD & PALESTIS*

JUNE 7-8-9- Festival

6/13 @6:30pm GOYA Board Election & Senior Send-Off

6/15 **Saturday of Souls** Fr. John visits the Locust Hill Cemetery to pray for our +Loved ones after service

6/15 JOY Activity

6/15 @1pm *Baptism*

6/16 Father's Day

6/16 @12:30pm *Meadows Chrismation*

6/17 @7:30pm General Assembly

6/16 SUNDAY SCHOOL MOVIE

6/18 @11:30PM AGAPE LUNCHEON AT RED HUT

6/18 Philoptochos EOY Dinner @6pm *Forte's*

6/22 Faith Kitchen – Parish Council chairs

6/22 Philoptochos trip to Longwood Gardens in Kennett Square, PA.

6/22 Cub Scouts Fishing at Pequest Fish and Wildlife Management Area Oxford, NJ

6/24-28 Camp Saint Andrew 9am-12pm

6/30 @12:30 **BMW Car Raffle drawing**

COFFEE HOUR HOSTS JULY & AUGUST SUMMER SCHEDULE
Summer Coffee Hour: It is our summer tradition that all coffee hour trays will benefit our Ministries. We all share the responsibility of bringing food. Please bring a cake, cookies, fruit, etc. to church with you from time to time to add to our coffee hour table. Or, arrange to host a COFFEE HOUR by contacting the church office. If we do not have someone host and/or sponsor the coffee hour, we will not be able have one on that particular Sunday. Thanking-you in advance for your participation this summer.

8/10 @10AM *BAPTISM*

8/12 & 13 @7:30pm Pre-Marriage Counseling

8/25 @2:30PM *WEDDING*

8/26 @7:30PM PARISH COUNCIL MEETING 4th Thursday

8/27 @7PM PHILOPTOCHOS MEETING

COFFEE HOUR HOSTS SEPTEMBER: 9/2 PHILOPTOCHOS
9/8 PTA, 9/15 AT ASBURY PARK, 9/22 DOP, 9/29 GOYA

9/2 LABOR DAY

9/6 & 9/7 @9am-4pm Rummage Sale

9/8 @11:15am AGIASMOS for Sunday school & all educators (*Religious, Greek, Public schools*)

9/8 1st Day of Sunday School after Holy Communion

9/12 @4:30pm Agiasmos for Hellenic Afternoon School followed by 1st day of classes

9 /15 Services will be held at Asbury Park
No Service at St. Andrew (**to be confirmed**)

9/17 @11:30am **Agape** Luncheon 3rd Tuesday

9/19 @6:30PM 1st Day of Greek Dance Jr & GOYA

9/23 @7:30pm Parish Council Meeting 4th Monday

9/24 @7pm **Philoptochos** Meeting 4th Tuesday

9/26 @6:30pm **GOYA** Meeting 4th Thursday

9/28 @1PM *WEDDING*

9/29 @1:30PM *BAPTISM*

Reservations for: St. Andrew Community Center Gym, Social Hall or Classrooms must be made with Church Office.



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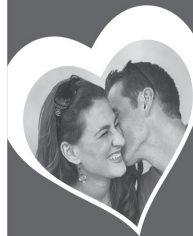
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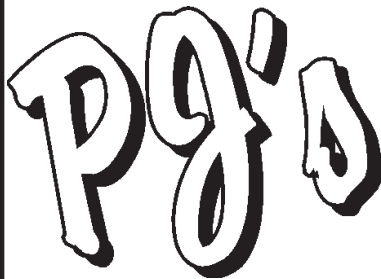
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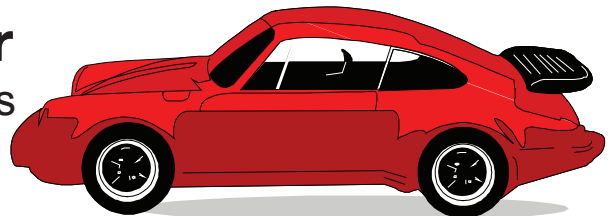


