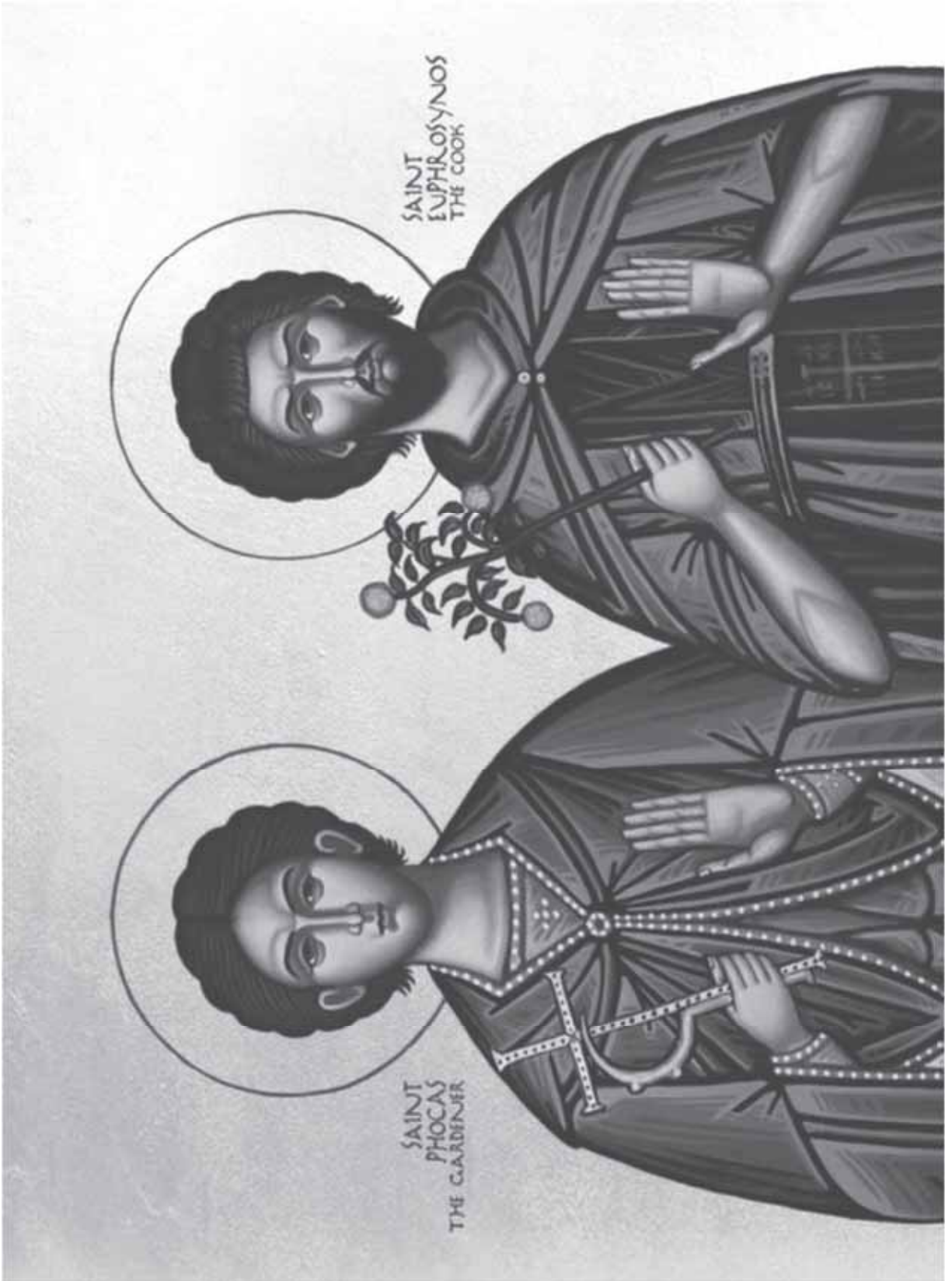


NOVEMBER 2017



Saint Andrew Family News

A MONTHLY PUBLICATION OF SAINT ANDREW GREEK ORTHODOX COMMUNITY OF MORRIS COUNTY

ICON: SAINT EUPHROSYNOS THE COOK AND SAINT PHOCAS THE GARDENER

SAINT ANDREW DAY – NOVEMBER 30TH

Saint Andrew Family News

A MONTHLY PUBLICATION OF SAINT ANDREW GREEK ORTHODOX COMMUNITY OF MORRIS COUNTY

On Sundays we celebrate

Orthros @ 8:45 AM & Divine Liturgy @ 10:00 AM

For other services please check our website or call the office

OFFICE HOURS

Mon – Fri 10am-4pm

☎: 973-584-0388

Fax: 973-584-3573

E-mail info@standrewgonj.org Web site <http://www.standrewgonj.org>

NJ Metropolis Web: www.njgoarch.org G.O. Archdioceses Web: www.goarch.org

Father John Theodosion, *Editor in Chief*

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The Saint Andrew Family News is published monthly except in July and August and is distributed free of charge to all members. Submissions for the magazine are accepted **only as electronic files, (via e-mail attachment)**. Pending availability of space and permission from Editor-in-chief, your submission will be in the next month's issue.

Please submit your articles and information on time to

Vasiliki (Bessie) Petrakos info@standrewgonj.org

Deadline for the DECEMBER 2017 ISSUE is November 13th

DIVINE SERVICES

NOVEMBER

Sunday	5	5th Sunday of Luke
Wednesday	8	SYNAXIS OF THE ARCHANGELS
Thursday	9	+ST. NEKTARIOS
Sunday	12	8th Sunday of Luke
Monday	13	+ST. JOHN CHRYSOSTOM, ARCHBISHOP OF CONSTANTINOPLE (<i>location TBD</i>)
Tuesday	14	+ST. PHILIP THE APOSTLE
Thursday	16	+MATTHEW THE APOSTLE & EVANGELIST
Sunday	19	9th Sunday of Luke
Tuesday	21	THE PRESENTATION OF THE THEOTOKOS INTO THE TEMPLE
Wednesday	22	THANKSGIVING DAY SERVICE +ORTHROS & Divine Liturgy @6pm
Saturday	25	+ST. KATHERINE THE GREAT MARTYR
SUNDAY	26	13TH SUNDAY OF LUKE
WEDNESDAY	29	GREAT VESPERS SERVICE FOR ST. ANDREW @7PM
THURSDAY	30	+ST. ANDREW THE FIRST CALLED APOSTLE * Orthros & Divine Liturgy @ 9 AM

DECEMBER

Sunday	3	14th Sunday of Luke
Monday	4	+ST. BARBARA THE GREAT MARTYR *
Wednesday	6	+ST. NICHOLAS ARCHBISHOP OF MYRA
Saturday	9	THE CONCEPTION OF +ST. ANNA
Sunday	10	10th Sunday of Luke
Tuesday	12	+ST. SPYRIDON THE WONDERWORKER OF TRYMITHOUS
Friday	15	+ST. ELEUTHERIOS THE HOLY MARTYR
Sunday	17	11th Sunday of Luke
Friday	22	+ST. ANASTASIA THE GREAT MARTYR
Sunday	24	Sunday before the Nativity Orthros, Divine Liturgy of St. John Chrysostom +ST. EUGENIA
Sunday	24	The Nativity of Our Lord and Savior, Jesus Christ Time TBD in pm
Wednesday	27	+ST. STEPHEN, ARCHDEACON & FIRST MARTYR
Sunday	31	SUNDAY BEFORE EPIPHANY
Sunday	31	CIRCUMCISION OF OUR LORD & COMMEMORATION ST. BASIL Time TBD in pm

Sundays: Orthros begins @ 8:45AM & Divine Liturgy @ 10AM

Weekdays: Orthros begins @ 8AM & Divine Liturgy @ 9:15AM

*(We have this saint's Relics at our Saint Andrew Reliquary)**

Ι Ε Ρ Ε Σ Α Κ Ο Λ Ο Υ Θ Ι Ε Σ

Ν Ο Ε Μ Β Ρ Ι Ο Σ

Κυριακή	5	Ε΄ Λουκά
Τετάρτη	8	Η ΣΥΝΑΞΙΣ ΤΩΝ ΑΡΧΙΣΤΡΑΤΗΓΩΝ ΜΙΧΑΗΛ ΚΑΙ ΓΑΒΡΙΗΛ
Πέμπτη	9	+ΝΕΚΤΑΡΙΟΥ ΕΠΙΣΚΟΠΟΥ ΠΕΝΤΑΠΟΛΕΩΣ ΤΟΥ ΘΑΥΜΑΤΟΥΡΓΟΥ
Κυριακή	12	Η΄ Λουκά
Δευτέρα	13	ΙΩΑΝΝΟΥ ΤΟΥ ΧΡΥΣΟΣΤΟΜΟΥ, ΑΠ. ΚΩΝΣΤΑΝΤΙΝΟΥΠΟΛΕΩΣ <i>(θα ανακοινωθεί)</i>
Τρίτη	14	ΦΙΛΙΠΠΟΥ ΤΟΥ ΑΠΟΣΤΟΛΟΥ
Πέμπτη	16	ΆΠΟΣΤΟΛΟΣ ΚΑΙ ΕΥΑΓΓΕΛΙΣΤΗΣ ΜΑΤΘΑΪΟΣ
Κυριακή	19	Θ΄ Λουκά
Τρίτη	21	ΤΑ ΕΙΣΟΔΙΑ ΤΗΣ ΘΕΟΤΟΚΟΥ
Τετάρτη	22	ΚΑΤΑ ΤΗΝ ΗΜΕΡΑΝ ΤΩΝ ΕΥΧΑΡΙΣΤΙΩΝ Όρθρος & Θεία Λειτουργία - <u>ώρα</u> 6πμ
Σαββάτο	26	ΑΓΙΑΣ ΑΙΚΑΤΕΡΙΝΗΣ ΜΕΓΑΛΟΜΑΡΤΥΡΟΣ
ΚΥΡΙΑΚΗ	27	ΙΓ΄ Λουκά
ΤΕΤΑΡΤΗ	29	ΜΕΓΑΣ ΕΣΠΕΡΙΝΟΣ ΤΟΥ ΑΓΙΟΥ ΑΝΔΡΕΟΥ
ΠΕΜΠΤΗ	30	ΑΝΔΡΕΟΥ ΑΠΟΣΤΟΛΟΥ ΤΟΥ ΠΡΩΤΟΚΛΗΤΟΥ Όρθρος & Θεία Λειτουργία - <u>ώρα</u> 9π

Δ Ε Κ Ε Μ Β Ρ Ι Ο Σ

Κυριακή	3	ΙΔ΄ Λουκά
Δευτέρα	4	+ΒΑΡΒΑΡΑΣ ΜΕΓΑΛΟΜΑΡΤΥΡΟΣ
Τετάρτη	6	+ΝΙΚΟΛΑΟΥ ΕΠΙΣΚΟΠΟΥ ΜΥΡΩΝ ΤΗΣ ΛΥΚΙΑΣ ΤΟΥ ΘΑΥΜΑΤΟΥΡΓΟΥ
Σαββάτο	9	Η ΣΥΛΛΗΨΗΣ ΤΗΣ +ΑΓΙΑΣ ΘΕΟΠΡΟΜΗΤΟΡΟΣ ΆΝΝΗΣ
Κυριακή	10	Ι΄ Λουκά
Τρίτη	12	+ΣΠΥΡΙΔΩΝΟΣ ΕΠΙΣΚΟΠΟΥ ΤΡΙΜΥΘΟΥΝΤΟΣ ΤΟΥ ΘΑΥΜΑΤΟΥΡΓΟΥ
Παρασκευή	15	+ΕΛΕΥΘΕΡΙΟΥ ΙΕΡΟΜΑΡΤΥΡΟΣ
Κυριακή	17	ΙΑ΄ Λουκά
Παρασκευή	22	+ΑΝΑΣΤΑΣΙΑΣ ΜΕΓΑΛΟΜΑΡΤΥΡΟΣ ΤΗΣ ΦΑΡΜΑΚΕΥΤΡΙΑΣ
Κυριακή	24	Κυριακή πρό τῆς Χριστοῦ Γεννήσεως Όρθρος, Θεία Λειτουργία Χρυσοστόμου +ΑΓΙΑΣ ΕΥΓΕΝΙΑΣ
Κυριακή	24	Μέγας Εσπερινός, Όρθρος, Θεία Λειτουργία Αγίου Βασιλείου <u>ώρα</u> θα ανακηνηθεί
Τετάρτη	27	+ΣΤΕΦΑΝΟΥ ΠΡΩΤΟΜΑΡΤΥΡΟΣ ΚΑΙ ΑΡΧΙΔΙΑΚΟΝΟΥ
Κυριακή	31	Κυριακή προ των Φώτων
Κυριακή	31	Η κατά σάρκα περιτομή του Χριστού, Βασιλείου αρχιεπισκόπου Καισαρείας <u>ώρα</u> ανακηνηθεί

Την **Κυριακή** – Όρθρος - ώρα 8.45πμ & Θεία Λειτουργία - ώρα 10πμ
Τις **καθημερινές** – Όρθρος - ώρα 8πμ & Θεία Λειτουργία - ώρα 9.15πμ
(Έχουμε τα Λείψανα του Αγίου στην Λειψανοθήκη της εκκλησία μας)*

*"Whatever you do, work at it with **all your heart**, as working for the Lord, not for men...."*

Colossians 3:23

ORTHODOX CHRISTIAN STEWARDSHIP PROGRAM

Dear St. Andrew Parishioner,

A traditional American proverb says that, "God makes this request of his children: Do the best you can, where you are, with what you have, now." The story of Jesus Christ feeding the 5,000 illustrates this through the boy's offering of all that he had – five loaves and two fish. This boy did his best with what he had, and Jesus used it to perform an incredible miracle. Just like the boy who offered the loaves and the fish, if we offer what we have – however great or small our gift – God will receive our gifts and multiply them to feed His people.

This past year, God has multiplied the offerings of our members, and with His help we have continued the growth of our ministry programs. The many Liturgical services and meetings that take place at Saint Andrew are only the tip of the iceberg of what goes on here. We held a very successful fundraiser for the IOCC (International Orthodox Christian Charities), we have the ongoing Pillow and Blanket ministries which meet at church weekly. Our youth programs are amongst the strongest of the Greek Orthodox parishes in the Northern New Jersey area and these include the JOY, GOYA, Sunday School, and OCF. We have worked on and shortly will be receiving our own 501c3 from the IRS. This will enable us to receive matching grants and qualify us to raise money without overtaxing and burdening our parishioners. We are pleased to say that our Hellenic Afternoon School has grown from last year to this and our

PTA has planned many activities that so many enjoy and benefit from. I will also mention that the philanthropic work of the Philoptochos continues to grow and touch so many lives that are in need. We are very excited about all of the good work and beautiful progress our parish has made and there is still so much more work to be done, but only with your help. Your support of the various ministries of Saint Andrew is essential to continuing the growth of good work that takes place here.

So, I invite you to be with us here at Saint Andrew Church for these special Sundays beginning on **October 29th and concluding on November 19th**. Over these few weeks we will worship together as we do each Sunday. In addition, we will learn more about our parish, our leadership and our ministries.

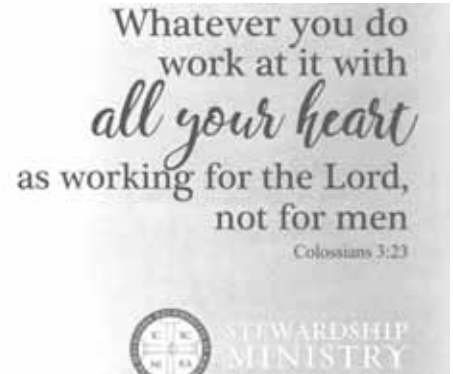
During this time, we encourage you to visit/meet with all of our parish/ministry leaders to learn more about the current vision of our community and see how you can more fully participate in realizing this vision. St. Paul says, we are to give, "...as God has prospered *us*" (I Cor. 16:2). He teaches us clearly, "He who sows bountifully will also reap bountifully." I offer my sincere thanks to God for His Love and kindness as He has blessed our church and to you for your dedication to our parish of Saint Andrew and your participation in Christ's work of salvation

In the service of the Lord,
Rev. Fr. John Theodosion

Frequently Asked Questions:

How do I become a member of the parish?

Membership in the Orthodox Church begins at baptism (Chrismation for some) and continues throughout our life. We are united with Christ through the sacraments, or mysteries, of the Church and through our faithful offering of our entire selves to Jesus Christ.



Our Archdiocese requires each parish to distinguish between voting members and non-voting members. A voting member is over 18 years of age and turns in a signed stewardship commitment card, committing a portion of time, talent and treasure to the Church. The Archdiocese also requires the voting member to remain current through the year on their commitments. Keep in mind that true membership in the Body of Christ involves living according to His word and within His Church.

Why must I commit to give a specific amount?

Please keep in mind that your stewardship of money is kept in the strictest of confidence. However, we do compile the amounts anticipated to better plan our budget.

What if I cannot fulfill my stewardship commitment?

During the course of a year, people's circumstances change. Your offering is valued because it is made out of your love for God and His Church. Please do not be concerned if you are unable to meet your stewardship pledge – we are glad you are a part of this parish.

Christian Stewardship Is...

...learning how to be a responsible and concerned caretaker of Christ's Church; it is learning how to enjoy Church life and be happy in Church work, for in Her dwells the fullness of the Spirit of God.

...our active commitment to use all our time, talent and treasure for the benefit of humankind in grateful acknowledgment of Christ's redeeming love.

...caring for the needs of others.

...offering one's self to God as He offered Himself to us.

...what a person does after saying "I believe...", as proof of that belief.

...devotion and service to God and His Church as persons, as families, as parish, as diocese/metropolis, as national Church and as Church universal.

From Oriented Leadership by Williams & McKibben

THE SAINT ANDREW VISION STATEMENT

Our Greek Orthodox Community of Morris County is a welcoming place where the family of Saint Andrew Church is committed to God: •ORTHODOX WORSHIP •CHRISTIAN EDUCATION •PHILANTHROPY and •HELLENIC CULTURE for the benefit of those whose lives we touch.



In the October 2017 Issue of the SAINT ANDREW FAMILY NEWS we ran in the article “WHERE ARE YOU ORIENTED” in English. We are happy to be able to offer it to you in Greek below. (Adaptation by: Maria Kiritsis, HAS Teacher)

ΠΟΥ ΠΡΟΣΑΝΑΤΟΛΙΖΕΣΤΕ;

Του Πατέρα Ιωάννη Θεοδοσίου

Ο προσανατολισμός είναι σε όλα σημαντικός. Τις προάλλες οδηγούσα μπροστά από ένα σπίτι στο οποίο πρόσφατα είχαν τοποθετηθεί συλλέκτες ηλιακής ενέργειας. Αναρωτήθηκα «Γιατί οι συλλέκτες βρίσκονται στο μπροστινό μέρος του σπιτιού αντί για το πίσω; Στο πίσω μέρος του σπιτιού δεν θα φαίνονταν ούτε θα χαλούσαν την εμφάνιση του σπιτιού». Τότε, ξαφνικά σκέφτηκα ότι ο προσανατολισμός των ηλιακών συλλεκτών ήταν πολύ σημαντικός. Οι ηλιακοί συλλέκτες πρέπει να είναι στραμμένοι προς τον ήλιο για να έχουν τη μέγιστη απόδοση. Επειδή είναι «ηλιακοί», αυτό σημαίνει ότι αν τοποθετηθούν με την πρόσοψη να μην κοιτάει προς τον ήλιο, δεν θα μπορούν να παράγουν αρκετό ηλεκτρικό ρεύμα και έτσι μειώνεται η απόδοσή τους.

Αυτό μου φέρνει μία σκέψη που κάνω για εμάς τους Χριστιανούς. Αν έχετε πάει ποτέ σε βάπτισμα στην Ορθόδοξη Εκκλησία, πιθανόν να θυμάστε ότι ο ιερέας σε κάποιο σημείο της λειτουργίας, βάζει το νονό ή τη νονά και το μωρό να γυρίσουν με την πλάτη τους προς το ιερό. Σε αυτό το σημείο, εκ μέρους του μωρού, ζητά από τον ανάδοχο, να αποταχθεί τον σατανά. Ο ιερέας το κάνει αυτό γιατί έτσι ο ανάδοχος και το παιδί γυρίζουν την πλάτη και απορρίπτουν τον Σατανά και τη διδασκαλία του και οποιαδήποτε μορφή κακού. Με άλλα λόγια, είναι απόρριψη του αποπροσανατολισμού του διαβόλου. Έπειτα, στρέφονται προς το Ιερό και προς τον Χριστό και δέχονται τη διδασκαλία του Χριστού και της Εκκλησίας που συνοψίζονται στο Σύμβολο της Πίστεως. Το παιδί την ημέρα της βάπτισής του κατευθύνεται / προσανατολίζεται προς τον Χριστό

και προς την Εκκλησία Του και τοποθετείται στο δρόμο προς τη σωτηρία.

Καθώς το παιδί μεγαλώνει και ωριμάζει, οι γονείς και οι νονοί πρέπει να εξασφαλίσουν ότι το παιδί καθώς θα περιπλανάται, θα επαναφέρεται και θα επαναπροσανατολίζεται στο δρόμο του Θεού και της Εκκλησίας Του, στο δρόμο προς τη σωτηρία. Το βλέπουμε συνεχώς καθώς είμαστε μάρτυρες ζών που έχουν χάσει και ξαναβρεί τον προσανατολισμό τους. Καμία φορά η επαναφορά είναι συνειδητή απόφαση και μερικές φορές είναι ασυναίσθητη. Παρ' όλα αυτά συμβαίνει. Βρίσκουμε διάφορους λόγους γιατί η πίστη μας στον Θεό και η ενασχόλησή μας με την Εκκλησία πρέπει να έχουν δεύτερη θέση σε στιδήποτε συμβαίνει στη ζωή μας. Κάποιοι θα πουν «Κυριακή είναι η μέρα που κοιμάμαι ως αργά». Κάποιοι θα πουν «Ο προπονητής δεν μας αφήνει να λείψουμε από την προπόνηση». Άλλοι, «Πρέπει να πάω στη δουλειά». Κάποιοι είναι απελπισμένοι και εκτός ελέγχου καθώς πολεμούν ένα είδος εξάρτησης. Καταλαβαίνετε, καθώς και εσείς πιθανόν έχετε δει ή ξανακούσει ή ακόμη τα έχετε και εσείς πει αυτά. Έτσι αυτό που συμβαίνει είναι να αποπροσανατολιζόμαστε είτε εν γνώσει είτε άθελά μας. Νομίζω στις περισσότερες περιπτώσεις οι άνθρωποι πιστεύουν ότι έχουν σωστό προσανατολισμό επειδή ισχυρίζονται ότι είναι «ενεργά μέλη» της εκκλησίας ακόμη και αν έχουν μικρή ενασχόληση εκεί. Πρέπει να σας πω ότι βάζοντας το όνομά σας στον κατάλογο της εκκλησίας, ο εκκλησιασμός μόνο την Μεγάλη Εβδομάδα και η εθελοντική προσφορά στο φεστιβάλ μας, δεν είναι αυτά που κάνουν κάποιον

«ενεργό μέλος της εκκλησίας» ή που τον βάζουν στον ορθό δρόμο προς τη σωτηρία.