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Chris Neroutsos, *Chanter*

HELLENIC AFTERNOON SCHOOL EDUCATION COMMITTEE

Fr. John Theodosion, Athena Borzeka, Maria Galvin,

Salomi Massaras salomi@optonline.net

HELLENIC AFTERNOON SCHOOL TEACHERS

Amalia Armenakis, Haroula Christodoulou, Vasilia Christodoulou, Maria Kiritsis, Effie Kritharis, Yiota Louca, Salomi Massaras, Maria Pallis, Stacey Papanikolaw, Eleni Zeris

MINISTRIES & ORGANIZATIONS

Ladies Philoptochos Society: Petra Knox, *President*

Coffee Hour *need facilitator*

Agape Group: Maryann Brinkley & Betty Kelly *co-chairs*

AHEPA: TJ Borzeka, *President*

Daughters of Penelope: Eleni Boyadjis, *President*

PTA: Maria Pallis, *President*

Little Angels Playgroup (LAP): Maria Pallis

HOPE & JOY: Harriet Karkanias, Lynn Axiotes

GOYA

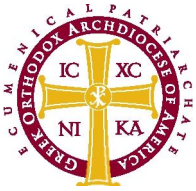
Constantine Sedereas, *GOYA President*

Polymnia Crysler, Yiota Louca, Peter Sedereas, Marina Venizelos, *GOYA Advisors*

Hellenic Dance

GOYA Tanya De Boer, *Instructor* & George Clapsis, *Assistant Instructor*

Jr & Sr Groups Angelo Gergatsoulis, *Instructor*



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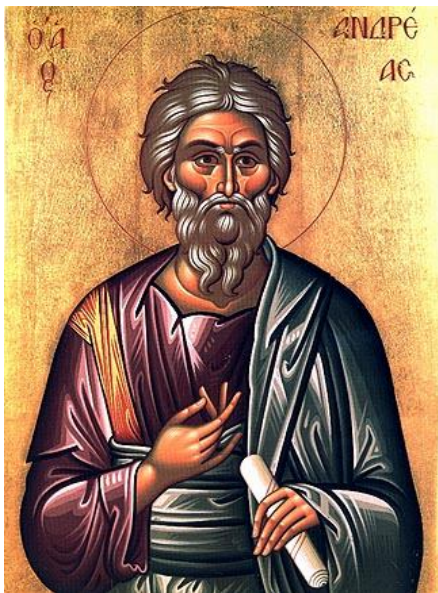
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Feast of Pentecost - Sunday, June 16

The Feast of Holy Pentecost is celebrated each year on the fiftieth day after the Great and Holy Feast of Pascha (Easter) and ten days after the Feast of the Ascension of Christ. The Feast is always celebrated on a Sunday. **The Feast commemorates the descent of the Holy Spirit upon the Apostles on the day of Pentecost**, a feast of the Jewish tradition. It also celebrates the establishment of the Church through the preaching of the Apostles and the baptism of the thousands who on that day believed in the Gospel message of salvation through Jesus Christ. The Feast is also seen as the culmination of the revelation of the Holy Trinity.

HYMN OF THE APOSTLE ST. ANDREW

As first of the Apostles to receive the call,
and very brother of the prince of them,
intercede O Andrew,
with the Master of all of us,
peace to all the world to grant,
and to our souls His great mercy.

ΑΠΟΛΥΤΙΚΙΟ ΤΟΥ ΑΠΟΣΤΟΛΟΥ ΑΝΔΡΕΟΥ

Ως των Αποστόλων πρωτόκλητος,
και του κορυφαίου αυτάδελφος,
τον Δεσπότην των όλων Ανδρέα ικέτευε,
ειρήνην τη οικουμένη δωρήσασθαι,
και ταις ψυχαίς ημών το μέγα έλεο

The Saint Andrew Vision Statement

Our Greek Orthodox Community of Morris County is a welcoming place where the family of Saint Andrew is committed to God, Orthodox worship, Christian education, philanthropy, and Hellenic culture, for the benefit of those whose lives we touch.