Αν προσπαθήσουμε να πάμε πίσω στο χρόνο που βαπτιστήκαμε, πιθανόν δεν θα θυμούμαστε εκείνη την ημέρα αφού πολλοί από εμάς βαπτιζόμαστε πριν από τα πρώτα μας γενέθλια. Τί συνέβη τότε; Οι νονοί μας και ο ιερέυς απέρριψαν τον Σατανά, δέχτηκαν τον Χριστό εκ μέρους μας, μας προσανατόλισαν προς τον Χριστό και μας έβαλαν στο δρόμο προς τη σωτηρία. Μας έφεραν στην εκκλησία τουλάχιστον τρεις Κυριακές στη σειρά για να μεταλάβουμε την Θεία Κοινωνία, κρέμασαν εικόνες στο δωμάτιό μας, μας έμαθαν προσευχές και μας διάβασαν ιστορίες της Βίβλου πριν μας βάλουν για ύπνο. Όλα αυτά είναι καλά πράγματα που μας βοηθούν να έχουμε τον σωστό προσανατολισμό προς το Θεό και την Εκκλησία Του. Άραγε τί συμβαίνει μετά από αυτά;

Μερικές ερωτήσεις που πρέπει να κάνουμε στον εαυτό μας είναι, «Τί μας συνέβη από τότε;» αισθανόμαστε σαν να έχουμε μειωμένη αποτελεσματικότητα «στην πνευματική μας ζωή;» «Εστιάζουμε τη ζωή μας στη σωτηρία μας, ή το αναβάλλουμε;» «Συνέβη κάτι που άλλαξε τον προσανατολισμό μας;» «Αν έχουμε χάσει την κατεύθυνσή μας προς το Θεό και την Εκκλησία Του ή ακόμη αν έχει τελείως αποπροσανατολιστεί η

ζωή μας, τί μπορούμε να κάνουμε να το διορθώσουμε;

Για την απάντηση, νομίζω πρέπει να γυρίσουμε στην εικόνα των ηλιακών συσσωρευτών. Μόλις τοποθετηθούν, δεν αλλάζουν. Μένουν προσηλωμένα στην πιο κατάλληλη θέση για να παίρνουν τις ακτίνες του ήλιου. Το μάθημά μας εδώ είναι ξεκάθαρο. Αν έχουμε απομακρυνθεί από τον Θεό και έχουμε αλλάξει πορεία ή χάσει τον προσανατολισμό μας στη ζωή, τότε πρέπει να γυρίσουμε πίσω. Ξέρω ότι αυτό είναι μία μεταφορά και πιθανόν να θέλατε πιο συγκεκριμένες ιδέες, αλλά το καλύτερο που θα σας πω να κάνετε, είναι να μιλήσετε με τον ιερέα σας ή με άλλον ιερέα με τον οποίο αισθάνεστε άνετα. Θα μπορέσει να σας οδηγήσει με ένα στέρεο πνευματικό σχέδιο να έχει η ζωή σας τον προσανατολισμό που πρέπει.

Τελικά, αυτή η ζωή είναι μία προσωρινή διαμονή έως ότου φύγουμε από εδώ για την αιωνιότητα με τον ουράνιο Πατέρα μας, τον Υιό Του, και το Άγιο Πνεύμα. Θα πρέπει να κάνουμε ότι καλύτερο μπορούμε με όσα μας έχει ευλογήσει ο Θεός να έχουμε σε αυτή τη ζωή. Να μην ξεχνούμε πού πηγαίνουμε. Ο προσανατολισμός μας πρέπει να είναι προς τον Θεό και τη Σωτηρία μας.

Hellenic Afternoon School - NOVEMBER NEWSLETTER

Congratulations to the Hellenic Afternoon school students who participated in the OXI day program! We also had a successful book fair and Open house night. Look for book fair brochures for purchase of Greek language books that make great holiday gifts and will sponsor our PTA.

As we look forward to this month's lessons, we want to remind you that HAS will be closed on the 9th for our teachers to meet while the public school districts have their annual teachers conference. We will also be closed for Thanksgiving on November 23.

This month also marks the beginning of music rehearsals for the annual Christmas Pageant which is scheduled for December 17th. Save the date for this festive occasion.

On behalf of all the Greek school teachers, dance instructors, and myself, have a blessed Thanksgiving!



Greek Orthodox
Metropolis of
New Jersey

SAINT ANDREW GREEK ORTHODOX CHURCH

GENERAL ASSEMBLY - ΓΕΝΙΚΗ ΣΥΝΕΛΕΥΣΗ

Reverend
John Theodosion

October 2017

Dear Steward of St. Andrew,

On behalf of the Parish Council, we cordially invite you to attend a St. Andrew General Assembly meeting on **Monday, Nov. 20th, 2017 @7:00pm.**

According to the Uniform Parish Regulations of the Archdiocese, all parishioners present, and wishing to participate in the discussions and voting, must be active stewards for 2017. There will be many important topics discussed.

The AGENDA is as follows:

1. Opening Prayer
2. Nomination and election of Chairperson and appointment of Recording Secretary by the chairperson for the General Assembly Meeting
3. Approval of the minutes of the previous General Assembly Meeting
4. Treasurer's Report
5. Audit Report
6. Budget for 2018
7. Nominations for Parish Council Elections
(which will be held on December 3, 2017)
8. Nominations for Election Committee
9. Nominations for Auditing Committee
10. Comments & Questions
11. Closing Prayer

Yours in Christ,

Rev. John Theodosion, *Economos*
Keith Marin, *Parish Council President*

Οκτώβριος 2017

Αγαπητέ Steward του Αγίου Ανδρέου,

Εκ μέρους του Διοικητικού Συμβουλίου ευρισκόμαστε στην ευχάριστη θέση να σε **προσκαλέσουμε** στην Γενική Συνέλευση της Κοινότητας που θα γίνει την **Δευτέρα, 20 Νοεμβρίου στις 7:00μμ ακριβώς.**

Σύμφωνα με το ομοιόμορφο καταστατικό των Κοινοτήτων της Ιεράς Αρχιεπισκοπής όλοι οι παρόντες οικονόμοι (*stewards*) για να έχουν δικαίωμα συζητήσεων και ψήφου πρέπει να είναι ενεργά μέλη για το 2017. Θα συζητήσουμε πολλά σημαντικά θέματα.

Τα ΘΕΜΑΤΑ είναι τα εξής:

1. Προσευχή
2. Διορισμός και εκλογής προέδρου και διορισμός Γραμματέως Πρακτικών για την Γενική Συνέλευση.
3. Έγκριση των πρακτικών της τελευταίας Γενικής Συνελεύσεως
4. Έκθεσης Ταμείου
5. Εφορευτική Επιτροπή Έκθεσης ταμείου Επιτροπής Αναπτύξεως
6. Προϋπολογισμός για το 2018
7. Προτάσεις για την ανάδειξιν νέων μελών προς πλήρωση των κενών θέσεων του Διοικητικού Συμβουλίου. (οι εκλογές θα γίνουν στις 3 Δεκεμβρίου 2017)
8. Προτάσεις για την Εξελεγκτική Επιτροπή
9. Προτάσεις για την Εφορευτική Επιτροπή
10. Ερωτήσεις & Παρατηρήσεις
11. Προσευχή

Με αγάπη Χριστού,

π. Ιωάννης Θεοδοσιού, *Αιδ. Οικονόμος*
Κειθ Μαρίνης, *Πρόεδρος Διοικ. Συμβουλίου*

SAINT ANDREW FINANCIAL SUMMARY 2017

	Jan - Aug	Budget	\$ over Budget
INCOME			
CONTRIBUTION INCOME	296,359.26	313,400.00	(17,040.74)
EDUCATION/DANCE NET INCOME (includes dance)	18,499.32	10,000.00	8,499.32
SUMMER CAMP NET INCOME	340.20	-	340.20
FUNDRAISING EVENTS NET INCOME	174,462.00	196,000.00	(21,538.00)
OTHER INCOME	14,876.87	14,668.00	208.87
TOTAL INCOME	504,537.65	534,068.00	(29,530.35)
EXPENSE			
STAFF EXPENSE	204,800.99	207,049.00	(2,248.01)
CAR EXPENSE	3,484.15	2,400.00	1,084.15
INSURANCE EXPENSE	26,921.25	33,546.00	(6,624.75)
PROFESSIONAL SERVICES	3,492.19	2,700.00	792.19
EQUIPMENT	2,421.19	3,434.00	(1,012.81)
BANK CHARGES	1,390.08	1,576.00	(185.92)
MORTGAGE PAYMENT (Principle & Interest)	89,724.00	90,000.00	(276.00)
TELEPHONES/INTERNET EXPENSE	3,177.26	4,728.00	(1,550.74)
ADVERTISING	-	-	-
PERMITS	100.00	50.00	50.00
LITURGICAL	360.50	1,336.00	(975.50)
UTILITIES	33,333.64	32,083.00	1,250.64
SUPPLIES & PRINTING EXPENSE	16,435.99	16,632.00	(196.01)
BLDG & GROUNDS EXP.	22,023.59	26,772.00	(4,748.41)
POSTAGE & HANDLING	2,607.00	2,128.00	479.00
MINISTRY EXPENSE	46,273.50	48,200.00	(1,926.50)
EVANGELISM/OUTREACH	2,827.46	1,800.00	1,027.46
CONVENTIONS & SEMINARS	2,500.00	4,500.00	(2,000.00)
TRANSPORTATION	-	-	-
MISC.	-	-	-
TOTAL EXPENSE	461,872.79	478,934.00	(17,061.21)
NET CASH RECD (SHORT)	\$ 42,664.86	\$ 55,134.00	\$ (12,469.14)
From Operations			
Unrestricted Cash 12/31/16	152,375.79		
Cash generated (used) this year	42,664.86		
Cash Balance 8/31/17	\$ 195,040.65		

Saint Andrew Feast Day

Wednesday, November 29th, 2017 @ 7 pm.

Great Vespers with Artoclasia - - Reception following Services will be hosted by St. Andrew Philoptochos.

Thursday, November 30th, 2016 @ 9 am

Orthros and Divine Liturgy with Artoclasia Luncheon following Services will be hosted by St. Andrew Philoptochos.

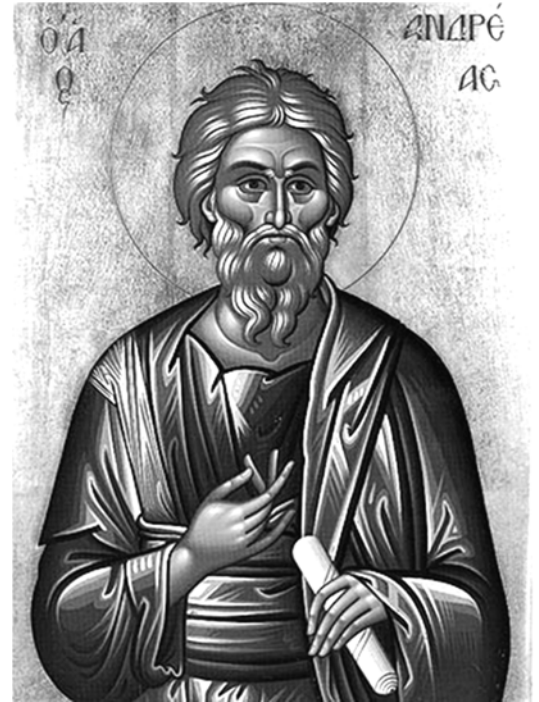
ΕΟΡΤΗ ΤΟΥ ΑΓΙΟΥ ΑΝΔΡΕΑ

Την Τέταρτη 29 Νοεμβρίου, ώρα 7 μμ

Θα τελεστεί Μέγας Εσπερινός με αρτοκλασία

Την Πέμπτη 30 Νοεμβρίου, ώρα 9 πμ

Όρθρος & Θεία Λειτουργία για την γιορτή του Αγίου Αποστόλου Ανδρέου του Πρωτοκλήτου. Θα επακολουθήσει Γεύμα προς τιμήν του



FOR ALL ST. ANDREW YOUTH (6-18 YEARS)

ST. ANDREW FAMILY CHRISTMAS CARD

Each Child is asked to submit One DRAWING:

1. DRAWING MUST be in COLOR on white computer paper 8 ½ x11.
2. **Original** drawings **only** will be judged
3. No tracing, or computer drawings
4. It must also be drawn with the religious theme of the Birth of our Lord Jesus Christ
5. Include on the **back** of drawing:

Date of Birth, Grade, First & Last Name and Telephone number of contestant

The selected drawings will be published in our St. Andrew Family Christmas Card and mailed with the Ecclesiastical Calendar

DEADLINE IS MONDAY November 6, 2017

National Philoptochos **Children's Medical Fund Luncheon**

2017 Children's Medical Fund Luncheon to be hosted by the Metropolis of New Jersey Philoptochos.

November 11, 2017 | Luncheon from 11:30 am to 4:00 pm | The Venetian, Garfield, NJ
For more information go to: <http://www.philoptochos.org/outreach/cmsection/>



PHILOPTOCHOS NEWS

November - A Time to Remember

"Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him." (Colossians 3:17)



"Continue earnestly in prayer, being vigilant in it with thanksgiving." (Colossians 4:2)

"Why should we care for anyone else but ourselves? Doesn't the world send us this message? But you see, when all that matters, there's no need to say "thank you" because no one else matters. Such a deep self-centeredness is alien to Orthodoxy. Here we find a God, the very Creator of the universe, taking the time to notice that we need help even when we are completely convinced that "I can do it myself!" Truth is, most of us need quite a bit of help!

There are so many people who just ended up needing help, lots of help. Jesus asks us quite boldly to avoid judging. We always seem to want to have reasons to help us decide whether we should help. That's a bad way to help. And that's not how Philoptochos helps. Philoptochos helps because someone, anyone, is calling out. That's it! "How can I help?"

Thanksgiving connects us to an event in which a need was met. It's always easy to help friends, people you might like, but it's also easy to avoid helping others who might not be friends, who might not meet our standards. There's another side to helping - what if it were you in need rather than you having the chance to help? You might appreciate it if you didn't have to qualify for help. That's the point of the Good Samaritan, isn't it? How easy to pass by someone we can eliminate from our preferred list of those we help.

That's not Philoptochos!

Philoptochos invites each of us to be centered in its mission to meet the need of those in need. But as Paul reminds us, we all have different gifts, different roles, in God's kingdom. Getting to know what your gift is, is important, because it is from that place that you are called to respond. This is what God asks of each of us.

November is a busy month for Philoptochos: We begin with:

Thanksgiving food drive

Donations should include:

- Turkeys, Potatoes, Stuffing, Cranberry sauce, apple pies, pumpkin pies, cans of peas, corn, sweet potatoes, Yams, mash potatoes boxes, Juices (Apple, Cranberry, Grape) and anything else you would like to donate. The food drive will end on November 23rd so that we can distribute the food at various locations.

Children's Medical Fund - November 11, 2017

- To be held at Venetian in Garfield, NJ. This year the event is sponsored by the Metropolis of New Jersey and National Philoptochos. All proceeds will go toward hospitals in New Jersey that will help with children.

St. Andrew Vespers and Name Day of our Church: Save the dates:

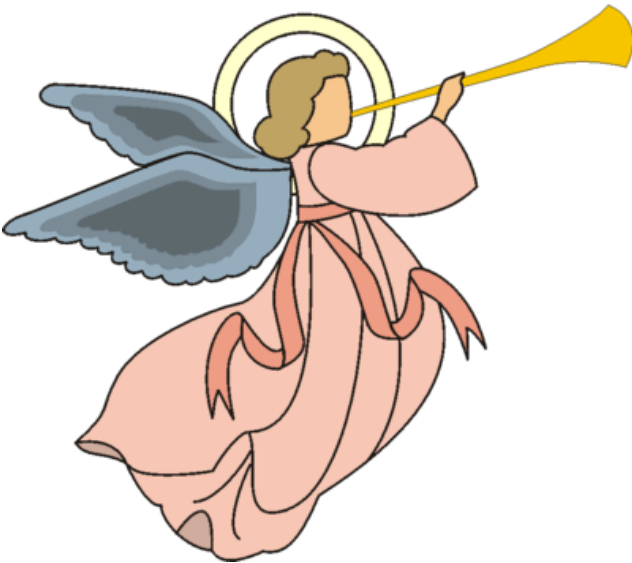
- November 29 - Great Vespers
- November 30 - Saint Andrew Day

We will need our Philoptochos members and parish ladies to help us during the Name Day of our Church. As you know we will have visiting clergy with their families, Archons, our Metropolitan Evangelos, visitors from other communities, and, hopefully, we will have our St. Andrew families there as well. We will need help with setup/cleanup for both days.

Food needed - Lenten desserts, fruit platters, salad for 250 people, water bottles, Pepsi and Coke cans, 5 pounds of Coffee (decaf and regular). A list will be prepared and will be available for everyone to select what they can.

In the Service of the Lord,
 Maro Nicolaou Schuster,
 St. Andrew Philoptochos, Treasurer

Share your Christmas & New Year's Wishes



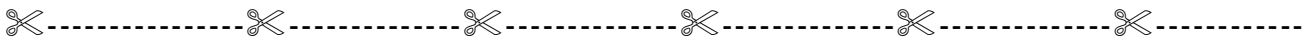
Some volunteer, some donate. We know that our parishioners do both. Saint Andrew Philoptochos appreciate all that you do and we are grateful for your generosity which helps us offer hope and strength to those who are most in need.

The global economic crisis continues to affect each and every one of us. A great number of requests for assistance are being presented to us and WE CONTINUE TO RESPOND.

It is our tradition to mail **Christmas and New Year's greetings** from parishioners to the entire church family. This year we will again select a Holiday Card which will be drawn by one of the children in our parish. Please print clearly how you would like your family name to appear and return the form to the church office or to any Philoptochos member on Sundays after church. Deadline for greetings is **November 13, 2017**

The donations you make this year will be set aside and will only be used to assist more individuals and families overcome these tough times.

We appreciate any assistance that you may offer.
 Respectfully, St Andrew Philoptochos



Yes I/we would like to donate:

\$_____ Other \$25.00 \$50.00 \$75.00 \$100.00 \$_____more

PRINT YOUR NAME CLEARLY

ΓΡΑΨΕΤΕ ΤΟ ΟΝΟΜΑ ΣΑΣ ΚΑΘΑΡΑ

JOY NEWS

We have been busy since the start of the Ecclesiastical year! Our JOY group is growing by leaps and bounds. We are gaining new members constantly. We welcome everyone to the group and hope that the children are bonding together and creating lasting memories.

We went Apple Picking in September and had about 30 children in attendance. It was a close call as it looked like the sky was going to open and pour at any moment. But, it held out and we enjoyed cider donuts, and exploring the orchards at Sun High. We hope everyone baked some delicious goodies with the apples that they picked.

In October, we had a full weekend with our PTA/JOY sponsored Trunk or Treat, our first ever Pumpkin Picking field trip and our JOY



meeting where we discussed fears and peer pressure. Our Trunk or Treat had SEVENTY children in attendance!!! What a wonderful event! Our pumpkin picking field trip included a haunted hayride and the children loved exploring the vast Ideal Farmland. A few of our members even picked out pumpkins that were bigger than them!



November is our month of giving thanks and appreciating what we have. We have a Sr JOY only event where we are getting together for Monster Mini Golf. We are also meeting at Michael's again for our annual Christmas Craft making. Please see the flyers in your email inbox, the social hall, or the events that we create on the St. Andrew PTA page! Hope to see you all there!

DO YOU HAVE A CHILD IN GRADES K-6?
Yes?

Then consider joining JOY. JOY (Junior Orthodox Youth) is a fellowship group for these ages. We have one meeting per month and one activity per month. The group is split into 2 - the junior JOY is grades K-2, and the senior JOY is grades 3-6. Junior JOY is run by Lynn Axiotes and Senior JOY is run by Harriet Karkanias. Meetings are held on Sundays after Sunday School and Liturgy (12:15pm-1pm) - child only, no parents. Activities are typically held on Saturdays once a month from 4pm-6pm (unless otherwise noted).

Our calendar of activities is posted in the Social Hall on our JOY Bulletin Board. Take a peek when you are at coffee hour!

For more information on JOY or any of our upcoming events/activities, please contact

Harriet Karkanias
(harriet.karkanias@gmail.com)

or Lynn Axiotes (laxiotes@yahoo.com).



Mr. & Miss GOYA Pageant

Congratulations to Kassandra Ibrahim and Constantine Sedereas for representing St. Andrew at the Mr. & Miss GOYA Pageant with poise and grace. They both advanced to the 5 finalists based on their application and interview the previous day. At the event, held at the Pines Manor in Edison on Sunday October 8th, they responded eloquently to the final question about their baptismal saint and how they emulate their saint in their lives.



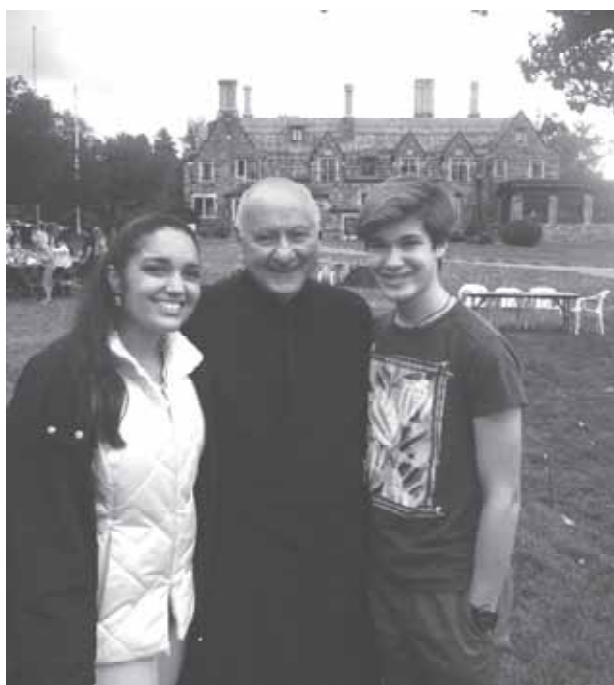
Kassandra and Constantine were both awarded 3rd runner up! We are all very proud of their accomplishments and their dedication to our GOYA and faith!

Also, Venia Sedereas and Nicholas Theodosion we recognized as our 2017 GOYA scholarship winners!

St. Basil Walk-A-Thon

It was a rainy Saturday afternoon on September 30th but it did not deter over 200 GOYAns and parishioners from our Metropolis to gather at St. Basil's Academy in Garrison, NY. After the two mile walk through the scenic 150 acre estate with the students, everyone shared lunch and laughs at the pie throwing contest then painted pumpkins with all proceeds benefitting the 24 children of the academy.

Pictured is Father Constantine Sitaras, Executive Director of Saint Basil Academy and Sam Pappas an academy student who led the walk and attended Ionion Village this past summer with Kassandra.



Stewardship Sunday - Nov. 19



Whatever you do
work at it with
all your heart
as working for the Lord,
not for men

Colossians 3:23



STEWARDSHIP
MINISTRY

Saint Phocas was a gardener and Saint Euphrosinos was a cook. They are not known as “Phocas the Great” or “Euphrosinos the Theologian.” Known instead by the work they did, they became saints of the Church. We know that service to God and His Church is sacred, and because of this we strive to serve and support the Church. But is it possible for our work to be sacred? Can we be Christian stewards of our work? According to Saint Porphyrios, “At your work, whatever it may be, you can become a saint through meekness, patience, and love.”

In the second chapter of the Old Testament Book of Genesis we read, “The Lord God took the man and put him in the Garden of Eden to work it and take care of it”(Genesis 2:15). God put man in the garden to *work*. It is part of God’s plan for us that we work. In Exodus we read, “Six days you shall work, but on the seventh day you shall rest....” The world has changed. Very few of us are called to work the land and our work week may not be six days. Yet we are created and called by God to work, and we can serve him through our work.

Some are blessed to follow a career path to a life’s work bringing satisfaction. Others may work in a position that may not appear to be spiritually or emotionally fulfilling. In whatever type of work we find ourselves, our work can become sacred when we dedicate it to God. In the words of Mother Theresa, “Wherever God has put you, that is your vocation. It is not what we do, but how much love we put into it.”

Life on earth is a gift. The work we do is also a gift if we see it as an opportunity to serve

God and others. Saint Paul instructs us, “Whatever you do, work at it with all your heart, as working for the Lord, not for men....” (Colossians 3:23). When we see our work in this way, we are able to become Christian stewards of our work.

Stewardship of work teaches us that we don’t *own* our work, our position, our title. We are only stewards of a position for a period of time. We are responsible to fulfill our duties and also to prepare it for the person that will follow us in that position. We may also have the opportunity to mentor the person that will assume our position when we move on, empowering them to apply their particular gifts and talents to take the position to the next level.

Christian stewardship of work also teaches us that we are responsible to those with whom we work and those that may be served by our work. We are called to reflect the light of Christ in their lives, encourage them, support them and even *love* them. We are also stewards of our co-workers inasmuch as we cooperate and support them in their efforts for the good of all.

Saint Phocas the Gardener lived in the late 3rd Century, in the ancient region of Paphlagonia (now northern Turkey). Phocas lived humbly on the sale of fruits and vegetables he would grow in his garden. Through his work, Phocas fed the hungry and gave shelter to those in need. Because of his dedication to his work and his generosity to those in need, he became a Christian example to others. Even the non-believers treated him with respect, and by his Christ-like manner, many were drawn to the Christian Faith.

For further reflection...

Jesus said, “Well done good and faithful servant.”

He did not say, “Well *said*.”

He did not say, “Well *planned*.”

He did not say, “Well *thought*.”

And He did not say, “Well *intended*.”

But He said, “Well *DONE*, good and faithful servant.”

The emphasis for us as Christians is in *doing*.

We are called to give the best we have and to do the best we can to promote God’s Kingdom on earth.

Fr. Anthony M. Coniaris

TEXT:

Department of Stewardship, Outreach & Evangelism

ICONOGRAPHY:

Miltiadis Afentoulis / afentoulis.com

GRAPHIC DESIGN:

Christina Meares / christinameares.com

Stewardship, Outreach & Evangelism,





Και κάθε τι το οποίον πράττετε να το εργάζεσθε πρόθυμα με **όλην σας την ψυχήν**, σαν αυτό να αναφέρεται στον Κύριον και όχι στους ανθρώπους. (Προς Κολοσσαείς, Επιστολή Παύλου 3:23)

Ο Άγιος Φωκάς ήταν κηπουρός και ο Άγιος Ευφρόσυνος ήταν μάγειρας. Δεν είναι γνωστοί ως «ο Μέγας Φωκάς» ή «ο Ευφρόσυνος ο Θεολόγος». Αντίθετα είναι γνωστοί από την εργασία τους και έγιναν άγιοι της Εκκλησίας. Γνωρίζουμε ότι η υπηρεσία στον Θεό και την Εκκλησία Του είναι ιερή, και για το λόγο αυτό προσπαθούμε να υπηρετούμε και να υποστηρίζουμε την Εκκλησία. Αλλά είναι δυνατόν η εργασία μας να είναι ιερή; Μπορούμε να είμαστε Χριστιανοί επίτροποι της εργασίας μας; Σύμφωνα με τον Άγιο Πορφύριο, «Στην εργασία σας, οποιαδήποτε και να είναι, μπορείτε να γίνετε άγιοι με την πραότητα, υπομονή, και αγάπη.»

Στο δεύτερο κεφάλαιο του Βιβλίου της Γένεσης της Παλαιάς Διαθήκης, διαβάζουμε «Ο Κύριος πήρε τον άνθρωπο και τον έβαλε στον Κήπο της Εδέμ να εργάζεται και να τον φροντίζει.» (Γένεσις 2:15). Ο Θεός έβαλε τον άνθρωπο στον Κήπο **να δουλέψει**.

Είναι μέρος του σχεδίου του Θεού εμείς να εργαζόμαστε. Στην Έξοδο διαβάζουμε, «Έξι μέρες θα δουλεύετε, αλλά την έβδομη θα αναπαύεστε...» Ο κόσμος έχει αλλάξει. Πολλοί λίγοι από εμάς καλούνται να δουλέψουν τη γη και η εβδομάδα εργασίας ίσως να μην αποτελείται από έξι ημέρες. Και όμως ο Θεός μας δημιούργησε και μας κάλεσε να εργαστούμε, και να τον υπηρετούμε μέσα από την εργασία.

Κάποιοι είναι ευλογημένοι επειδή έχουν χαράξει μία καριέρα στη ζωή τους που τους φέρνει και ικανοποίηση. Άλλοι ίσως εργάζονται σε μία θέση που μα μην φαίνεται να τους ολοκληρώνει πνευματικά και συναισθηματικά. Σε οποιαδήποτε εργασία βρεθούμε, μπορεί να γίνει ιερή όταν την αφιερώνουμε στο Θεό. Η Μητέρα Τερέζα λέει, «Όπου σας έχει βάλει ο Θεός, αυτό είναι το επάγγελμά σας. Δεν έχει σημασία τί κάνουμε, αλλά το πόση αγάπη βάζουμε σε αυτό.»

Η ζωή στη γη είναι ένα δώρο. Η εργασία που κάνουμε είναι επίσης ένα δώρο αν τη βλέπουμε σαν ευκαιρία να υπηρετήσουμε τον Θεό και τους άλλους. Ο Απόστολος Παύλος μας συμβουλεύει, «Κάθε τι το οποίον πράττετε να το εργάζεσθε πρόθυμα με όλην σας την ψυχήν, σαν αυτό να αναφέρεται στον Κύριον και όχι στους ανθρώπους...» (Προς Κολοσσαείς 3:23). Όταν βλέπουμε την εργασία μας με αυτό τον τρόπο, μπορούμε να γίνουμε Χριστιανοί οικονόμοι της εργασίας μας.

Η Διαχείριση της εργασίας μας διδάσκει ότι δεν μας **ανήκει** η εργασία μας, η θέση μας, ο τίτλος μας. Είμαστε μόνο διαχειριστές μίας θέσης για μία χρονική περίοδο. Έχουμε την ευθύνη να ολοκληρώσουμε τα καθήκοντά μας και επίσης να την ετοιμάσουμε για το άτομο που θα μας ακολουθήσει στην ίδια θέση. Ίσως ακόμη να έχουμε την ευκαιρία να εκπαιδύσουμε το άτομο που θα πάρει τη θέση μας όταν εμείς προχωρήσουμε, δίνοντάς τους τη δύναμη να εφαρμόσουν τα χαρίσματα και τα ταλέντα τους και να μεταφέρουν τη θέση τους στο επόμενο επίπεδο.

Η Χριστιανική διαχείριση της εργασίας μας διδάσκει επίσης ότι είμαστε υπεύθυνοι για αυτούς με τους οποίους δουλεύουμε και για αυτούς που θα εξυπηρετηθούν από την εργασία μας. Καλούμαστε να αντανakλούμε το φως του Χριστού στις ζωές μας, να τους ενθαρρύνουμε, να τους υποστηρίζουμε και ακόμη να τους *αγαπούμε*. Είμαστε επίσης διαχειριστές των συναδέλφων μας και πρέπει να συνεργαζόμαστε και να τους υποστηρίζουμε στις προσπάθειές τους για το καλό όλων.

Ο Άγιος Φωκάς ο Κηπουρός έζησε στο τέλος του 3^{ου} αιώνα, στην αρχαία περιοχή της Παφλαγονίας (σημερινή βόρεια Τουρκία). Ο Φωκάς έζησε ταπεινά πουλώντας φρούτα και λαχανικά που καλλιεργούσε στον δικό του κήπο. Μέσα από τη δουλειά του, ο Φωκάς τάζε τους πεινασμένους και έδινε καταφύγιο σε όσους χρειαζόνταν. Εξαιτίας της αφοσίωσής του στη εργασία του κατ της γενναιοδωρίας του, έγινε υπόδειγμα Χριστιανού. Ακόμη και αυτοί που δεν πίστευαν, του συμπεριφέρονταν με σεβασμό, και πολλούς προσήλκυσε με τον τρόπο του που έμοιαζε του Χριστού.

Για περισσότερη σκέψη.....

Ο Ιησούς είπε, «Πολύ καλά έπραξες καλέ και πιστέ μου υπηρέτη.»

Δεν είπε, «Καλά **τα** είπες.»

Δεν είπε, «Καλά **τα** σχεδίασες.»

Δεν είπε, «Καλά **τα** σκέφτηκες.»

Και δεν είπε, «Καλά **το** προόριζες.»

Αλλά είπε, «Καλά **ΕΠΡΑΞΕΣ**, καλέ και πιστέ υπηρέτη.»

Η έμφαση για εμάς τους Χριστιανούς είναι στην πράξη.

Καλούμαστε να δώσουμε ό,τι καλύτερο έχουμε και να κάνουμε ό,τι καλύτερο μπορούμε για να προάγουμε τη Βασιλεία του Θεού στη γη.

Πατέρας Αντώνιος Μ. Κονιάρης
Adaptation by: Maria Kiritsis, HAS Teacher

ST. ANDREW GREEK ORTHODOX CHURCH • CONFIDENTIAL
STEWARDSHIP COMMITMENT TREASURE 2018

Whatever you do work at it with *all your heart*
 as working for the Lord, not men (Colossians 3:23)

In Gratitude for God's blessings, I/we commit to Christ and His Church the following amount: \$ _____ for Saint Andrew Church in 2018

Check \$15 weekly (\$780) \$20 weekly (\$1040)
 \$35 weekly (\$1820) \$50 weekly (\$2600) other



FAMILY NAME _____ FIRST NAME & TITLE MR., DR., MISS HEAD OF HOUSEHOLD ①
 MAIDEN NAME OF SPOUSE IF MARRIED _____ FIRST NAME & TITLE MRS., MS., DR. OF SPOUSE ② MARRIED ON _____ DATE _____ ORTHODOX OR _____ OTHER FAITH CIVIL

ADDRESS _____ CITY _____ STATE _____ ZIP _____

Please send me INFORMATION on: AUTOMATIC BILL PAYMENT PLANNED GIFT to the church
 Please send me OFFERING ENVELOPES Weekly or Monthly

PLEASE COMPLETE THE FOLLOWING SO WE CAN VERIFY/UPDATE OUR FILES EMAIL US A FAMILY PICTURE FOR OUR DIRECTORY

BAPTISMAL NAME & Date Celebrated ①		BIRTH DATE
BAPTISMAL NAME/SPOUSE & Date Celebrated ②		BIRTH DATE
HOME PHONE	FAMILY EMAIL	
CELL PHONE ①	CELL PHONE ②	
EMAIL ①	EMAIL ②	
PROFESSION ①	PROFESSION ②	
DEPENDENT CHILDREN'S NAME(S)		BAPTISMAL NAME(S) & DATE CELEBRATED
		BIRTH DATE
NAME		
NAME		
NAME		

FOR NEW STEWARDS ONLY: YES, please publish our names and age(s) of my child(ren) in St. Andrew Church publication(s) as an introduction to the St. Andrew Church community.
 As you prayerfully consider your tax deductible Commitment, please understand that it will cost approximately \$1,800 per family per year to meet our expenses. Please return information to:
St. Andrew Church, 1447 Sussex Turnpike, Randolph, NJ 07869 | 973-584-0388 | info@standrewgonj.org
STEWARDSHIP COMMITMENT TIME & TALENT – 2018

NAME: ① _____ NAME: ② _____

CONTACT ME AT# _____ CONTACT ME AT# _____

I/We would like to offer my/our time & talents to the ministries of St. Andrew Church in the following areas:

Please check NAME ① OR ②

<p>WORSHIP</p> <input type="checkbox"/> Choir <input type="checkbox"/> Parish Ushering <input type="checkbox"/> Baking Prosforo <p>CHRISTIAN EDUCATION</p> <input type="checkbox"/> Sunday School Teacher <input type="checkbox"/> Assist/Substitute Teacher <input type="checkbox"/> Young Adult League (YAL) <input type="checkbox"/> Summer Camp Staff <input type="checkbox"/> Adult Education	<p>COMMUNITY</p> <input type="checkbox"/> Annual Festival <input type="checkbox"/> Bake/Cook for Events <input type="checkbox"/> Greet Parishioners/Newcomers <input type="checkbox"/> Building Maintenance <input type="checkbox"/> Interfaith Furnishings <input type="checkbox"/> Furniture Resale <p>HELLENIC CULTURE</p> <input type="checkbox"/> Promote Hellenic Activities <input type="checkbox"/> Assist/Substitute Greek School <input type="checkbox"/> Assist/ Greek Dance Program	<p>PHILANTHROPY</p> <input type="checkbox"/> Collect for Food Pantry <input type="checkbox"/> Cook/Serve for Soup Kitchen <input type="checkbox"/> Visit Elderly/Infirm <input type="checkbox"/> Drive others to/from church <input type="checkbox"/> Knitting/Crocheting/Sewing <p>ADMINISTRATIVE</p> <input type="checkbox"/> Office Help <input type="checkbox"/> Social Media <input type="checkbox"/> Computer – general <input type="checkbox"/> List Other Talents/Interests
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Protopresbyter Alexander Schmemmann

Final words

Father Alexander Schmemmann celebrated the divine liturgy for the last time on Thanksgiving Day. This was particularly appropriate since Father Alexander had devoted his whole life to teaching, writing and preaching about the Eucharist; for the word eucharist in Greek means thanksgiving. At the conclusion of the liturgy, Father Alexander took from his pocket a short written sermon, in the form of a prayer, which he proceeded to read. This was a strange occurrence since Father never wrote his liturgical homilies, but delivered them extemporaneously. These were his words, which proved to be the last ever spoken by him from the ambo in Church.



Thank You, O Lord!

Everyone capable of thanksgiving is capable of salvation and eternal joy.

Thank You, O Lord, for having accepted this Eucharist, which we offered to the Holy Trinity, Father, Son and Holy Spirit, and which filled our hearts with the joy, peace and righteousness of the Holy Spirit.

Thank You, O Lord, for having revealed Yourself unto us and given us the foretaste of Your Kingdom.

Thank You, O Lord, for having united us to one another in serving You and Your Holy Church.

Thank You, O Lord, for having helped us to overcome all difficulties, tensions, passions, temptations and restored peace, mutual love and joy in sharing the communion of the Holy Spirit.

Thank You, O Lord, for the sufferings You bestowed upon us, for they are purifying us from selfishness and reminding us of the "one thing needed;" Your eternal Kingdom.

Thank You, O Lord, for having given us this country where we are free to Worship You.

Thank You, O Lord, for this school, where the name of God is proclaimed.

Thank You, O Lord, for our families: husbands, wives and, especially, children who teach us how to celebrate Your holy Name in joy, movement and holy noise.

Thank You, O Lord, for everyone and everything.

Great are You, O Lord, and marvelous are Your deeds, and no word is sufficient to celebrate Your miracles.

Lord, it is good to be here! Amen.

NAVAGATING THROUGH YOUR TEEN YEARS: MANAGING STRESS

Q: I've got so much going on: school, sports, work, friends, and that doesn't even count time with my family. How do I manage it all?

A: All of these things are great, but sometimes they're overwhelming, right? First, never be too busy to pray—often times it's the first thing we cut from our schedule. Prayer is time spent with God, and even when we're busy, it's the one thing we really need. Second, make a plan. This helps us get a handle on our long "to do" lists. Lastly, ask for help! People that try to go it alone are often the most stressed. God, your family, your priest and your friends are all sources of support you can and should turn to.

Q: I'm stressed because I put things off until the very last minute. Why do I keep doing that?

A: Many people make themselves a victim of procrastination. To relieve the stress, we turn to things that entertain us: music, TV, surfing the net—anything to keep us from thinking about something we'd rather not do. The problem is, our "break" isn't really restful because we're just avoiding the problem. Later on, we'll have to face up to whatever it is we're putting off, and with not as much time to do it. Sounds familiar—and stressful—I bet. Ask God for help and then face up to the fear of tackling the hard things first and you'll find yourself much less stressed.

GET THE FACTS

Stress is normal. The real definition of stress is the effect on us from any change in our environment. Since changes happen all the



time, stress is normal and unavoidable. We run into problems when we have too much stress or stress we don't deal with.

Stress can hurt....and kill. Many scientists think that the majority of all illnesses and accidents can trace their causes to stress. Excessive stress not only lowers our immunities, but makes it hard to concentrate and make good decisions.

Stress is treatable. There are many things we can do to combat the effects of stress on our health and better prepare us for future stresses. Being aware of the sources of our stress and reducing them are some of the best things we can do to stay happy and healthy.

KNOW THE SIGNS

Since stress is ALWAYS around us—we're all stressed to different degrees. If we have more stress than we can handle, there are a variety of things that often happen. Any of these symptoms might be a sign that we're not dealing well with stress:

- **Headaches:** Having headaches regularly, especially tension headaches, is often linked to being overly stressed.
- **Getting sick often:** The more stressed out we are, the worse our body is at fighting off everyday illnesses.
- **Problems sleeping:** Stress can make it harder to fall asleep or stay asleep, or might make our time sleeping less restful.
- **Anxiety:** This is often defined as feeling fear but not knowing exactly what we're afraid of.
- **Fuzzy Thinking:** When we're stressed, our bodies respond with adrenaline, the "fight or flight" hormone that prepares us for combat or a quick getaway. While this is helpful in an emergency, when triggered by long term stress, it can make it hard to think through things or cause you to think less clearly.
- **Feelings of Frustration:** If you're faced with many demands at once, the result for many people is increased frustration and irritability

THE CHURCH SPEAKS

You may think that the Church only teaches us things about God, prayer, and purely spiritual things, but there's so much more! Actually, one of the things that sets Orthodox Christianity apart is our belief that we can begin to experience the blessings of God's kingdom—Heaven—in this life. We don't have to wait until we die! God not only wants us to live a good life, but a great life (John 10:10).

- Fr. Meletios Webber says that stress is basically our body's reaction to thoughts. When we experience thoughts as scary or threatening, we experience lots of stress. Try envisioning stressful thoughts as puppies: your thoughts might be annoying, jumping and yapping in your head all of

the time, but in the end, they are only harmless and easily ignored!

- In the Sermon on the Mount, Jesus encouraged us not to be "anxious about tomorrow for tomorrow will be anxious for itself" (Matthew :). Too often, we try to tackle way too much. One of the best ways to combat stress is to limit how much we try to deal with at any one time.
- The passage, "Come to me all you that labor and are heavy laden, and I will give you rest" is an invitation that comes to us from Jesus Himself (Matthew 11:28). He offers to bear our burdens and gives us the real opportunity to break free from stress through Him. When we're in church, when we pray, when we just sit in silence in front of our icons—that is where we find the "still waters" He promises us (Psalm 23).

INFO

Find us on Facebook!
www.facebook.com/GOYAMinistry If you or someone you know is having difficulty dealing with stress, speak to a caring friend, a trusted adult, or your parish priest to help you set goals about the issues at hand.

Online Resources:

- Christianity Today: Ignite Your Faith: <http://www.christianitytoday.com/iyf/hottopics/faith-values/8c0.html>
- The Health Center: <http://www.thehealthcenter.info/teen-stress/causes-of-stress.html>
- Coping with Stress: <http://christianteens.about.com/od/advice/tp/copewithstress.htm>
- Teens Health: <http://kidshealth.org/teen/your-mind/emotions/stress.html>

Books:

- Fighting Invisible Tigers: Stress Management for Teens by Earl Hipp, Free Spirit Pub., 2008.

Article from: <https://www.goarch.org/-/orthodox-christian-teen-survival-guide>



We have two great feast days this month: one for our National Thanksgiving and then one for the patron of our Community Church, Saint Andrew: family soul and sacred soul around which our lives are built. Both involve food at some point. Right now I'm focusing on **Soul Food** as a way to first recognize our personal starvation/ salvation - and then nourish our souls back to health.



By chance I came across *Gems from the Sunday Gospels in the Orthodox Church (vol 2)* by Anthony M Coniaris (a wonderful Christmas gift!). I'd like to share some of what he wrote as my contribution to our celebratory suppers – a nourishing dish and some appetizers.

“What shall a man profit if he gain the whole world and lose his own soul; what can a man give in exchange for his soul?” (Mark 8:36) Jesus corroborates this when He tells His disciples not to fear those would kill the body, but those who kill one's soul (to break or torment one's spirit). The soul is the real *you*, the part of you that is spiritual and thus not subject to physical death; it is the *you* that hopes, aspires, prays, suffers, loves, is tempted, sins, repents, and can be saved.

‘An unbeliever once argued with a minister that there could not possibly be such a thing as a soul. “After all,” he said, “you can go to a medical laboratory and see for yourself that man is just so much lime, sugar, phosphorus, carbon and starch.” The minister begged to discontinue the conversation, only to be met with a rebuke from the unbeliever. “That was just what I expected. When you cannot reply logically to an argument, you refuse to carry on the conversation.”

“But,” replied the minister, “I am a reasonable man, and as such I must decline to hold an argument with so many quarts of water, so much phosphorus, so much lime, and so much carbon. Take away from anyone the spiritual, the soul, and all you have left are a few chemicals worth little. *But add to the physical part of man the soul, and man is worth more than the entire universe!* (pg 13-14)

‘To lose our soul is to lose the greatest treasure we have. *We lose our souls* when we are no longer alive to God and His love. *We lose our souls* when we place some other person or thing at the center of our life. *We lose our souls* when we move away from God and no longer experience the power of His presence. *We lose our souls* when we feel there is no longer any hope of forgiveness. It was to keep us from losing our soul that God sent His Son, Jesus, to be our Savior. Through Jesus, no person need lose his soul. Through Jesus, the door to God and salvation is ever open. Through Jesus we can now become alive toward God and toward our fellow humans. Through Jesus we can gain treasures far greater in value than the entire universe. “What shall it profit a man to gain the whole world and lose his own soul?”

We lose our souls when we are no longer alive to God and His love. We lose our souls when we place some other person or thing at the center of life. We lose our souls when we move away from God and no longer experience the power of His Presence. We lose our souls when we feel there is no longer any hope of forgiveness. *Through Jesus*, no person need lose their soul. *Through Jesus*, the door to God and salvation is ever open. *Through Jesus* we can now become alive toward God and toward our fellow humans. *Through Jesus* we can gain treasures far greater in value than the entire universe.

---A person once said that he had hit bottom, and couldn't handle his life any more. Upon hearing this, a friend congratulated him. “That's odd,” said the troubled person. “You congratulate me because I have

hit bottom?" "That's right," replied the friend. "Because when you hit the bottom, you can't go any further down. Look up to Jesus in faith. Put your life in His hands and let Him pull you up from the bottom and place you where you belong – on top of life." (pg 118)

--"But love your enemies." Luke 6:31-36. (pg 21) The acid test of love is not whether we love our friends, but whether we love our enemies. The acid test of love is how we communicate with our enemies. (Many a Greek village was saved from destruction by folk willing to provide food for their "enemy"/invaders – by sharing whatever they had as "part of the family".) "Love him for My sake, says Jesus, Love him "even as I have loved you." (**Divine law means to seek balance as a matter of preservation; it's one of the great unchangeable "Forces Of Habit" that go without thinking or saying – just DO.**) We are to love people not because they are attractive but because they need love. The very fact that a person dislikes you may mean that he needs you. His soul is warped by his hatred of you, and you alone can warm him and free him. (pg 23) Another reason is fairly obvious. Returning hate for hate multiplies hate; forgiveness/ generosity offers slack and room for healing.

To love one's enemy is impossible unless one first loves God: He is the One who provides the resources required to establish peace. Peace is the result of the gift of the Holy Spirit dwelling in us!

--A very constructive way of expressing grief is to let the tears flow. Jesus taught, "Blessed are those who mourn for they shall be comforted." Remember that Jesus wept when Lazarus died (John 11:35). He taught us that sorrow is natural; tears are an expression of love. St Paul wrote, "Do not grieve as others who have no hope". He was saying that we should grieve with Christian hope. (As a nurse, I think of saline - which tears are - as a healing agent, balm for the wounded soul.) As vulnerable human beings, especially in depths of grief - and even much later – we start to feel guilty about what we could or should have done differently. We are all frail and imperfect beings. Even as we accept God's forgiveness, we have to forgive ourselves, as our loved ones in the other world would surely forgive us – to be kind to ourselves instead of harsh critics. (pg 32)

--It is not only great oak trees that from tiny acorns grow; most ideas and thoughts grow (both by way of words and living example) from seeds that have been sown in our minds and hearts, how important then are thoughts sown in the mind!

Sow a thought, reap an act; Sow an act, reap a habit; Sow a habit, reap a character; Sow a character, reap a destiny.

--The parable of the Good Samaritan - "Go and do likewise (Luke 10:25-37).

We all are familiar with this story, one of the most unforgettable of Jesus' teachings, addressing the sin of omission. (pg 62)

I never cut my neighbor's throat; My neighbor's gold I never stole; I never soiled his house or land; But God have mercy on my soul! For I am haunted night and day - By all the deeds I have not done...

Jesus pointed out that religion is practiced not only in Church, but also on the roadside. The wounded are still with us. They are not just the physically wounded, but also those wounded by misery, unemployment, ghetto housing, racism, death, contempt, exploitation. He may not always be lying by the side of the road. They went by different names over the centuries: barbarians, gentile dog, infidel; but to Jesus, "brother". As a societal "melting pot", the U.S. is rife with group conflict and prejudice. The one who shows mercy is the true "neighbor" Jesus addressed. With so many in need, we tend to be anesthetized by sensory overload but that's no excuse for doing nothing – and surely not to be hateful, rationalizing weakness as their fault alone. Must we be put down in some way in order to restore our precious Christ-like soulful feeling? If so, oh to recognize when we are being tested and quickly learn our personal lesson.

In all things, give thanks; we have so very much to be truly grateful for!

Our outing to **Sight and Sound for "The Christmas Story"** is Saturday November 4, leaving the Church at 7:30am and returning at 8:15pm. There will be no luncheon in November since the third Tuesday is the same week as Thanksgiving. **Our Christmas Party will be Tuesday, December 19, 11:30AM - at The Red Hut in Rockaway.**

Maryann Brinkley (973-442-3011) and
Betty Kelly (973-704-0377) co-chairs



ASSEMBLY OF CANONICAL
ORTHODOX BISHOPS
OF THE UNITED STATES OF AMERICA

Tuesday, October 03, 2017

Address of the Chairman His Eminence
Archbishop Demetrios of America at the
8th Assembly of Canonical Orthodox Bishops of
the United States of America



Assembly of Canonical Orthodox Bishops/D.Panagos

Garfield, NJ (October 3-5, 2017)

Your Eminences, Your Excellencies and Your Graces, most respected Hierarchs of the Assembly of the Canonical Orthodox Bishops of the United States of America,

It constitutes a great joy and a profound blessing to be together again for our 8th annual General Assembly. Many of us have known each other not only since our First Episcopal Assembly in May 26-27, 2010, but long before. Our eight General Assemblies, however, have been special occasion for cultivating and strengthening the bond of deep love and apostolic zeal that unites us as canonical

Hierarchs of the one, holy, catholic and apostolic Church in America. Through God's grace and providence, we have all been brought together to this one place and we have been called to walk in unison toward a common goal, albeit, one that is still unfolding and which will be fully revealed in the eschaton. While our sights are ultimately set on the "things to come and longed for," as long as we call ourselves co-laborers in God's vineyard, it is our sacred obligation to work together to realize this goal by drawing ever-closer to one another.

This leads us to pay greater attention to the purpose of our meeting. Let us consider some basic points.

1. Cultivating the Bond of Love and the Unity in Christ

The first point related to the purpose of our Assembly is something self-understood. We are here to increase the love for each other, and to enhance our unity in Christ. This is a noble purpose in and of itself, but it also has a decisive impact on our work in presenting an authentic witness of Orthodoxy. Before His betrayal, arrest, imprisonment, crucifixion and death on the Cross, the Lord Jesus Christ reminded His disciples that when He is gone, the only way that the world will recognize that they are His disciples is by the love they have for one another. As you know, He said to His disciples, *A new commandment I give to you that you love one another even as I have loved you that you also love one another. By this all people will know that you are my disciples if you have love for one another* (John 13:34-35). At the same time Christ prayed to His Father: *Father I do not pray for those only but also for those who will believe in me through their word, that they all be one even as You, Father, are in me and I in You, that they also may be one in us so that the world may believe that You have sent me* (John 17:20-21). It is not simply that people will call themselves “Christians” that the world will know that they are followers of Christ. Only by their love – their sacrificial love – for one another and their unity in Christ will the estranged world pause and recognize in them the very light and life emanating from Christ and His Gospel. This unwavering light, which is present in the hearts, thoughts, and actions of love of true disciples of Christ, moves young and old to discover Jesus and to quench their spiritual thirst with His living water.

Our work together is, therefore, a methodical and intense spiritual exercise in building love and fortifying the bond of our unity in Christ. Such a

sacred task, as it happened today, starts and is perfected by our participation in the life-giving and unifying Cup, in the vivifying Body and Blood of Christ, in the Holy Eucharist. Our Liturgy today gave us the superb blessing of experiencing love and unity in Christ. I would like to personally thank our brother Metropolitan Evangelos of New Jersey, who eagerly and with great joy offered his parish of Saint George in Clifton, NJ, as the location for our opening Divine Liturgy. On this occasion, I also thank him for extending to us the assistance and service of his Metropolis staff and clergy, and for offering an Abrahamic hospitality to us all.

I should like also to express our gratitude to Bishop Basil and Metropolitan Antony for their untiring labors as Secretary and Treasurer, respectively, offered graciously to the Assembly. Their successors for the past year, since the last Assembly, Bishop Gregory and Archbishop Michael, have already shown remarkable zeal in performing their duties. Additional gratitude is offered to Bishop Maxim for coordinating the work of the Committees for the past seven years, and to the Presidents and members of our Committees.

2. Obligation to Organize and Function Better

The second point I should like to make is that the purpose of our coming together as members of our Episcopal Assembly of the United States is also our sacred duty as Hierarchs to organize and function according to the canonical norms and tradition that our Church Fathers wisely established throughout the centuries. It is our responsibility to walk according to the canonical prescriptions of our Church because these common ordinances help steer us and the faithful on the path to salvation. Our meeting, therefore, serves also as an opportunity to discover the challenges that force us to deviate at times from this path. Of course, our work and discussions around this matter have not been easy over the years. We have not always agreed on how we

ought to proceed with our internal organization and functioning. There have even been times when we thought that we have made important breakthroughs only to realize that we have far more work ahead of us than we ever could foresee. And while a consensus view of how Orthodoxy should be organized in the United States still evades us, we are most confident that by constantly investing our time and energy in the process, there will one day be enough room in our hearts to allow the Holy Spirit to lead to a spiritual and fruitful outcome. To this end, I offer special thanks to the Lord for the work of His Eminence Metropolitan Nicolae, who, together with the members of the Committee for Canonical Regional Planning, continues to study and present to us possible ways to enhance the way we function and organize ourselves as an Orthodox Church.

Dear brothers, if we are not committed to getting our own house in order; if we cannot find more effective ways to preach the Holy Gospel; if we have difficulties being patient with each other, then, what image of Christ and His Church are we sharing with the world? How can we expect the world to take refuge in the Arc of Salvation—the Church—when the image of the Church that is often publicly portrayed is that of disharmony?

3. Care for our Youth

My third and final point is the care for the Youth. Our purpose of coming together is to work on an authentic and common witness of Orthodoxy to the younger generation.

Certainly, a very important reason for us to gather each year from near and far for our annual assembly is the generation that still views the Church as their future and salvation. We often hear that the youth is the future of the Church, but there are so many young and emerging adults who look for a Church that is their future. Statistics show that there is a decline in the religious and spiritual lives of young people, but this does not mean that we can simply give up on those who struggle each day, longing for greater meaning in life than that offered to them by a

society that is largely materialistic. We must also not give up on our children who have found Jesus Christ but struggle to recognize Him in their daily lives. During the next few days, we will listen to presentations by Dr. Richard Flory and Dr. Ann Bezzerides who will offer us insights into the cultural trends affecting the Christian identity of our young people. They will explain to us in concrete terms what is not working, but will also highlight success stories across the US religious spectrum. We will also have the opportunity to watch a very intriguing video produced by Ancient Faith Films of the Antiochian Archdiocese, which portrays the thoughts and beliefs of the so-called “nones,” or the disconnected—those young men and women who, without being atheists, prefer not to be associated with any official religious community.

And all this will hopefully allow us, dear brothers, to ask ourselves whether we are part of the problem and if we are prepared to be part of the solution. Does our conduct help people find Christ when they look at us? Do we truly love one another or are we still allowing grudges and agendas of various forms to stand in our way to connect to each other? How can we help young men and women understand that leadership requires sacrifice and service if we are not prepared to serve and sacrifice for each other?

My beloved brothers and concelebrants, as we convene for our work in New Jersey— let us not forget that this State is often referred to as the “Garden State.” America recognizes New Jersey for its fertile soil, soil that bears great fruit and provides sustenance to millions of people. It is my wholehearted prayer, that just as the rain and sun nourish the fruit brought forth from this soil, our merciful God may water our souls, and shine upon our minds, enabling us to understand and fulfill the Words of Christ, Who said to His disciples, *I chose you and appointed you that you should go and bear fruit and that your fruit should abide* (John 15:16). Amen.

[Read this Article On the Assembly Website](#)

Dealing with Conflict Without Violence – November, 2017

Welcome! This month we will talk about ***Dealing with our Children's Conflicts Without Violence***. Our children watch television and they see news on social media as well. They know what violence is and how easy it is to have a conflict that spills over into violence. Unfortunately violence in today's society includes knives, guns, bats, and other weapons other than hand punches. Although we never ever want to see our children involved in a conflict that involves violence, we should be aware of what conflicts our children have with others. It is also a month before many holidays and conflicts do come up! It is also a month for us to be grateful that we have our church community and when our children do have a problem, they can reach out.



Has your child been the victim of the one being teased in Greek School, Sunday School, GOYA, or his/her regular school? Was your child the aggressor?

Many times our children try to resolve their problems themselves and do not come to us, the parents, because we tend to over-react as "Greek Parents".

We also must learn to deal with conflicts without violence, and teach our children how to avoid conflict. Below are some suggestions that I made in an article about ten years ago that never go sour, and need to be reinforced especially in today's modern society.

We must *have a positive attitude* and not immediately blame our child, or the other child for the conflict. Did your child say that he/she did not start the argument? Listen to his/her story, and do not take sides. With younger children, taking a positive attitude always works; with a teen, of course you will be told, "you don't understand".

If you can, *talk it out*. Listening to the point of view of your children is very important. Do not yell, blame others, or say you understand, because you don't! You can say you understand why there is anger and say you are feeling their pain because you've been through it, but try to talk about "negotiations".

Negotiation means coming up with ideas for solutions; it is looking at the pros and cons of each solution; it is

choosing a solution that both sides in the conflict can live with.

Have your children come home only to throw things around, lock themselves in their room, or act in a way that you know they are angry? Anger is a natural response to conflict—so assume there was a conflict. Of course you will be blamed – but the conflict for now is internal for your child, and probably happened outside your home. Encourage your angry child to *be alone for a while – encourage him/her to breathe deeply to calm down – take time to get control of feelings – exercise to blow off steam – write feelings in a journal – then, talk over his/her feelings with you, the parent who has unconditional love for their child no matter who is right or wrong.*

Once talking, encourage peaceful solutions by *making a compromise; sometimes giving in to what the other person wants even when you know you're right. Yes, agree to disagree.*

Once you have listened and your child has talked with you, make some suggestions. If it looks like the conflict is turning violent, encourage your children to *walk away*. Of course with adolescents this looks like defeat, being a wimp, not being able to take it, etc., but is it worth getting beaten up for? With younger children, the pain is intense when there is a conflict and hurt feelings cause a loss of self-esteem. Young children do walk away, but they don't forget. They feel bullied. You know your children better than anyone else. *Talk to them!*

If you see that your children are being bullied or harassed **GET HELP**. Encourage your young child or teen not to try to negotiate with someone who is bullying or hurting him or her. Encourage them to tell a responsible adult. If it is happening in Greek School or Sunday School, hopefully the teacher will see what is going on and they will let you, the parents, know immediately. In GOYA, advisors do see things parents do not see, and again, the parent should be notified. Together, parents and teachers, parents and advisors,

can decide together what solutions can be brought about so that the child does not decide to “quit Greek School, Sunday School, or GOYA”.

If the harassment is going on in the regular school, decide with your child if it is best for them to stand up for themselves and tell the “bully” to stop, (this takes strong character and younger children cannot do this), or if another person should step in, (administrator, counselor, etc.).

Conflict can be prevented. They happen to everyone, but they can be worked out without violence. Here are some suggestions:

- *Treat everyone with respect*
- *Tolerate differences*
- *Respect property*
- *Think before acting*

- *Do not tease, put down or make fun of others*
- *Take responsibility for your actions*
- *Keep your pride in check and don't let pride, shame, or embarrassment keep you from doing the right thing*
- *.... And, last but not least...always PRAY and know Jesus is there for us.*

See how easy it can be to prevent conflict? Now parents, before we embark on all of these issues above, are we taking our own advice? We must set examples for our children. Adolescents, especially, are the first who will point out to us that we are hypocrites. It is also okay to admit we've made mistakes and that we have learned from our mistakes and we do not want our children to repeat them. Our children will respect that. So get out there and be a parent! You go parents! We rock!

alexproto@optonline.net Have a great month!

With Thanksgiving in the month of November, This month's **Table Prayer Guide** is from “Prayers for Special Occasions – Thanksgiving - Psalm 92: 1-2, 4-5, 12-15

“It is good to give thanks to the Lord, and to sing praises to our name, O Most High: To declare Your loving kindness in the morning, and Your faithfulness every night. For You, Lord, have made me glad through Your work; I will triumph in the works of Your hands. The righteous shall flourish like a palm tree, He shall flourish like a palm tree, He shall grow like a cedar in Lebanon. Those who are planted in the house of the Lord shall flourish in the courts of our God. They shall still bear fruit in old age; They shall be fresh and flourishing, To declare that the Lord is upright; He is my rock, and there is no unrighteousness in Him.

Feel free to e-mail me with your comments and suggestions for our “Parents’ Corner” at: alexproto@optonline.net Have a great month! | **Alexandra Protopapas Med | Certified Teacher of the Handicapped & Social Sciences** Teacher at Educational Services Commission of Morris County, Parsippany Schools, St. Elizabeth’s Academy in Convent Station, & Abundant Life Schools. |(Information, Teaching, Tutoring, Counseling, Homebound Instruction.)

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ELECTRONIC STEWARDSHIP CHALLENGE

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Winners for October, November and December 2017:

George & Eugenia Petrides of Randolph

Congratulations and Thank You for Signing up to Pay Electronically!

Father John has spoken about how helpful regular, electronic payments of stewardship pledges are in managing our church's obligations. Father John said that in September stewardship payments come in with parishioners returning to church for the beginning of the ecclesiastical year, then there is a dip until the holidays. Again in the New Year there is a dip until Holy Week and Pascha. From Pascha until the festival there is a lull. During the summer when attendance is low, the church relies very heavily on the proceeds of the festival. This leaves many challenging months for the parish council in meeting the church's financial obligations. Electronic payments help the church and are convenient for parishioners - if you make the payments by credit card through ParishPay you may even earn points in your credit card reward program!

Stewardship Sunday is on November 19, 2017. While you prayerfully contemplate your pledge to St. Andrew Church for 2018, perhaps consider going electronic this year. All new and existing electronic signees will be entered to win the VIP parking spot for the next drawing on Sunday December 17th. Wouldn't it be nice to have the VIP spot for the cold and snowy months of January, February and March?

For more information contact the church office.

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BAPTISMS – ΒΑΠΤΙΣΙΣ

MICHAEL ANDREW ORZILLO, son of Marc Xavier Orzillo and Sophia S. Evangelis of Hackettstown, NJ was baptized on September 24th 2017 and given the name **MICHAEL – ΜΙΧΑΗΛ**.
Godmother was Maria Vivian Husti.

ANDREW DEAN PANGIONE, son of Christopher Pangione and Georgia Hondros of Oak Ridge, NJ was baptized on September 30th, 2017 and given the name **ANDREAS – ΑΝΔΡΕΑΣ**.
Godmother was Athena Hondros.

JACKSON THOMAS ANDREWOPOULOS, son of Thomas Andreopoulos and Erika Barletta of Bethlehem, PA was baptized on September 30th 2017 and given the name **THOMAS – ΘΩΜΑΣ**. Godfather was Dimitri Andreopoulos.

ADAM KALLOPOULOS, son of Thomas Kallopoulos and Danielle Robyn Holzlein of Sparta, NJ was baptized on October 15th, 2017 and given the name **ADAM – ΑΔΑΜ**.
Godfather was Athanasios Kofos.

WEDDINGS – ΓΑΜΟΙ

On September 30th, 2017, **Tristan Thomas Moore** wed **Alexandria Dermatis** of Oak Ridge, NJ.
Sponsor was Athanasios Damkas, witness was Maria Dermatis.

On September 30th, 2017, **Andrew Michael Grammatikos** wed **Kelly Anne Loughlin** of Morristown, NJ. Sponsor was Kristie Grammatikos, witness was Kevin Kilanowski.

Congratulations to all! Συγχαρητήρια σε όλους

FUNERAL – ΚΗΔΕΙΑ

On September 29, 2017 **+Kenneth Michael Fackina** of Ringwood, NJ passed away. A Funeral Service was held at St. Andrew Greek Orthodox Church for the repose of his soul on October 4th. Our sincerest condolences to his family.

May your memory be eternal dear brother for you are worthy of blessedness and everlasting memory.

Αιωνία η μνήμη σου αξιομακάριστε και αείμνηστε αδελφέ ημών.

Donations received In Honor of:

John & Ellen Manetas' 50TH WEDDING ANNIVERSARY

Anthony & Linda Pereira

Ernest & Maria Stamoutsos

May God grant them all continued health and love. Ο Θεός να τους χαρίζει υγεία κ' αγάπη.

MEMORIAL DONATIONS RECEIVED:

PLEASE JOIN US IN PRAYER FOR THE SOULS OF:

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Athena Mantgas

+Ken Fackina

Maria Boyadjis

Charles & Mary Demos

John & Chrysanthe Borzeka

Chris & Stalo Karamanos

Spyros & Diana Moraitis

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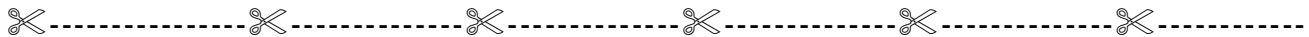
Pavelis Family

William & Maria Wall

+Ekaterini (Nina) Troth

Evangelie Troth

May their memory be eternal Αιωνία η μνήμη αυτών.



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Please remember the Late † _____ in the prayers of the Divine Liturgy.

Kindly accept the memorial gift as a token of Love and Respect in his/her memory.

The deceased was the beloved _____ (husband, wife, father, mother, other) of bereaved*

Please ACKNOWLEDGE my/our gift to a member of the family.

NAME & ADDRESS OF BEREAVED* _____

NAME & ADDRESS OF DONOR(S) _____

MEMORIAL GIFTS PAYABLE TO ST. ANDREW ARE TAX DEDUCTIBLE AND WILL BE USED TO SUPPORT THE MINISTRIES OF THE CHURCH

ST. ANDREW CALENDAR

WEEKLY SCHEDULE

RELIGIOUS EDUCATION Sundays

PILLOW MINISTRY TBA ON A **Monday** @11am

BAKING GROUP **Tuesdays** @9am

CHOIR PRACTICE 1st & 3rd **Tuesday** @6:30pm

KNITTING GROUP **Wednesdays** @10am -2pm

Hellenic Afternoon School **Thursdays** @4:30pm

JR Greek Dancing **Thursdays** @6:30pm

GOYA Greek Dancing **Thursdays** @7pm

GOYA Games **Sundays** @2:30pm *see updates in weekly bulletin*

UPCOMING EVENTS

10/28 Faith Kitchen-Daughters Of Penelope

10/29 HAS OXI DAY Program after church services in church

10/31-11/4 National Clergy Retreat | Leesburg, VA

COFFEE HOUR HOSTS NOVEMBER: 11/5 PHILOPTOCHOS, 11/12 PTA, 11/19 JOY, 11/26 GOYA

11/1 GOYA NNJYC Bowling Tournament

11/2 @5:30pm PTA Monthly Meeting

11/3 JOY Activity .TBD

11/4 Agape Trip Sight & Sound, Lancaster PA

11/4 Coat Giveaway | Morristown Green 10a-1p

11/5 Stewardship Sunday also on Nov. 12 & 19

11/5 Artoclasia for VETERANS (11/11) & Choir

11/6 Lifeline Screening at St. Andrew Church hall
Pre-registration is required call 888-653-6450

11/9 NO HAS CLASSES / HAS TEACHERS MEET ONLY

11/11 Children's Medical Fund Luncheon
@11:30AM Venetian | National Philoptochos

11/12 @2:30pm Wedding Rotsides & Corona

11/12 •Gala-St. Michael's Home in NYC

Date TBA HOLY UNCTION | Ascension Greek Orthodox Church Anderson Ave. Fairview NJ

11/16 @7pm GOYA Meeting *note date change*

11/18 Scheduled outside EVENT IN GYM

11/19 Stewardship Sunday 2018 PLEDGES CARDS will be collected and blessed by Fr. John.

11/20 @7pm **GENERAL ASSEMBLY** meeting followed by Parish Council Monthly Meeting and the closing nominations/Parish Council Elections

11/21 @11:30am Agape Luncheon *3rd Tuesday*

11/23 THANKSGIVING DAY (NO HAS CLASSES)

11/25 Faith Kitchen-Parish Council

11/28 @7pm Philoptochos *4th Tuesday*

11/29 @7pm Great Vespers at Saint Andrew

11/30 THURSDAY, SAINT ANDREW FEAST DAY

COFFEE HOUR HOSTS DECEMBER: 12/3 PC, 12/10 PTA, 12/17 GOYA, 12/24 BAKALIKO, 12/31 DOP

12/2• Scheduled outside EVENT IN GYM

12/3 @12-2pm Elections for Parish Council

12/7 @5:30pm PTA Monthly Meeting

12/9 •JOY TIMETBD Christmas Caroling at Merry Heart Succasunna, NJ

12/9 •St Basil Christmas Pageant in Garrison NY
12/9 @1pm Wedding Barletta & Andreopoulos

DATE TBD PHILOPTOCHOS & DOP CHRISTMAS DINNER

12/10 @2pm Apostolopoulos & Haloulos Wedding

12/17 Christmas program with Sunday school at Church (all grades participate) SNOW DATE- 12/24

12/23 FAITH KITCHEN-PHILOPTOCHOS

COFFEE HOUR HOSTS JANUARY 2018 : 1/7 PHILOPTOCHOS, 1/14 GOYA, 1/21 DOP, 1/28 JOY

1/7 Cutting of Community Vasilopoita

1/28 HAS Three Hierarchs Program | TRIODION begins

Reservations for: St. Andrew Community Center Gym, Social Hall or Classrooms must be made with Church Office.

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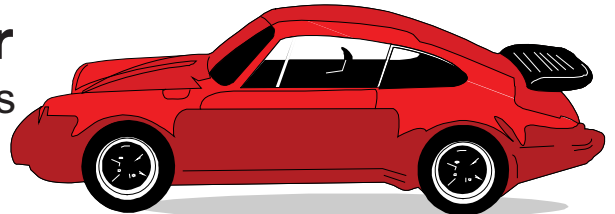
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Salomi Massaras salomi@optonline.net

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Yiota Louca, Maria Pallis, Stacey Papanikolaw, Anna Sifonios, Eleni Zeris

M I N I S T R I E S & O R G A N I Z A T I O N S

Ladies Philoptochos Society: Petra Knox, *President*

Coffee Hour *need facilitator*

Agape Group: Maryann Brinkley & Betty Kelly *co-chairs*

AHEPA: Christos Petrou, *President*

Daughters of Penelope: Athena Borzeka, *President*

PTA: Maria Pallis, *President*

HOPE: Maria Pallis

JOY: Harriet Karkanias, Lynn Axiotes

GOYA: George Clapsis, *President*

GOYA ADVISORS:

Doniki Ibrahim, Yiota Louca, Peter Sedereas, Marina Venizelos

HELLENIC DANCE

GOYA INSTRUCTOR: Tanya De Boer

JUNIOR GROUP INSTRUCTOR: Angelo Gergatsoulis



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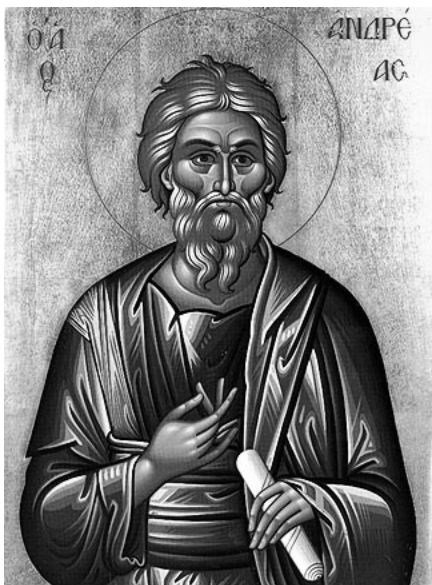
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Bishop Kallistos of Denver

HYMN OF THE APOSTLE ST. ANDREW

As first of the Apostles to receive the call,
and very brother of the prince of them,
intercede O Andrew,
with the Master of all of us,
peace to all the world to grant,
and to our souls His great mercy.

ΑΠΟΛΥΤΙΚΙΟ ΤΟΥ ΑΠΟΣΤΟΛΟΥ ΑΝΔΡΕΟΥ

Ως των Αποστόλων πρωτόκλητος,
και του κορυφαίου αυτάδελφος,
τον Δεσπότην των όλων Ανδρέα ικέτευε,
ειρήνην τη οικουμένη δωρήσασθαι,
και ταις ψυχαίς ημών το μέγα έλεο

The Saint Andrew Vision Statement

Our Greek Orthodox Community of Morris County is a welcoming place where the family of Saint Andrew is committed to God, Orthodox worship, Christian education, philanthropy, and Hellenic culture, for the benefit of those whose lives we touch.